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"I'M NOT ALLOWED TO GO OUT WITHOUT MY MUM!"

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STAR WARS FOR DUMMIES

Hot List
SELENA GOMEZ
THE SAM WILLOWS
DEMI LOVATO
BIGBANG
BTS 5SOS Taylor Swift

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The best thing that happened to the *Teenage* team in 2015

Bernard
Joining the *Teenage* team!



Venetia
Getting married!



Maggie
Catching the full-fledged *BIGBANG [MADE] 2015 World Tour in Singapore*!



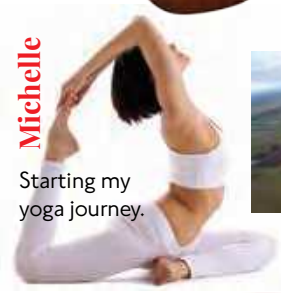
Kamille
Getting a ukulele for my birthday.



Arissa
Getting my hands on the Rose Gold iPhone 6S.



Michelle
Starting my yoga journey.



Aris
Sunrise balloon ride in Camden, Australia.



Mei
Bought myself a big present with four wheels!



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Highlights

- Course & Career Exhibition
- Choices After 'O's Parents' Seminar
- Guided School Tours
- NYP Jam! Finals
- NYP Groove! Finals
- CCA Showcase
- Celebrity Performances

Ed's Note

Hi everyone,

It's always **bittersweet** to look back on the year that has passed. For me, the December issue marks my 12th with *Teenage*, and I can't say how grateful I am to be part of a magazine that had such a huge impact on my life. **It's definitely been a memorable 2015 for me**.

We reminisce 2015 with a **summary of the best in tech, beauty and entertainment**. Check out the best in tech with our gadget round-up (p. 16). In November, we called for a vote of your favourite beauty products in our inaugural ***Teenage Beauty Awards*** (p. 34). Find out if they won, and if they captured the attention of our judges. Last but not least, there's the ***Teenage Music Awards*** (p. 79) where we honoured the best in the industry, and compiled a list of your favourite acts from our online voting campaign.

2015 has been a great year for *Teenage*, and we'd like to thank you for your support with **over $25,000** of prizes to be won in the ***Teenage Giveaway Galore*** (p. 132). We hope to see you in 2016 for **another awesome year**.

Arissa Ha

LOVING THIS MONTH:



I remember when the iPad was introduced, skeptics remarked that it's a product that wouldn't take off, but look at how it has sparked off the tablet market. The new ***Apple Watch*** (from $518) came under fire when it was first launched, and admittedly I was one of those who were doubtful about what a smart watch can do for me.

Boy, was I proven wrong. The Apple Watch co-exists beautifully with my iPhone 6S and notifies me whenever there's a text message, call or appointment. Besides never missing a phone call since I started using the Apple Watch, the fitness tracker also allows me to get feedback on my daily activity and even my heart rate.

I'm utterly convinced that everyone needs an Apple Watch as an extension of his or her smart phone. Plus, I could really use more friends that I can send Digital Touch messages to.

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Your Say



Holler at us! We want to know what you think of *Teenage*, how our stories make a difference in your life, and where we can improve. Here's how!

Send your letters to *TEENAGE* Magazine, 20 Bedok South Road Singapore 469277 or email to marketing@key-editions.com

Please include your name, NRIC no., address, contact no. and email address.

This month's 'Letter of the Month' wins a Herschel Supply Strand Duffle worth $99!



LETTER OF THE MONTH

Dear *Teenage*,

I just started reading the November issue of *Teenage*, and found the magazine really attractive to read. The contents were useful, like the *Dear Kelly* section where Kelly would share her opinions and tips on how to cope with the various situations.

There were also inspirational stories to motivate students to work towards their goals, introduction of good eats in Singapore, and all the popular apps to download on your phone.



I also like how you shared secrets of top artistes, such as this month's cover feature on Taylor Swift. I would definitely continue reading *Teenage*.

Love,
Hui Ling

Congratulations Hui Ling, your letter has been picked as our 'Letter of the Month'!

Hey *Teenage*!

I've been a silent reader of *Teenage* magazine for months, but I decided to write in to you guys because the November issue is seriously the bomb!

I'm totes lovin' the *Lookbook* spread! The outfits are so on-point and the backdrop is super pretty, with the gigantic pink balloons, confetti and all.

I also love how you incorporated DIY ideas with the different makeup looks (the model's really pretty!). I'm definitely gonna try my hand at re-creating the hair accessories – thanks for making everything so easy to understand. All these features on how to prepare for prom will certainly come in handy for me as I'll be attending prom next month!

Once again, thank you *Teenage* for providing so much cool content this month and I look forward to more awesomeness in the next issue!

With love,
Sheryl

Dear *Teenage*,

Much love to the team for featuring Taylor Swift on the cover! I had a hard time finding the November issue in stores because they were sold out everywhere – thankfully I managed to get my hands on the last copy at a bookstore. I was feeling down because I couldn't get tickets for her concert in Singapore, but reading the cover story made me feel so much better.

I especially love the interview with Benjamin Kheng of The Sam Willows. His answers are so profound and he seems like a really inspirational guy.

The *Dear Kelly* section is particularly solemn this month. It makes me sad knowing there are so many teenagers out there who face suicidal issues, but I'm glad these kids found a platform to channel their frustrations in. I hope her suggestions will be of help to these troubled youngsters.

Yours sincerely,
Mei Fang

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DODGEM ON ICE

Immerse in a winter wonderland this December with the first ever bumper car on ice ($8 per five minutes. Price excludes admission and skate boots rental). Available at ***The Rink at JCube***, this battery-operated mobile comes with joystick controls, so maneuvering it comes easily and intuitively.

Head down to The Rink on Fridays and Saturdays, from 5.15pm to 11.45pm or Sundays, from 5.15pm to 9.30pm to enjoy this one-of-a-kind bumper car ride.





DOWNTOWN GETAWAY

Conveniently located just a stone's throw away from The Paragon, ***The Quincy Hotel*** combines luxury with a personal touch. This 108-room establishment is well-situated in the heart of town while offering you sweet respite away from the hustle and bustle of Orchard Road – making it the ideal location for a quick getaway or staycation. Enjoy all-day dining at its eatery with offerings from Dean & Deluca and Modesto's or indulge in a panoramic view of the city at the infinity pool.

Visit www.quincy.com.sg for more information.



WINTER YOU CAN TASTE

Never mind that we can't experience snowy winter, you can escape the scorching heat just for a moment with the refreshing taste of ***7-Eleven Slurpee***. This school holidays, enjoy a special 20 per cent off Large ($1.60) and Giant Slurpee ($2) when you flash your student pass. Offer valid till 31 Dec.



VOGUE SQUADRON

Get ready for Star Wars mania with UNIQLO's range of clothing accessories inspired by the most popular sci-fi franchise of all time. Featuring characters like Darth Vadar, Luke Skywalker and Chewbacca, the collection ($24.90 to $129.90) comes in a variety of colours and styles – definitely one to look out for all Star Wars fans.

LOADED WITH ENERGY!





PAPER WARRIORS

Whether it is a gift for someone special this Christmas, or a thoughtful present for a friend to start off the year right, ***kikki.K*** has something for you. With its signature Swedish aesthetics, kikki.K's range of stationery and homeware products range from quirky to sophisticated to cute. We're looking forward to its 2016 planners so tracking appointments and deadlines needn't be on boring-looking business planners.



BACK UP THE BEAT

Enjoy your music without cumbersome wires. Weighing a mere 140 grams, the ***Plantronics BackBeat SENSE*** ($279) ensures all-day comfort with its memory foam ear pads. With Bluetooth connectivity, you're free to roam up to 100 metres, all without missing a beat. It's also backed by the signature Plantronics audio technology that projects an optimal balance of bass, high and mid tones, so users can enjoy rich details in their music like never before.



New to the smart wearable category is the Samsung Gear S2 (from $448). Its circular design has a unique rotating bezel, which allows you to shuffle between different functions easily. At just 11.4mm thin, the Samsung Gear S2 is a great companion to your smartphone, helping you to stay connected with notifications for emails, news and text messages. It's also equipped with fitness functions that allow activity tracking to help users achieve their fitness goals.



ARM CANDY

In celebration of the festive season, Disney has collaborated with **PANDORA** to bring you two new Disney collections – the Iconic Mickey and Fairy Tale Princess. Explore the winter wonderland inspired by Disney animation *Frozen*, which feature charms with Elsa, Anna and Olaf, crafted using sterling silver and coloured enamel. Then, be reminded of the joy that Disneyland brings with Mickey and Minnie Mouse charms featuring their iconic colours and silhouettes.



POCKET GENIUS

What do you do with all the photos captured during the festive season? Instead of letting them stay dormant in your phone, print them out as keepsakes for friends and family with the *LG Pocket Photo 2.0* ($179). Using an inkless technology with ZINK paper, there's no fear of smudging or ink leakage. Plus, it's so lightweight you can just fit it into your purse or bag and take it wherever you please.



PACK TO SCHOOL

When we think functional and stylish school bags, *Herschel Supply* bags come to mind. Their newest collections of backpacks ($149) are made of durable Cordura fabric, which make them the ideal bags for school or the great outdoors. Herschel Supply is available at selected Bratpack stores.



HAPPY FEET

We're all set for the New Year with *ALDO's Winter/Holiday collection*. Bringing the '70s aesthetics back in trend, we see boots of varying heights in earthy tones that actually would make retro fashion pretty chic. If you prefer something a little more futuristic, there's the Mirror, Mirror collection with metallic accents so you're always ready to make a shiny statement.

CHRISTMAS CARNIVAL ON ICE

@JCUBE



THE RINK @ LEVEL 3

BUMPER CAR ON ICE

FRI AND SAT: 5.15PM TO 11.45PM
SUN: 5.15PM TO 9.30PM

Enjoy a bumper car ride like no other at The Rink this December. With joystick controls for easy maneuvering, these bumper cars on ice are suitable for kids as young as six years old!

$8 per 5 min ride
(excludes admission and skate boots rental)



CHRISTMAS FOAM PARTY ON ICE COUNTDOWN

24 DEC
9.45PM TO 12.45AM

Count down to Christmas at the coolest party of the year! Enjoy foam and snowfall while you skate for a truly unforgettable white Christmas this year.

***Early Bird Ticket*: $23** (purchase before 11 Dec)
$28 per Admission (includes skate boots rental)

NEW YEAR FOAM PARTY ON ICE COUNTDOWN

31 DEC
9.45PM TO 12.45AM

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Best of Tech

With new innovations hitting the market each year, it's time we honour these tech heroes. *Teenage* crowns the greatest game-changing gadgets that revolutionised the industry.

BY CHEW HUI LING



1 BEST LAPTOP

The new 12-inch ***Apple Macbook*** (from $1,788) is the epitome of heavy-duty performance in a barely-there package. It boasts the slimmest full-sized keyboard and Retina display in Apple history, plus an intuitive trackpad with force sensors and haptic feedback. Aside from aesthetics, this energy-efficient beast promises more than enough horsepower to get you through the day.

2 BEST SMARTWATCH

When it comes to wearables, the ***Apple Watch Sport*** (from $518) is hard to beat. A notification middleman, instant communicator and fitness companion, this all-in-one gear is like having a miniature smartphone on your wrist. It's also packed with a plethora of features including a heart rate sensor, map navigation and turn-by-turn calendar integration.

3 BEST ON-EAR HEADPHONES

The ***Sennheiser Momentum M2*** ($699) is a solid pair of headphones that ensures you an audio experience like no other. Mids and highs are surprisingly rich and pristine, but the bass power is what steals the show. It doesn't skimp on the comfort factor too, with an adjustable headband and leather ear cups that fit perfectly in place.

4 BEST SMARTPHONE

Dubbed as "the most powerful and beautiful Note to date", the ***Samsung Galaxy Note 5*** (from $1,088) lives up to its motto. With a bigger screen and a slimmer form factor, it guarantees unrivalled productivity with its new and improved S Pen stylus. What's also noteworthy (lol) is that it charges wirelessly, allowing your device to be fully juiced up within two hours!

PHOTOGRAPHY: JUSTIN LOH STYLING: MICHELLE LIM AND CHEW HUI LING



5

BEST ACTIVITY TRACKER

Combining good looks with high performance, the ***Jawbone UP3*** ($309) is your best pick for 24/7 surveillance of your overall health. This nifty tool tracks your sleep, counts your calories and measures your resting heart rate. But the Smart Coach feature is where the real magic takes place – it works as a personal fitness trainer that guides you along the way.

6

BEST IN-EAR HEADPHONES

It'd be an understatement to say that we're obsessed with the ***Happy Plugs In-Ear*** ($49). These little gems are awesomely affordable for the flavourful sound quality they deliver, and it doesn't hurt that they look mad luxe in gold here! Available in a myriad of fun colours, you can be sure there's a design to match your everyday outfit.



1 BEST SPEAKER

Finally, a Bluetooth speaker that fills every corner of the room with 360 degree sound. The ***UE Boom 2*** ($319) is literally music to your ears, pumping out thumping bass within a wireless range of 100-feet and up to 15 hours. Even better? It's basically anywhere-you-go-proof. Hiking up muddy slopes, dancing in the rain, having a or pool party? Bring it on!

2 BEST PORTABLE CHARGER

With 20,000 mAh of capacity and three output ports, the ***Energizer Energi-to-go XP20000*** ($249) harbours 40 hours of battery life for smartphones, 20 hours for tablets and 6.5 hours for laptops. It's a lil' chunky, but this is still a worthy option to refuel your power-hungry devices simultaneously while in transit.

3 BEST PORTABLE PRINTER

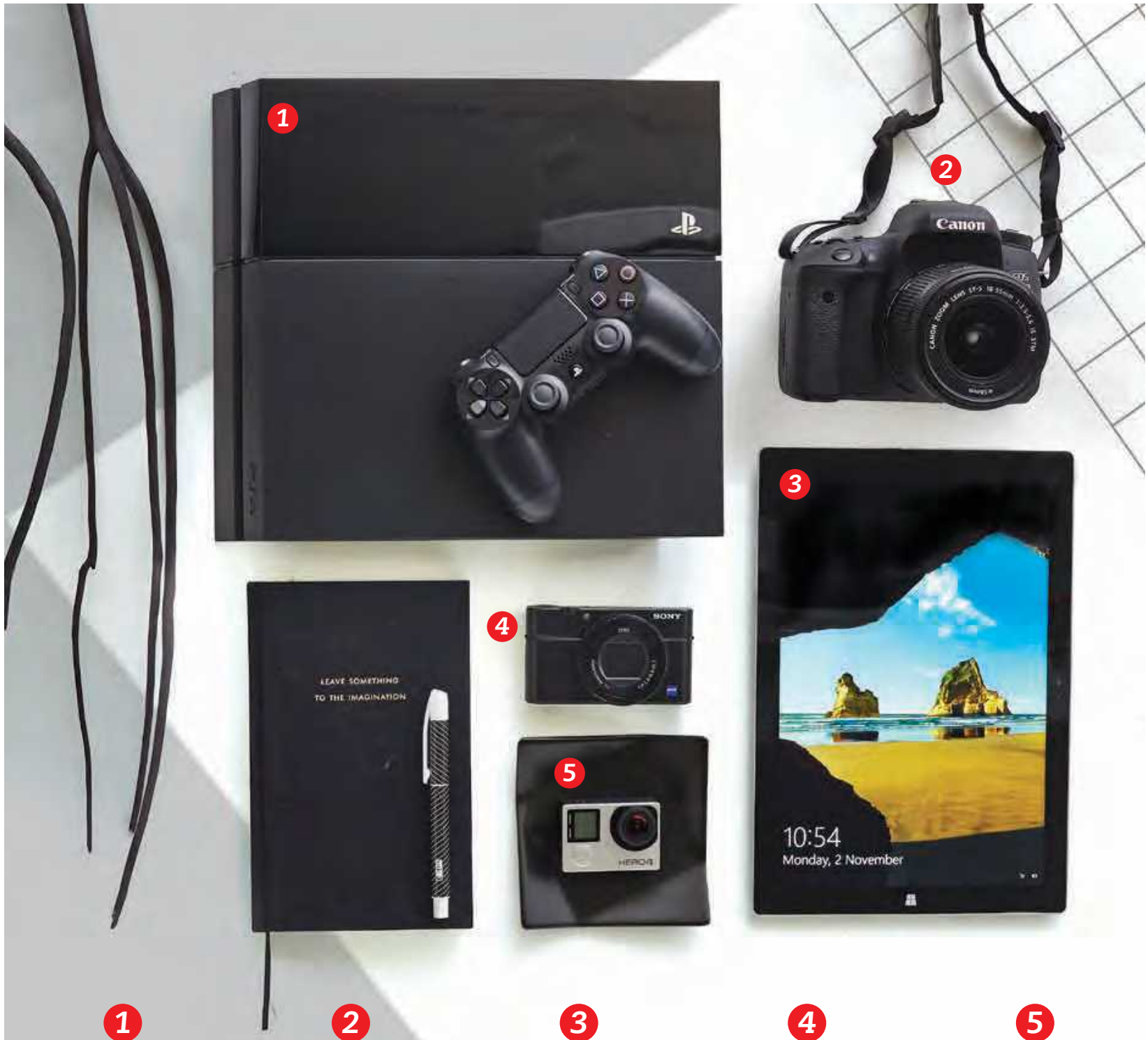
Printing on the go is made easier with the ***LG Pocket Printer PD251*** ($139). There's no ink cartridge stored on the printer itself – instead, it comes pre-loaded with ZINK photo paper which materialises your memories into bite-sized snapshots in a few seconds. Plus it's so aptly pocketable that you can take it virtually anywhere.

4 BEST INSTANT CAMERA

Meet the new ***Fujifilm Instax Mini 70*** ($199), featuring a new selfie function that lets you check your framing with the front-facing mirror, and a built-in flash that gives you picture-perfect shots no matter the setting. We especially love the hi-key mode, which smoothens out your skin tone so you can look fab, even without makeup.

5 BEST MOUSE

Branded in a variety of animal designs and snazzy patterns, the ***Logitech Play Collection Wireless Mouse*** ($29) is sure to add a pop of fun to your online routine. Equipped with Advanced Optical Tracking, it glides over your screen effortlessly and responds from up to 10m away. And it lasts up to 12 months on a single AA battery, which is definitely a bonus.



1

BEST GAMING CONSOLE

Leading the pack in today's console generation is the ***Sony PlayStation 4*** ($539). Backed up by ultra-swift processors and 8GB memory, the PS4 is a monster of a system that offers you an immersive gameplay. Choose from an entire library of titles such as *Star Wars Battlefront, Call of Duty: Black Ops III* and *Assassin's Creed Syndicate.*

2

BEST ENTRY-LEVEL DSLR

Featuring a 24.2MP sensor and rapid autofocus, the ***Canon EOS 760D*** (from $1,049) is a greenhorn-friendly camera for those who don't wish to compromise on DSLR benefits. It offers the same high-end imagery as its predecessor, but the additional touchscreen panel and handy control dials make it radically simple to operate.

3

BEST TABLET

A tablet that's pro enough (pun intended) to substitute your laptop? Enter the ***Microsoft Surface Pro 3*** ($1,348), a 12-inch powerhouse that encompasses all the functions of a laptop. Aside from the versatile multi-position kickstand and detachable keyboard, it comes paired with a Surface Pen that allows you to jot down notes in a jiffy.

4

BEST COMPACT CAMERA

The fourth incarnation of ***Sony***'s ever-popular compact camera series, the ***RX100 IV*** ($1,399) gets a new look and beefed up specs. It's the first model to introduce a memory-attached 1.0-type stacked CMOS sensor, which captures footage from 40x super slow motion to blazing fast shutter speeds of 1/32000 sec.

5

BEST ACTION CAMERA

There's a good reason why the ***GoPro Hero4 Black*** ($750) is every adrenaline junkie's go-to toy. Despite the tiny footprint, it packs a big punch with resolutions that go up to 4K at 30 frames per second. From extreme water sports to gravity-defying stunts, this rugged warrior records all your adventures without missing a beat.

Party Survival

Eight apps to help you flourish at all festive gatherings.

BY JOHANNA TEO

FLIPBOARD

FREE, AVAILABLE ON APPLE ITUNES APP STORE AND GOOGLE PLAY STORE

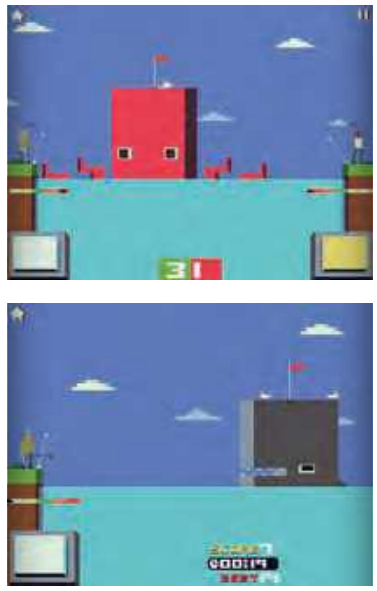
Ever found yourself unable to join conversations because you have no idea what people are talking about? Enter Flipboard, the app that touts itself as "your personal magazine". Simply pick from topics and it'll piece together a customised feed according to your interests. Although you can also connect to social media platforms like Facebook and Instagram to get up to speed with the people you follow, it's probably more important to stay updated with news so as to not run out of topics for small talk. First impressions matter!



BATTLE GOLF

FREE, AVAILABLE ON APPLE ITUNES APP STORE AND GOOGLE PLAY STORE

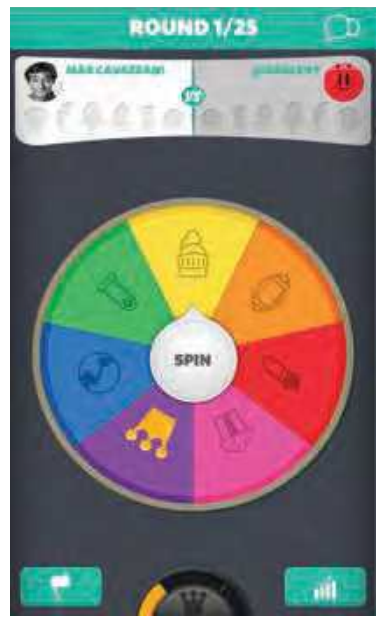
Yet another game that's perfect for avoiding cumbersome conversation, Battle Golf has you and/or another player literally golf it out by racing to sink as many shots as possible. Despite this app's graphics being rudimentary at best, we love the fact that you're able to land a headshot on your friend (and topple 'em over) with a precise aim.



TRIVIA CRACK

FREE, AVAILABLE ON APPLE ITUNES APP STORE AND GOOGLE PLAY STORE

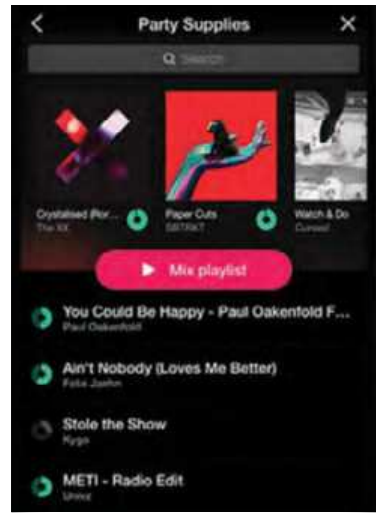
Right up the 'know-it-all' alley, Trivia Crack revolves around outsmarting your friends with your vast knowledge. To win, players answer questions to collect all six of the game's cute-as-heck characters, which represent each corresponding trivia category. Don't be fooled by its adorable graphics, because you'll be able to use PowerUps or even steal your opponent's characters – employ careful and brutal strategising to help you win the game. May the odds be ever in your (brainy) favour.



PACEMAKER

FREE, AVAILABLE ON APPLE ITUNES APP STORE

What's a party without music? Cue Pacemaker – an app that'll unleash your inner DJ while eradicating awkward silences. There are many other apps on the market that provide basic remixing options, but we like that Pacemaker is synced with Spotify, which gives you access to possibly every tune known to man (except for Taylor Swift's). Plus, you can totally pull off fancy spinning moves like professional DJs do, while also having the option of going on Autopilot, where Pacemaker auto selects, reshuffles and mixes tracks, leaving you free to socialise whenever you please.





WORD MONSTERS

FREE, AVAILABLE ON APPLE ITUNES APP STORE AND GOOGLE PLAY STORE

Another insanely addictive game from the developers behind global phenomenon Angry Birds, Word Monsters is a lethal combo of well… words and monsters. Basically, players will have to find words in a stipulated time frame, according to whatever theme set for that round. Also, you can do nifty things like freeze time and use boosters, as well as create your own monsters – guaranteed hours of non-awkward fun.







DOODLE JUMP DC SUPER HEROES

FREE, AVAILABLE ON APPLE ITUNES APP STORE AND GOOGLE PLAY STORE

As its name suggests, Doodle Jump's a superhero spin-off, which features Doodle as Batman in its first (and only) episode. The game's premise sets DC's most mysterious caped crusader on a chase after Gotham's biggest villains armed with kick ass gear like a 'Batcopter', a jetpack, a Bat grappling gun and more. There're presumably more superheroes to come in the future, but we're totes content with tilting, swiping and tapping our way through parties with Batman.

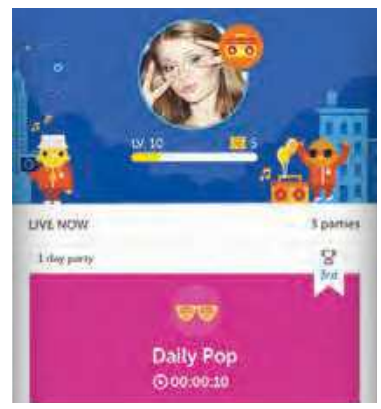


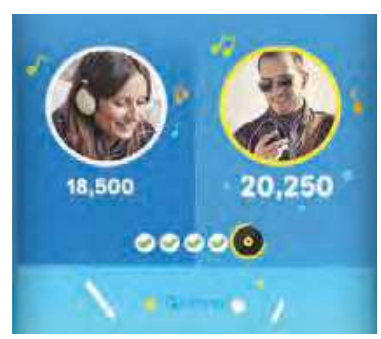


SONGPOP 2

FREE, AVAILABLE ON APPLE ITUNES APP STORE AND GOOGLE PLAY STORE

A classic 'Guess this tune' game, SongPop 2 is basically the musical version of Trivia Crack. Score more points than your opponent by correctly identifying each song title/artist as quickly as possible. It helps if you pick playlists of music genres you're already familiar with (duh), and if your wits and reflexes are faster than your friend's, because more points are given the quicker you answer. It's a good way to break the ice, plus it makes for a great tag-team game at large gatherings as well!



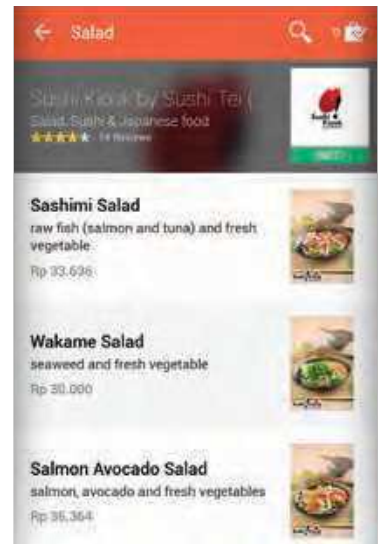




FOODPANDA

FREE, AVAILABLE ON APPLE ITUNES APP STORE AND GOOGLE PLAY STORE

Forget fast food – everyone needs something to nom on during parties, so be the bearer of good food with Foodpanda. You'll have pickings from local fare to international cuisine that'll satisfy your every craving, although it largely depends on whatever's available to your postal code. The delivery fee's a little steeper, but split it amongst whoever's eating at your party and you'll be set.





Cocoa Craze

A guide to the best chocolatiers in town for all the incorrigible chocophiles to get their sweet fix.

BY CHEW HUI LING



Max Brenner

1 Harbourfront Walk, VivoCity #01-116, Singapore 098585



This specialty chocolate bar is a dream come true – there's something for everyone, even for the most anti-chocolate of folks. Serving up various renditions of the ubiquitous confectionery, Max Brenner has a sound rep for its sensual pastries and creamy fondues. You won't be able to resist the Melting Heart Cake and Shake ($18), an artistic platter of dark fudge cake that oozes chocolate lava, and the Classic European Fondue ($25.90), served with three towers of chocolate sauce and a small personal grill. While waiting, nest a hot cup of Italian Thick Hot Chocolate ($7.90) in your hands; or DIY your own concentrated shot with Suckao ($7.90).

MUST-TRY!

The Munchies Waffles ($18.90), which comes with two scoops of ice cream, whipped cream and milk chocolate ganache, is our favourite kind of sinful.

MUST-TRY!

Max Brenner's Chocolate Chunks Pizza ($12 for half) is out to give cheese a run for its money. It's topped with a generous amount of marshmallows that melt into a glorious goo when you bite into it.





Laurent Cafe & Chocolate Bar

80 Mohammad Sultan Road #01-11, Singapore 239013





MUST-TRY!

The Guanaja Chocolate Souffle might be a crowd-pleaser, but the After 8 Souffle ($15.50) is nothing short of impressive. Perfect for those who love mint and chocolate chip.

For the serious chocolate geeks, Laurent Cafe & Chocolate Bar definitely deserves the top spot in your to-do list. Located along Robertson Quay, this sweet hangout has people flocking to their doors to savour their French artisanal treats, especially the renowned Guanaja Chocolate Souffle ($18.50) and Pure Origin Hot Chocolate ($9.50). Formerly known as The Chocolate Factory, these guys pride themselves on handcrafted chocolate made with the finest ingredients, which means you can indulge your sweet tooth without feeling the guilt!

Patisserie G

3 Raffles Boulevard, Millenia Walk #01-40/41, Singapore 039596







MUST-TRY!

Tuck into a heart-warming pot of Eggs Cocotte ($17). This humble dish of eggs poached over a bed of smoked salmon is the stuff of breakfast dreams.

Amidst the row of huge chain stores at Millenia Walk is a quiet, down-to-earth eatery that speaks of seductive sweet treats. Patisserie G doles out delicate pieces of gateaux that almost look too good to eat – timeless favourites include Chocolate Caramel Tart ($7.50) and Bomb Cerise ($9.50). But here's the real deal: dark chocolate mousse, chocolate meringue and chocolate hazelnut praline crunch moulded into a dome of sugary bliss known as The G Spot ($9). Aside from confectioneries, they do a brisk trade in brunch specialties like croissants, sandwiches and danishes too.



Angelina

15 Stamford Road, Capitol Galleria #01-82, Singapore 178906

MUST-TRY!

How pretty is this? Flore ($13) combines fresh notes of raspberry, vanilla and white chocolate mousse into a rose bud-like beauty. A pity it will only be available till January next year…







Famous enough to host customers like Coco Chanel and Marcel Proust, this 112-year-old Parisian tea house has made its way to Capitol Piazza early this year. An exquisite space filled with posh furnishings, you'll be treated like royalty as formally-dressed waiters serve you Angelina's indulgent chocolate delights. Regulars would make a beeline for the Mont-Blanc ($14), a fine mix of meringue, whipped cream and chestnut paste vermicelli, while sipping a cup of African Hot Chocolate ($12). Also worth trying is the newly-launched Negresco, a dollop of dark chocolate shavings and cocoa powder that melts sinfully in your mouth.

PHOTOGRAPHY: IAN JEIMZ AND JUSTIN LOH

win!
10 x $20
vouchers

Cocoa Colony

**313 Orchard Road
#B1-37, Singapore
238895**



MUST-TRY!

Try out their famous Cocoa Bola ($6.90), a crispy pastry coated with colourful layers of cocoa cream. Here's the fun part: you've got to crack it open with a wooden hammer! How's that for stress relief?







MUST-TRY!

Slurp up the new Cocoa 76 Smoothie ($7.50). It's 24 per cent less sweeter than the original recipe, which means you can still embrace your inner Willy Wonka without worrying about the sugar-based calories.

Forget beer taps; lava chocolate sauce on tap is everything we've ever wanted. Staking claim to the velvety goodness that is Amazonian Liquid Gold ($2), Cocoa Colony's signature chocolate pour can be drizzled onto anything you fancy, be it atop creamy gelatos, buttery pastries or on their avant-garde cocoa drinks. We like it best blended into the classic Cocoa 38 ($6) – nothing like some good ol' hot chocolate. They don't just serve all things chocolate though, there's also a small selection of pastries, sandwiches and finger food to nosh on.

win!

To win cash vouchers from Cocoa Colony, head over to ***www.teenage.com.sg/win***, and enter the promo code **<DEC324CC>** to participate. Closing date: 31 Dec 2015







Artisan Boulangerie Co.

118 Killiney Road, #01-01, Singapore 239555



MUST-TRY!

If your palate needs a break from the decadence, ABC's Spicy Peri Peri Chicken ($22) will definitely help to spice things up. It comes with homemade Peri Peri marinade that strikes the right balance of smoky and sweet.

Artisan Boulangerie Co. (ABC) needs no introduction. After all, this homegrown bakery has since expanded to eight outlets over the years. Even so, there's still a soft spot in our hearts for their flagship store at Killiney Road. It's more spacious and has a long table to accommodate large groups. Available on display at the counter is a massive range of delectable desserts, from the purist-pleasing Ultimate Chocolate Cake ($8) to the ever-popular Salted Caramel Lava Cake ($8). Beyond the desserts, ABC also does a darn good French Mint Chocolate ($6.50) – we can guarantee that one cup ain't enough!







Butter Studio

147 Jalan Besar, Singapore 208865



MUST-TRY!

Their gorgeous cupcakes might steal the show, but the real winner is the Sea Salt Nutella Tart ($12 for two). We love how the sprinkle of sea salt gives the Nutella a subtle kick of flavour.

Make yourself at home at this soulful bakery-cum-cafe. The interior looks like a hipster spread straight out of *Kinfolk*, eclectically decorated with a plenitude of light wood and minimalist accents. What sets Butter Studio apart is their dedication to meticulously make everything by hand, and they use Halal-certified ingredients which are totally wholesome for everyone. Visit for the heavenly line-up of pretty artisan cupcakes, stay for the gourmet tarts – their Marshmallow Dream Cupcake ($3.50) and Belgian Chocolate Tart ($12 for two) make a lovely combo. Savoury junkies would also be pleased to know that they have breakfast, lunch and dinner items on offer.



festive foodie Guide

Gorge yourself on only the best that restaurants, hotels and cafes have to offer this Christmas.

BY RACHAEL LIM

• PIES & COFFEE •



Known for their buttery, shortcrust pastries and robust coffee blends, Pies & Coffee has definitely stepped up their game this Christmas with a splendid spread of specialty pies and quiches that will have you wolfing them down in no time. Dig into the smoked turkey ham baked in rich savoury egg custard with the Santa's Turkey Quiche ($26) and end the meal on a sweet note with a slice of the Festive Eggless Chocolate Loaf with Peanut Butter ($38) or a few Tinsel Toffee Coffee Cookies ($6.90).

35 Rochester Drive, Rochester Mall #01-02, Singapore 138639

• SWENSEN'S •



Swensen's is going local this Christmas! Have a taste of their exclusive festive entrees, the Chicken Istimewa ($15.90) and Swensen's Turkey Burger ($17.90) – both are savoury gastronomic delights. And you can't go to Swensen's and not have ice cream. Try out the Potong Supreme Pleaser ($11.50), a delightful medley of red bean potong ice cream, vanilla ice cream and crinkle-cut chips.

shin
minori
JAPANESE RESTAURANT

Harvest Of Tastes!

It's time to enjoy a Harvest Of Tastes at **Shin Minori**, UE Square, a Japanese Ala-Carte buffet restaurant where you can enjoy a harvest of more than **160** items of sashimi, sushi, tempura, sumiyaki, teppanyaki, gyoza etc. from just **$35** onwards.



Dial 6733 2272
For Reservations!

Daily Opening Hours:

Lunch 11.30am to 2.30pm **Last order** 2.15pm
Lunch (MON to SUN)
Adult **S$35++**
Child **S$25++**

Dinner 6pm to 10.30pm **Last order** 9.45pm
Dinner (MON to SUN, EVE OF PH & PH) *
Adult **S$39++**
Child **S$29++**
***Except Christmas Eve, New Year Eve, CNY Eve & Special Occasions**

Shin Minori Japanese Restaurant
81 Clemenceau Avenue, #03-15/16,
UE Square (Shopping Mall) Singapore 239917.
NEAREST MRT STATION: Clarke Quay MRT station
Reservations Recommended
Phone Reservation 67332272
Online Reservation shinminori.com.sg/online-reservation/
www.shinminori.com.sg
Join us www.facebook.com/shinminori



SPUDS & APRONS
(FABER PEAK SINGAPORE)

Fancy lunch with a view? For $45, you'll get to enjoy Spuds & Aprons' festive set lunch. To start things off, there's the Roast Butternut Pumpkin and Apple Soup with brioche croutons – choose from either the Farmstyle Chicken Roulade Stuffed with Chestnuts or the 150-day grain fed Australian Sirloin Steak with parsnip mashed potato, brussel sprouts and sage as your main. End off with the Steamed Normandes Sponge Pudding served with freshly brewed coffee or their selection of teas.

109 Mount Faber Road, Singapore 099203



NEO GARDEN CATERING

Take a back seat in food preparation this festive season with Neo Garden Catering. From small gatherings to huge get-togethers, they're able to plan your menu no matter the size of your party. Pamper your family and friends with traditional nonya fare with a twist. Check out the Ondeh Ondeh Log Cake ($68.80) and the western renditions of *pipa* duck aptly named 'Guitar' Turkey ($128).

STARBUCKS

OUR FAVOURITE RED PAPER CUPS ARE BACK!



PEPPERMINT MOCHA



GINGERBREAD LATTE



NEW

CHRISTMAS PANETTONE LATTE

This festive beverage will take you on a romantic journey to Italy filled with the sweet aroma and buttery taste topped with orange, cranberry and apple sprinkles.

Hot/iced – Tall, $7.10
Frappuccino – Tall, $7.30



CARLTON HOTEL SINGAPORE

Carlton Hotel Singapore has outdone themselves with this year's Christmas offerings. Start with a mouth-watering Whole Turkey with Chestnut Stuffing, Cranberry and Turkey Jus ($118), and for dessert, the Classic Chocolate Log Cake ($54), Chocolate Stiletto and Assorted Pralines ($38) and Chocolate Kumquat Log Cake ($58). If you prefer basking in the festivities at Carlton Hotel, Cafe Mosaic offers a Christmas buffet from $68 per person so you can sample an international spread of seafood, roast meats and festive desserts.





ANGELINA

Warm your hearts with a lip-smacking three-course set ($60++) at Angelina Tea Room. Using traditional French ingredients like foie gras, oysters and chestnuts, the chefs skillfully combine rustic French traditions with the classy charm of Angelina for a meal that is the closest thing to spending Christmas in France. Don't forget to treat yourself to a dessert (or two) at this world-famous patisserie that even Audrey Hepburn approves of.

15 Stamford Road, Capitol Galleria #01-82, Singapore 048616

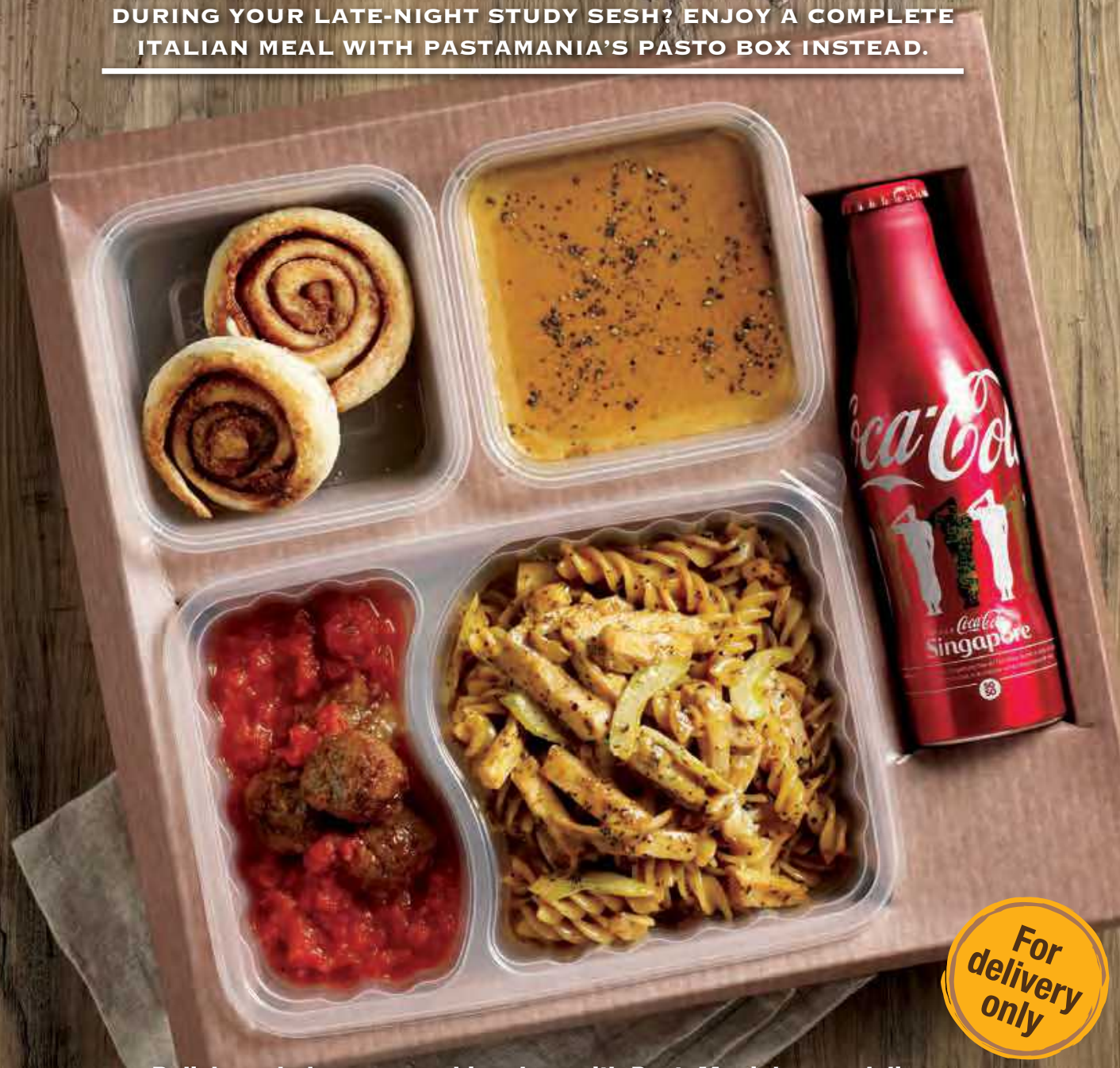
ADVERTORIAL

Want all five designs of the Limited Edition SG50 Cokes? Order any two Pasto Boxes and top up $10 now! While stocks last.



LATE NIGHT SAVIOURS

EVER FIND YOURSELF REACHING FOR UNHEALTHY FAST FOOD DURING YOUR LATE-NIGHT STUDY SESH? ENJOY A COMPLETE ITALIAN MEAL WITH PASTAMANIA'S PASTO BOX INSTEAD.



For delivery only

Relish a wholesome meal in a box with PastaMania's new delivery offerings – the new Pasto Box. It includes an appetiser, pasta main, mini cinnamon rolls and a limited edition SG50 Coke bottle, all for just $16.80!

PASTO BOX A



- Pesto prawn pasta
- Cheesy chicken cheese salsiccia
- Mini cinnamon rolls
- Limited Edition SG50 Coke*

$16.80 each

OR

PASTO BOX B



- Black pepper chicken pasta
- Meatballs in tomato sauce
- Mini cinnamon rolls
- Limited Edition SG50 coke*

$16.80 each

* Available while stocks last. Will be replaced with normal canned Coke should stocks run out.

For orders: www.pastamaniadelivery.sg • 6275 7555

Terms and conditions apply. Please check www.pastamaniadelivery.sg for details

PastamaniaSingapore



fancy follicles

Hair care doesn't just stop after you step out of the shower. Tsubaki introduces their new range of non-rinse treatments that will leave your tresses feeling smooth, shiny and soft to the touch. Try the *Tsubaki Scalp Serum* ($18.90), a bubbly formula that promotes blood circulation and scalp softness to nurture beautiful hair from the roots. Give limp hair a new lease of life with the *Tsubaki Volume Boosting Mist* ($18.90) by strengthening hair roots without weighing fine hair down or the *Tsubaki Oil Perfection* ($29.90), which harnesses the benefits of camellia oil to repair and protect hair.



matte for you

Forget matte lip colour that's drying and causes flaky lips as *L'Oreal Paris Color Riche* launches the *L'Extraordinaire Mat* ($21.90). Formulated with a blend of matte oil and velvet pigments, the product goes on creamy and dries to a multi-dimensional finish for stunning looking pucker.



urban invasion

There's even more reason to visit VivoCity now. The VivoCity beauty aisle underwent a revamp recently to introduce new beauty boutiques, including *Urban Decay*'s first freestanding store in Singapore. The 49-square-metre space features a sparkle wall, chrome tree and makeup stations for you to test out their amazing products. There are also ranges like the Revolution Lipsticks and 24/7 Pencil Concealers that are exclusively available in the freestanding stores. Psst… if you count yourself a die-hard UD fan, watch out for Urban Decay T-shirts that will be available in December.



simply mesmer-eye-zing

Add confidence to your daily look with the *FreshKon Alluring Eyes 1-Month Cosmetic Contact Lenses* in its new Majestic Brown shade. It has a high water-content of 55 per cent, with a hydrophilic surface that that makes it oh-so-comfortable to wear. Thanks to the Hydro Micro-Insulation Technology, the micro-colourants are insulated so it doesn't come into direct contact with your eye.

The new FreshKon Alluring Eyes 1-Month lenses in Majestic Brown are available at participating optical outlets for $38 for a box of two pieces (one pair).

FOR THE LOVE OF Clear Skin



1 battle body acne

Most acne skincare products are targeted at the face, but what about those plagued with body acne? Enter the *T3 Body range*, with the *T3 Body Wash* ($22.20), *T3 Body Scrub* ($12.20) and *T3 Acne Body Spray* ($11.80) that work together to eliminate pimples that form on your body. The T3 Body Wash unclogs pores and washes away impurities without drying out the skin, while the T3 Body Scrub gently but effectively exfoliates away dead skin cells. Lastly, treat pimples on hard-to-reach areas on your body with the T3 Acne Body Spray.



2 shine free skin



Experience deep cleansing with the new *Neutrogena Deep Clean Acne Foam Cleanser* ($13.90) and *Neutrogena Deep Clean Acne Foaming Wash* ($16.90). Formulated with botanical complex that cleanses while it soothes, the Deep Clean Acne Foam Cleanser leaves skin feeling clean without any tightness. For those who prefer dense and luxurious foam, use the Neutrogena Deep Clean Acne Foaming Wash to remove excess sebum for long-lasting oil control.



3 lighten up

The most agonising part about having acne is probably the scars that it leaves behind. Treat post-acne scars with *Hiruscar Post-Acne Gel* ($19.90), a clear gel that's formulated to lighten scars while preventing the formation of new pimples. It also promotes tissue regeneration and wound healing, so skin heals faster to give you clear and acne-free skin.

4 patched for parties



Worried that your pimples are going to ruin party photos during the festive season? Help them heal faster with the *Nexcare Acne Patches* ($5.20 to $8.20). Forming a protective barrier between your skin and bacteria, the Nexcare Acne Patches are made with a special hydrocolloid material that absorbs sebum and pus without breaking the skin. Just leave it on until the patch turns white, and watch as your pimples heal quicker than ever before.

Plain Jane Turned beauty queen

It's tough imagining that aesthetics doctor and former beauty queen, Dr. Tiffiny Yang has ever struggled with bad skin when she was a teenager. We find out the story behind her amazing transformation.

Dr. Tiffiny Yang, did not always sport the same porcelain skin that she has today. She struggled with pigmentation and large pores when she was a teenager.

"Way back then, I was a plain Jane. You wouldn't even be able to recognise me now! I remember back in school, some girls in the 'pretty group' would ignore me – it hurt," says Dr. Tiffiny Yang.

The 33-year old medical aesthetics doctor has since blossomed after graduating from medical school at the National University of Singapore.

> ***"Back in school, some girls in the 'pretty group' would ignore me – it hurt."***

In 2010, she won the *Mrs. Singapore Universe* pageant. The following year, she was a finalist in the *My Paper Executive Look* contest. She was also featured recently in a five-page interview in the September issue of *FHM Singapore*. With medical accolades and numerous pageant experiences under her belt, Dr. Tiffiny Yang proves that beauty and brains can go hand in hand.

Do you view beauty or brains as the more important one?

I think both brains and beauty are equally important! Doing well in school or in one's career does not preclude one from looking good. In fact, I think they are complementary, research has shown that good-looking people tend to do better in school and at work. I guess it's because of the confidence they exude. Once you feel good about yourself, you don't have to worry about anything else other than work itself.

What are the qualities one require to become successful?

Zest for life and oodles of hard work! This may sound cliche but there is no substitute for hard work. As Polish-American cosmetics entrepreneur Helena Rubinstein puts it, "There are no ugly women, only lazy ones."

Looking beautiful and taking good care of one's skin takes effort – the exact same qualities one would require to do well in school or in one's career.

What are the most popular aesthetics procedures for those below 25 years old?

A good number of my under-25 patients come for acne and acne scar laser removal to remove pitted scars, facial lasers and our signature non-invasive V-face shape treatment – as the name suggests, it's a non-invasive procedure to slim a person's face.

Amongst these, I think the treatment of acne and removal of acne scars via medical lasers are the most popular amongst my under-25 patients. The treatment is clinically effective with only a little or no downtime.

Are these considered plastic surgery?

I don't think facial fillers, lasers or V-face slimming procedures are considered plastic surgery. Plastic surgery entails something more invasive and irreversible, and are the type of procedures that will require months of recovery time.

That's the beauty of non-invasive aesthetics procedures – almost no down time is expected most of the time.

What do you like about your job?

The job satisfaction that comes with seeing my patients return to me with a newfound confidence in themselves. Just recently, I had a 23-year old client who said that she hated her rectangular-shaped, boxy face and that she preferred a gentle and feminine face. I did a V-face slimming procedure for her and when she came back for her review, she was beaming with confidence.



Have you tried any of the procedures?
Of course I do try some of my own treatments. I love the fact that these are non-invasive, non-plastic surgery treatments to improve or enhance one's appearance without changing it beyond recognition.

My favorite is facial lasering, as consistent and proper application of facial lasers can remove pigmentation and brown spots, reduce pore size, lighten skin tone and give crystal clear complexion.

What is your skincare regime like?
I always put sunblock when I go out. Sun damage is the number one reason why your skin ages prematurely.

In the evening before I go to bed, I use Tiffiny Yang Secret, my own formulated anti-aging serum containing 1.5 per cent retinol and 2.5 per cent matrixyl. Generally, products with high levels of retinol and matrixyl have been scientifically proven to slow down aging.

Any parting advice to our readers?
Don't let anyone tell you that beauty and brains don't go together, dare to be different. And with hard work and passion for life, anything is possible. Reach for the sky!

Tiffiny Yang

You can read more about Dr. Tiffiny Yang on her blog at www.tiffinyyang.com

teenage BEAUTY AWARDS 2015



Arissa Ha
Deputy Editor,
Teenage



Larry Yeo
Makeup Artist



Evonne Ng
Beauty Blogger



Calvin Gan
Creative Director,
Hairloom

We introduce our inaugural *Teenage Beauty Awards 2015* to bring you the best in makeup, skincare and hair care. From the most hydrating moisturisers to the most stunning lipsticks, we list the products so you can put your best face (and hair) forward.

PHOTOGRAPHY: JUSTIN LOH AND VICKY ANDHIKA
STYLING: ARISSA HA AND MICHELLE LIM


Precious Mineral
ANY CUSHION
SHISEIDO
SK-II
belif believe in truth 50 ml / 1.68 fl.oz
The true cream – aqua bomb
Replenished water content
18%
Dermatologically tested
*With Napiers aqua formula, Napiers original formula
MAC
STUDIO
STUDIO WATERWEIGHT
SPF 30/PA++ FOUNDATION
1.0 FL OZ
JACOBS
PLANKTON
ESSENCE
HELLO
FLAWLESS
benefit

BB/CC Cream



"The ETUDE HOUSE Precious Mineral Moist Any Cushion leaves skin feeling hydrated without caking. Skin looks radiant after application. "

Arissa Ha
Deputy Editor,
Teenage

WINNER
teenage
BEAUTY AWARDS 2015

Curél BB Cream SPF 28 ++, $24.80

ETUDE HOUSE Precious Mineral MOIST Any Cushion SPF 50+ / PA+++, $32

SK-II Auractivator CC Cream SPF 50+ / PA++++, $109

Skinfood Mushroom Multi Care BB Cream SPF 20 / PA+, $42.90

READERS' CHOICE
teenage
BEAUTY AWARDS 2015

Laneige BB Cushion SPF 50+ / PA+++, $59

THEFACESHOP Oil Control Water Cushion SPF 50+ / PA+++, $29.90

MAQuillAGE Peach Change Base CC Cream SPF 25 / PA+++, $55

Hada Labo Air BB Cream SPF 50 / PA+++, $16.90

Lancome Blanc Expert Cushion Compact SPF 23 / PA++, $75

Foundation



Illamasqua Skin Base Foundation, $73

NARS All Day Weightless Luminous Foundation, $73

VDL Beauty Metal Cushion Foundation, $54

WINNER teenage BEAUTY AWARDS 2015

3CE Glossing Waterful Foundation, $39

MAKE UP FOR EVER Ultra HD Foundation, $72

Faux Fayc Fauxless Mattifying Mousse Foundation, $52

M.A.C Studio Waterweight Foundation SPF 30 / PA++, $62

SK-II Enamel Radiance Cream Compact Foundation, $105

Too Faced Born This Way Foundation, $56

READERS' CHOICE teenage BEAUTY AWARDS 2015

L'Oréal Paris True Match Liquid Foundation, $30.90

Concealer



"NARS Radiant Creamy Concealer is the best under eye concealer I've ever used."

Larry Yeo, Makeup Artist

M.A.C Studio Finish Concealer, $32

WINNER teenage BEAUTY AWARDS 2015

NARS Radiant Creamy Concealer, $43

Urban Decay Naked Skin Weightless Complete Coverage Concealer, $40

Tarte Colored Clay CC Undereye Corrector, $38

Shiseido Perfecting Stick Concealer, $44

Laura Mercier Secret Camouflage, $58

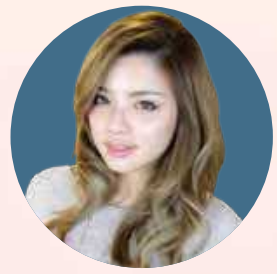
NUDESTIX Concealer Pencil, price unavailable

READERS' CHOICE teenage BEAUTY AWARDS 2015

Amazing Concealer, $58

Powder

READERS' CHOICE teenage BEAUTY AWARDS 2015



"Lightweight and sheer, the Laura Mercier Loose Setting Powder goes on smoothly to give a flawless finish."

Evonne Ng, Beauty Blogger



M.A.C Pro
Longwear Powder
Pressed, $44



Urban Decay
Naked Skin
Weightless Ultra
Definition Powder
Foundation, $53



ZA Airy Flawless
Powder
Foundation, $28.80



Make Up For
Ever Pro Finish
Multi-Use Powder
Foundation, $69



Benefit Cosmetics
'Hello Flawless' SPF 15
Powder Foundation, $57



WINNER teenage BEAUTY AWARDS 2015

Laura Mercier Loose
Setting Powder, $67

Primer

M.A.C Prep + Prime Skin Base Visage, $47

ETUDE HOUSE Beauty Shot Face Blur SPF 15 / PA+, $27.90

MAKE UP FOR EVER Step 1 Skin Equalizer, $68

Laura Mercier Foundation Primer, $62



"The Illamasqua Hydra Veil absorbs easily, providing skin with essential moisture so that makeup adheres better. Foundation goes on smoothly and stays on for much longer."

Arissa Ha, Deputy Editor, *Teenage*

READERS' CHOICE teenage BEAUTY AWARDS 2015

Illamasqua Hydra Veil, $72

WINNER teenage BEAUTY AWARDS 2015

VDL Lumilayer Primer, $36

Benefit The POREfessional Face Primer, $51

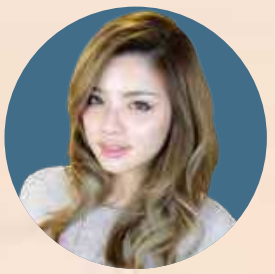
Marc Jacobs Under(cover), $69



"The VDL Lumilayer Primer allows you to achieve a beautiful glow without the greasiness. "

Larry Yeo
Makeup Artist

Brows



"The Benefit Gimme Brow allows you to voluminise brows and make them appear thicker. Perfect for those with sparse or uneven brows."

Evonne Ng, Beauty Blogger

shu uemura
Hard Formula
Brow Pencil, $33

VDL Festival
Brow Cara, $18

Tarte Amazonian
Clay Waterproof
Brow Mousse, $48

READERS' CHOICE
teenage
BEAUTY AWARDS
2015

M.A.C Eye
Brow, $32

MAQuillAGE
Lasting Foggy Brow,
$46

WINNER
teenage
BEAUTY AWARDS
2015

Benefit Gimme
Brow, $39

Urban Decay
Brow Beater, $33

Clio Kill Brow
Conte Powder Kit,
$25.90

Browhaus
Classic Brow
Lead, $17.90

Stila Stay All Day
Grow Gel & Brush,
$48

Mascara

READERS' CHOICE teenage BEAUTY AWARDS 2015

Eyeko Sport Waterproof Mascara, $53

WINNER teenage BEAUTY AWARDS 2015

Faux Fayc Fauxlash Mascara Duo, $38

VDL Eye Bomb Mascara, $34

Tarte Lights, Camera, Splashes Waterproof Mascara, $32

ETUDE HOUSE Lash Perm 3-Step Mascara, $26.90

Lancome GRANDIOSE Mascara, $50

Urban Decay Perversion Mascara, $38

Benefit Roller Lash Mascara, $39

Majolica Majorca Mascara Lash King, $25.90

Shiseido Full Lash Volume Mascara, $46

Eyeliner



Maybelline Hyper Sharp Wing Liner, $23.90

KATE Tokyo Quick Eyeliner A, $17

M.A.C Fluidline, $31

Catrice Made To Stay Inside Eye Khol Kajal, $5.50

Urban Decay 24/7 Glide On Eye Pencil, $32

Eyeko Sport Waterproof Eyeliner, $25

Essence Easy 2 Use Eyeliner Pen, $4.90

Clio Sharp, So Simple Waterproof Pen Liner, $22.90

"The unique brush shape of the Maybelline Hyper Sharp Wing Liner allows you to create both thin and thick lines with ease."

Arissa Ha
Deputy Editor,
Teenage

Blusher


READERS' CHOICE
teenage BEAUTY AWARDS 2015
Tarte Amazonian Clay 12-Hour Blush, $47
The Body Shop Brush on Radiance, $32
Urban Decay Afterglow, $47
MAQuillAGE Dramatic Mood Veil, $46
WINNER
teenage BEAUTY AWARDS 2015
NARS Dual-Intensity Blush, $68
Stila Aqua Glow Watercolour Blush, $37
tarte glisten
Tarte Glisten Cheek Stain, $49
NUDESTIX Lip & Cheek, price unavailable

Lipstick



MAQuillAGE Dual Color Rouge, $33

WINNER teenage BEAUTY AWARDS 2015

Urban Decay Matte Revolution Lipstick, $33

Laneige Two Tone Lip Bar, $34

L'Oréal Paris Color Riche L'Extraordinaire Mat, $21.90

Illamasqua Lipstick, $44

Marc Jacobs Lip Cream, $42

NARS Audacious Lipstick, $44

ETUDE HOUSE Color in Liquid Lips, $17.90

M.A.C Matte Lipstick, $31

READERS' CHOICE teenage BEAUTY AWARDS 2015

VDL Expert Color Lip Cube EX, $38

NUDESTIX Lip, price unavailable

Lip Balm



Fresh Sugar Lip Treatment Sunscreen SPF 15, $22.50

Senka Lip Cream, $5.90

READERS' CHOICE teenage BEAUTY AWARDS 2015

Mentholatum Lip Ice Sheer Colour, $14.50

WINNER teenage BEAUTY AWARDS 2015

Kiehl's Lip Balm, $17

Nivea Essential Care Lip Balm, $4.10

Clinique Repair Wear Intensive Lip Treatment, $57

Bioderma Atoderm Lévres Moisturising Stick for Lips, $14.50



"The Kiehl's Lip Balm is my go-to lip treatment product for dry, chapped lips."

Larry Yeo, Makeup Artist

Sunscreen

WINNER
teenage BEAUTY AWARDS 2015

Skin Inc
Hydrating Shield+
SPF 30 / PA +++,
$68

Kiehl's Ultra Light
Daily UV Defense
SPF 50 / PA ++++,
$52

Shiseido Perfect UV
Protector SPF 50 /
PA ++++, $59

Sunplay Super
Block SPF 130
/ PA ++++,
$17.40

READERS' CHOICE
teenage BEAUTY AWARDS 2015

Bioré UV Perfect
Spray SPF 50+ /
PA ++++, $9.90

Moonshot Multi
Protection UV
Bouncer SPF 50+ /
PA +++, $53

Benefit Dream
Screen SPF 45 /
PA+++, $53

Bioderma
Photoderm MAX
SPF 50+, $37.80

Lip Hop Ultra
Whitening Sun
Protection Lotion
SPF 80 / PA +++,
$10.90

Makeup Remover



Bobbi Brown Instant Long-wear Makeup Remover, $44

Bioderma Sensibio H2O, $26.90

Bioré Aqua Jelly Makeup Remover, $24.90

Shiseido Perfect Cleansing Oil, $41

shu uemura Cleansing Oil – Anti/Oxi Skin Refining, $55

Neutrogena Deep Clean Hydrating Cleansing Oil, $27

Cleanser



Neutrogena Oil-Free Acne Wash, $15.80

Hada Labo Super Hyaluronic Acid Hydrating Face Wash, $13.50

Curél Sebum Care Foaming Wash, $19.80

Crabtree & Evelyn Damask Rose Cleansing Balm, $30

SK-II Facial Treatment Gentle Cleanser, $89

Fresh Soy Face Cleanser, $38

Oxy Ultimate Cleanser, $6.50

The Face Shop Acne Solution Foam Cleansing, $20.90

Shiseido IBUKI Gentle Cleanser, $43

Toner/Essence



Fresh Rose Floral Toner, $40

SK-II Facial Treatment Essence, $99

Neutrogena Alcohol-Free Toner, $11.30

Biotherm Life Plankton Essence, $78

Crabtree & Evelyn Damask Rose Purifying Toning Lotion, $28

Shiseido IBUKI Softening Concentrate, $60

Hada Labo Hydrating Lotion, $22.90

Kiehl's Calendula Herbal Extract Toner, $40

DHC Salicylic Face Toner, $34.90

Moisturiser



Hada Labo Super Hyaluronic Acid Water Gel, $23.30

belif The True Cream-Aqua Bomb, $54

NARSskin Aqua Gel Luminous Oil-Free Moisturizer, $85

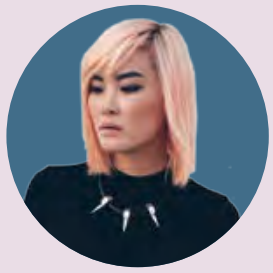
Kiehl's Ultra Facial Oil-Free Gel Cream, $48

Dr Ci:Labo Aqua-Collagen-Gel Enrich Lift EX, $75

Biotherm Aquasource Gel, $69

Shiseido IBUKI Refining Moisturizer, $56

Acne Treatment



"The Body Shop Tea Tree Oil effectively soothes and clears pesky blemishes."

Arissa Ha
Deputy Editor,
Teenage

Acnes Mentholatum Anti-Bacterial Patch, $6.50

Oxy Anti-Bacterial Acne Patch, $5.85

Kiehl's Blemish Control Daily Skin-Clearing Treatment, $52

Laneige Trouble Relief Spot Gel, $38

READERS' CHOICE teenage BEAUTY AWARDS 2015

Nexcare Acne Patch, $8.20

WINNER teenage BEAUTY AWARDS 2015

The Body Shop Tea Tree Oil, $19.90

Hiruscar Post-Acne Gel, $19.90

Serum



Shiseido Ultimune Power Infusing Concentrate, $105

Skin Inc Custom-Blended Serum Hydrate 'Em, $148

Kiehl's Powerful-Strength Line-Reducing Concentrate, $98

Skinfood Black Sugar Perfect First Serum, $56.90

belif Hungarian Water Essence, $57

DrGL Collagen Essence, $198

HABA White Lady, $78

Mask



Laneige Water Sleeping Mask, $42

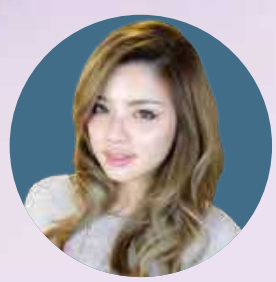
Biotherm Pure-fect Skin 2 in 1 Pore Mask, $52

innisfree Capsule Recipe Pack, $4

Fresh Rose Face Mask, $62

Skin Inc Get Glowin' Brightening Mask, $98

Kiehl's Rare Earth Deep Pore Cleansing Masque, $45



"The Laneige Water Sleeping Mask has undergone a few reformulations, and the current one is even more moisturising than before."

Evonne Ng, Beauty Blogger

Shampoo



"The Curél Intensive Moisture Care Shampoo has a pH balance that's great for promoting healthier scalp and hair."

Calvin Gan
Creative Director, Hairloom

Curél Intensive Moisture Care Shampoo, $19.80

Tsubaki Damage Care Shampoo, $16.90

John Frieda Full Repair Strengthen + Restore Shampoo, $15.90

The Body Shop Rainforest Moisture Shampoo for Dry Hair, $16.90

Kiehl's Amino Acid Shampoo with Coconut Oil, $41

Shiseido Ma Chérie Moisture Shampoo, $11.50

Bottega Verde Silk Protein Shampoo, $11.90

Conditioner



innisfree Camellia Essential Hair Conditioner, $15

Essential Nourishing Breakage Defense Conditioner, $11.50

Wen Sweet Almond Mint Cleansing Conditioner, $44

Palmer's Manuka Flower Honey Nourishing Conditioner, $19.90

The Body Shop Rainforest Moisture Conditioner, $16.90

Kiehl's Sunflower Color Preserving Conditioner, $38

Pantene Pro-V 3 Minute Miracle Total Damage Care Conditioner, $10.95

Hair Treatment



Palmer's Manuka Flower Honey Finishing Hair Oil, $19.90

innisfree Green Tea Mint Fresh Scalp Scaler, $25

Kiehl's Magic Elixir, $14

Tsubaki Oil Perfection Hair Oil, $29.90

Alterna Caviar CC Cream, $40

Moroccanoil Treatment Oil, $73

The Body Shop Brazil Nut Define & No Frizz, $20.90

O&M Know Knott Conditioning Detangler, $38

Essential Night Care Milk, $11.90

Ma Chérie Hair Gelee Mist, $17.90

Hair Mask



"The O&M Seven Day Miracle Moisture Masque is a godsend for chemically-treated hair. It takes frizz away, and makes hair soft and tangle-free."

Arissa Ha, Deputy Editor, *Teenage*



Revlon 11 Benefits Hair Mask, $19.90

Moroccanoil Intense Hydrating Mask, $73

O&M Seven Day Miracle Moisture Masque, $50

Essential Moisturizing Frizz Free Hair Mask, $9.90

Bottega Verde Argan Mask, $23.90

Styling Product



Ma Chérie Hair Fragrance, $16.90

Liese Super Hard Hair Spray, $8.50

TONI&GUY Dry Shampoo Matt Texture, $15.90

Moroccanoil Curl Defining Cream, $62

Living Proof Instant Texture Mist, $33

Percy & Reed Perfectly Perfecting Wonder Prime Light, $40



"The Living Proof Instant Texture Mist gives a great finish to fine hair without any stickiness."

Calvin Gan
Creative Director, Hairloom



ETUDE HOUSE

Precious Mineral MOIST Any Cushion

Say goodbye to dry, flaky skin with the ETUDE HOUSE Precious Mineral MOIST Any Cushion ($32). Formulated to be even more hydrating than the Precious Mineral Any Cushion, the new variant contains Baobab water, which consists four times more hyaluronic acid.

Its Glow Lock Complex forms a clear layer that enhances radiance and prevents moisture loss, leaving your skin looking luminescent and hydrated. Simply pat on and watch as the creamy texture melts instantly to give you even textured skin without caking or clumping.

The ETUDE HOUSE Precious Mineral MOIST Any Cushion is an amazing six-in-one product:

- **Moisturising**
- **Whitening**
- **Anti-wrinkle**
- **UV protection with SPF50+ / PA+++**
- **Tone Correcting**
- **Glossy Effect**



Available in three different shades:
N02 Light Beige
W13 Natural Beige
W24 Honey Beige

www.etude.sg etude.sing EtudeHouseSingapore

Monochromatic magic

CONJURE THE BLACK AND WHITE WARDROBE OF YOUR DREAMS

PHOTOGRAPHY: JUSTIN LOH
ART DIRECTION: ARIS LAI AND JOHANNA TEO
STYLING: SHARON TAN ASSISTED BY NAOMI THAM
HAIR AND MAKEUP: ADELENE SIOW / PALETTEINC USING KOSE ESPRIQUE
MODELS: BELLA M / AVE AND WOJTEK M / AVE
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On her:
Striped lace-up tunic, $9.90, TEMT
adidas smoke print mesh jacket, $129,
Limited Edt Vault
Black culottes, $39, The Editor's Market
Beanie, $45, Wooden Boards
Polka-dotted socks, $4, Forever 21
Furry sandals, $56.90, CHARLES & KEITH

On him:
Black blazer, $99.90, UNIQLO
White shirt, $45.90, Skinny tie, $15.90,
Black bermudas, $45.90 Vintage:FB
Boots, $389, Timberland

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Black coat, $119.90, Promod
Black bandeau bralette, $52.43, GG<5
MU monochrome print skirt, $53.40, W.E. Workshop Element

On her:
Swimsuit, $79.90, Rip Curl
Lace-up shorts, $19.95, TEMT
Draped trench, $29.90, UNIQLO
White cuffed bag, $39.90, CHARLES & KEITH

On him:
White polo T-shirt, $29, Muji
adidas track jacket, $219, Limited Edt Vault
Black jogger pants, $49.95, Cotton On
Bvlgari black glasses, $490, Spectacle Hut



On her:
Ange Revolte white outerwear, $169, W.E. Workshop Element
White T-shirt, $19, Mango
adidas tank top, $49, adidas Originals
Sparkly shorts, $39, Mango
Reebok black sneakers, $99, Royal Sporting House

On him:
'LA' Cap, $69, New Era
Persol sunglasses, $510, Sunglass Hut
White long T-shirt, $19, Forever 21
Black jogger pants, $109, adidas Originals
Lacoste white sneakers, $129, Royal Sporting House
Armani Exchange black watch, $429, WSI



Black trench coat, $439, Black jeans, $139, Timberland
Reebok monochrome patterned T-shirt, $60, Limited Edt Vault
White shirt, $24, Forever 21
adidas white high cut sneakers, $169, L.E. Ball Park

Leather bomber jacket, $1,399, Checkered shirt, $139, Timberland
Poster printed T-shirt, $49, adidas Originals
Black pants, $49, Muji
Nike black sneakers, $159, Limited Edt Vault



Midnight Messenger Bag, $99.90, Manhattan Portage
Map print headphones, $24.99, Typo



Tasseled clutch, $49.90, Mitju
Kate Spade monochrome watch, $315, WSI



Black cross strapped sandals, $42.90, Mitju
White fern necklace, $23.95, colette by colette hayman



Miu Miu bejewelled sunglasses, $730, Sunglass Hut
Striped clutch bag, $45.95, colette by colette hayman



Checkered dress, $69, White collared shirt dress, $49, Forever 21
Black quilted sling bag, $59.90, Promod
Black boots, $399, Timberland

For the Lads

Style and functionality go hand-in-hand with our choice of handy gadgets and fashionable threads.

1 RIVER ISLAND MESSENGER BAG, $89.90, ZALORA 2 RETRO SUNGLASSES, $33.90, TOPMAN 3 A5 NOTEBOOK, $7.90 FOR 4, MUJI 4 WOOL CAP, $35.90, ZARA 5 CHAINED BRACELET, $17.90, PULL & BEAR 6 BEADED BRACELET, $15.90, PULL & BEAR 7 SAMSUNG GEAR S2, $448 8 SAMSUNG GALAXY A5, $498 9 PU LEATHER WALLET, $35.90, ZARA 10 BOMBER JACKET, $89.90, TOPMAN 11 SONY NW-A26HN WALKMAN, $399 12 SONY MDR-EX750NA "H.EAR IN NC" NOISE CANCELLING IN-EAR HEADPHONES, $199 13 OLYMPUS OM-D E-M10 MARK II, $1,148

PHOTOGRAPHY: JUSTIN LOH STYLING: VENETIA SNG

ONE DIRECTION

We show you One Direction's digits, directly.

1D earned over
130 MILLION bucks
in the past 12 months from June 2015.

Their single 'Perfect' was 1D's **5TH** top 10 debut on *Billboard*'s 'Hot 100' chart among bands, breaking a record only previously held by The Beatles.





The boys finished 3rd on *X-Factor*, but it's as if they won 1st place.









ALL 4 OF 1D'S ALBUMS DEBUTED AT **#1** ON *BILLBOARD 200*, THE ONLY GROUP ON THE CHART'S 59-YEAR OLD HISTORY.

They've accumulated a crazy
3,300,000,000
views on their YouTube videos.

THE LADS' LATEST ALBUM *MADE IN THE A.M.* HAS A TOTAL OF LUCKY NUMBER! **13 TRACKS**

* All facts accurate at time of print.

IN THE **5 YEARS** THEY'VE BEEN TOGETHER, 1D HAS RELEASED **5 ALBUMS** AND GONE ON **4 WORLD TOURS**

THEIR LAST SONG(S) EVER?

ONE DIRECTION'S GOING ON A HIATUS AFTER FIVE GLORIOUS YEARS. WHAT'S THE BAND GOING TO DO NOW THAT THEY'RE GOING ON A BREAK, AND ARE THEY 'NEVER GETTING BACK TOGETHER'?

BY JOHANNA TEO

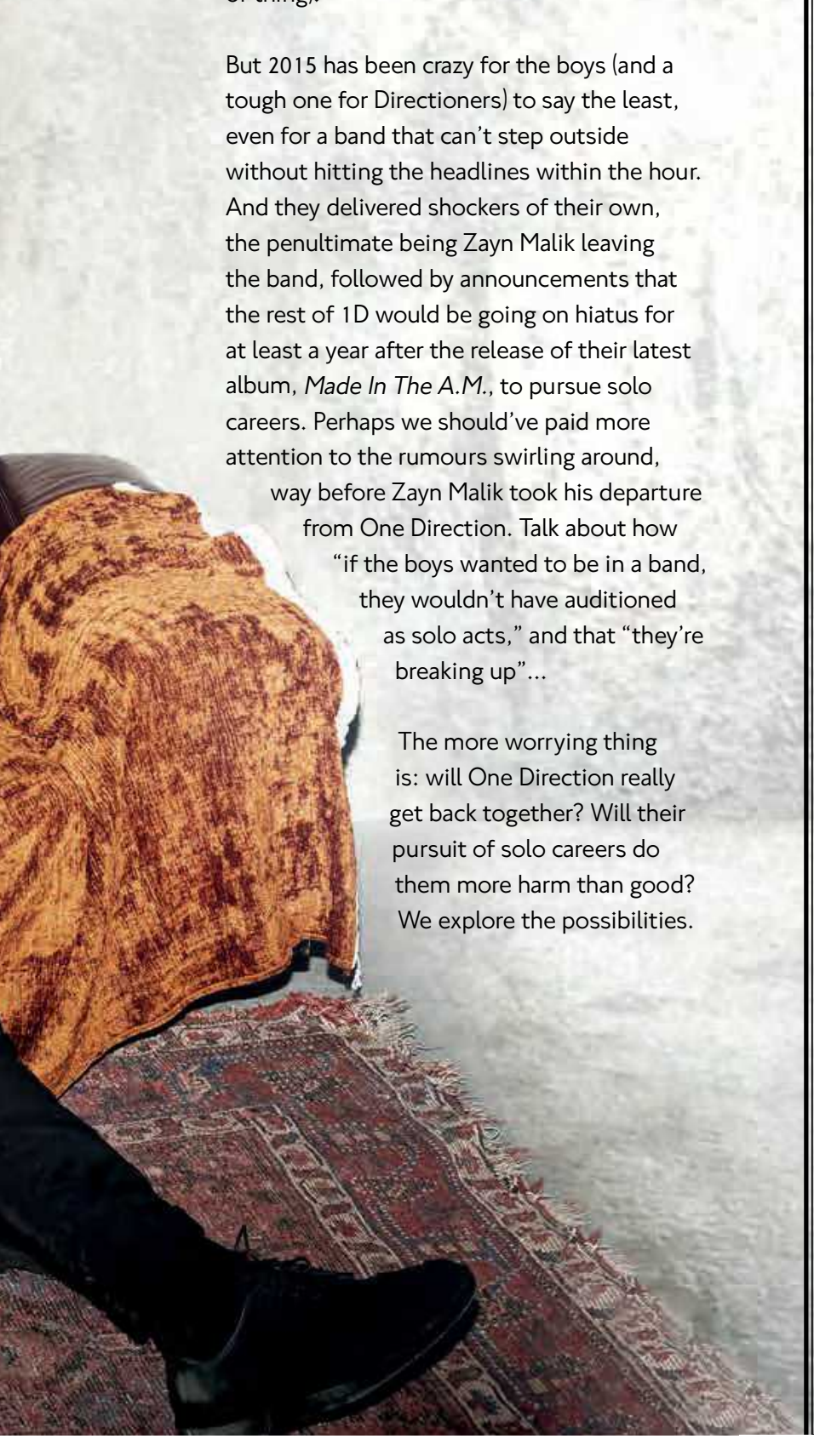
GET *MADE IN THE A.M.* ON ITUNES, SPOTIFY, ALL DIGITAL MUSIC STORES AND MUSIC RETAILERS.



One Direction's story is nothing short of miraculous. Who would've thought a five-piece boy band thrown together at the last minute during a singing competition would achieve global popularity by their debut album's release, even when they didn't win? It's been a wild ride for the lads these five years: one which earned them legions of loyal fans, millions of dollars, saw them travelling the world... basically everything one could ever dream of (if you're into that sort of thing).

But 2015 has been crazy for the boys (and a tough one for Directioners) to say the least, even for a band that can't step outside without hitting the headlines within the hour. And they delivered shockers of their own, the penultimate being Zayn Malik leaving the band, followed by announcements that the rest of 1D would be going on hiatus for at least a year after the release of their latest album, *Made In The A.M.*, to pursue solo careers. Perhaps we should've paid more attention to the rumours swirling around, way before Zayn Malik took his departure from One Direction. Talk about how "if the boys wanted to be in a band, they wouldn't have auditioned as solo acts," and that "they're breaking up"...

The more worrying thing is: will One Direction really get back together? Will their pursuit of solo careers do them more harm than good? We explore the possibilities.



REASONS WHY ONE DIRECTION WILL GET BACK TOGETHER

1

THEY HAVE TOO MUCH FUN TOGETHER AS A BAND

If you've ever caught them in concert, or watched vids of it, you'd see that these guys have tons of fun onstage. For example, unlike other boy bands with their meticulous dance choreography, 1D just comes on and does their own thing. You'd catch 'em having inside jokes, and goofing off with one another, as though they weren't performing for thousands of people. It's as if they've agreed not to be 'that' kind of boy band, which is refreshing. As Liam Payne says, "we're just not routine sort of guys", which shows just how much in sync they are.

2

THEY JUST NEED A BREAK

Five years of non-stop working could do crazy things to a person. As Payne puts it in an interview, "After four years worth of touring, you just wanna [go home] and spend a bit of time". Louis Tomlinson chimes in saying, "What we're actually doing is not that weird. We've spent a lot of time on the road and we've recorded a lot of albums in the same amount of years. We're just taking a break." There's the reassurance you need.

3

BEING ONE DIRECTION GIVES 'EM TOO MUCH SATISFACTION

"I think we're gonna miss it more than anything, but we do have to have a little bit of time out just to realise all the great stuff we've got up to," shares Payne. Which is totally right: we're not sure of how successful they would've been if they started out alone. The lads are most powerful as a group (for now at least), and they know it.

4

JUDGING FROM PAST EXAMPLES

If we take 1D's predecessors into account, the boys will most definitely work together again. A similar example: Backstreet Boys (one of the biggest bands of the '90s) went on hiatus, after which a member left, and rejoined after awhile. It may take more than a year for 1D to get back together, but there's a high chance that we haven't seen the last of them.

5

THEY'VE SAID IT THEMSELVES

When news of their hiatus broke out, the boys immediately took to social media to reassure their heart-broken fans. As Niall Horan puts it, "Don't worry though, we still have lots we want to achieve!" And as Tomlinson swears, "It's just a break, we're not going anywhere!" Although they could simply be paying lip service, we're pretty sure the boys wouldn't lie to their loyal Directioners ... right?

6

IT'S GOOD PUBLICITY

Now this is all speculation on our part. But there's nothing like a reunion that gets fans buzzing. Look at the Spice Girls! The biggest pop phenomenon of the '90s, the ladies went on an indefinite hiatus to pursue solo careers, and sporadically reunited for a sell-out tour, album and performances, all of which were more than well received by their fans. Honestly speaking, a One Direction reunion would easily earn them millions more, and even more attention than before (not that they need it) – another incentive for them to get back together yeah?

REASONS WHY ONE DIRECTION WON'T GET BACK TOGETHER

1

THEY'RE SET FOR LIFE

We're guessing the boys have earned enough money throughout these five years to support themselves (and their future generations) comfortably without ever having to work another day in their lives. After the craziness of the last few years, they might be content away from the spotlight. After all, One Direction has had enough crazy to last 'em a lifetime. But not to worry Directioners, as Tomlinson said, "You never want to wish this away. At times it becomes frustrating, but it's like any job, and we know we're very, very lucky."

2

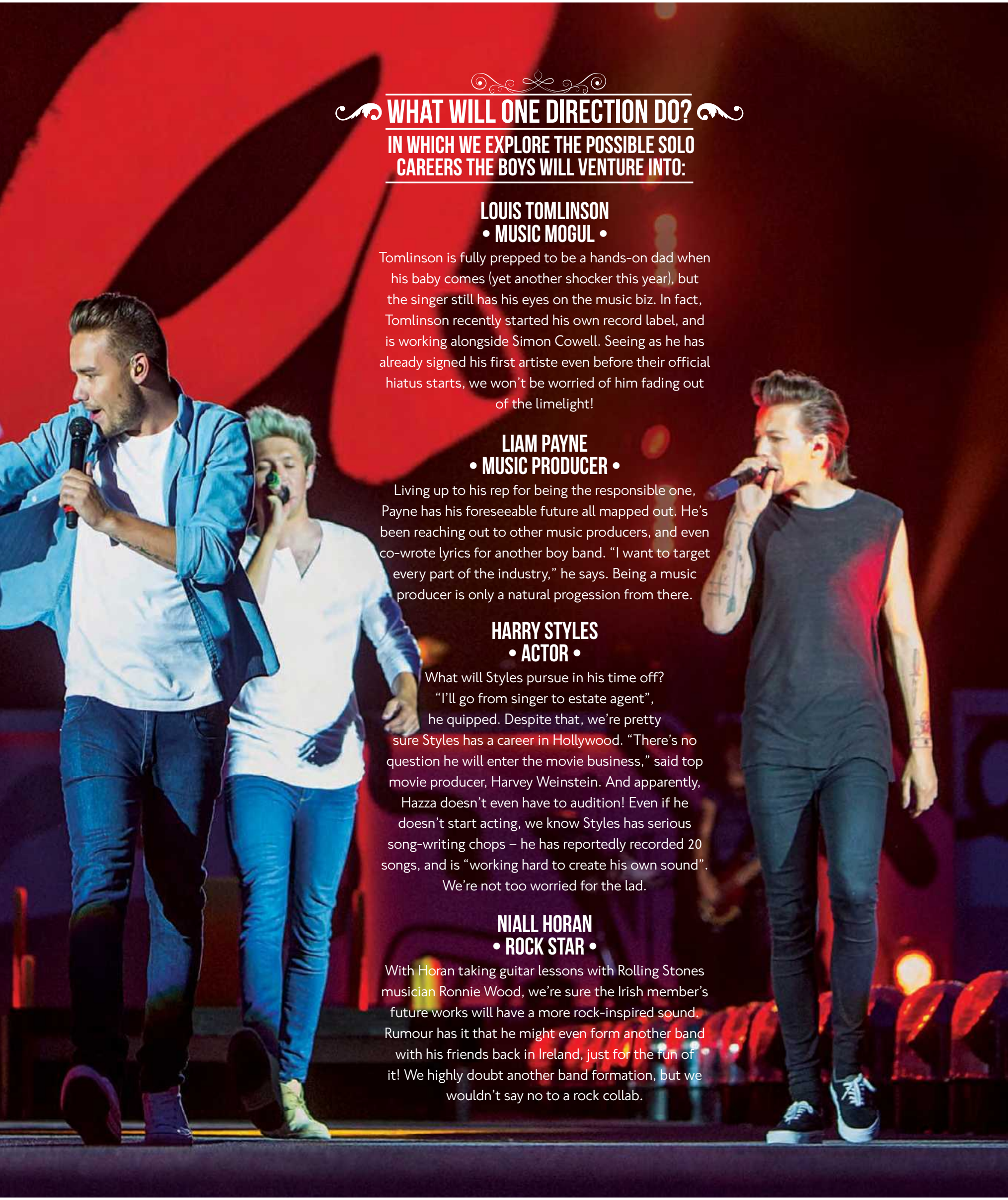
THEY MAKE IT TOO BIG ON THEIR OWN

Does anyone still remember that Justin Timberlake was in a boy band? Would he be up for an *NSYNC reunion? We think not. Likewise, nobody could really predict the success of 1D's solo careers. If it really takes off, what's to say they wouldn't decide to make their hiatus a permanent one? But as Simon Cowell says, "Having a year off is going to be a healthy thing ... They're nice guys and they're loyal so it'll be fine." Rest easy, Directioners!

3

THEY BECOME TOO DIFFERENT

On the subject of Malik leaving, Payne says, "One Direction was never really Zayn's kind of bag, if you know what I mean. His taste of music was a bit different, and I guess that's kind of what drove him to do what he did in the end." What happens if 1D gets a bit too "different" during their time away from each other? We could either have a future record filled with awesome mixed genres, or nothing at all. We're guessing the latter though.



WHAT WILL ONE DIRECTION DO?

IN WHICH WE EXPLORE THE POSSIBLE SOLO CAREERS THE BOYS WILL VENTURE INTO:

LOUIS TOMLINSON • MUSIC MOGUL •

Tomlinson is fully prepped to be a hands-on dad when his baby comes (yet another shocker this year), but the singer still has his eyes on the music biz. In fact, Tomlinson recently started his own record label, and is working alongside Simon Cowell. Seeing as he has already signed his first artiste even before their official hiatus starts, we won't be worried of him fading out of the limelight!

LIAM PAYNE • MUSIC PRODUCER •

Living up to his rep for being the responsible one, Payne has his foreseeable future all mapped out. He's been reaching out to other music producers, and even co-wrote lyrics for another boy band. "I want to target every part of the industry," he says. Being a music producer is only a natural progession from there.

HARRY STYLES • ACTOR •

What will Styles pursue in his time off? "I'll go from singer to estate agent", he quipped. Despite that, we're pretty sure Styles has a career in Hollywood. "There's no question he will enter the movie business," said top movie producer, Harvey Weinstein. And apparently, Hazza doesn't even have to audition! Even if he doesn't start acting, we know Styles has serious song-writing chops – he has reportedly recorded 20 songs, and is "working hard to create his own sound". We're not too worried for the lad.

NIALL HORAN • ROCK STAR •

With Horan taking guitar lessons with Rolling Stones musician Ronnie Wood, we're sure the Irish member's future works will have a more rock-inspired sound. Rumour has it that he might even form another band with his friends back in Ireland, just for the fun of it! We highly doubt another band formation, but we wouldn't say no to a rock collab.

Star Wars For Dummies

AN EASILY DIGESTIBLE GUIDE TO THE ENTIRE *STAR WARS* SAGA, FOR THOSE WHO LITERALLY KNOW NOTHING ABOUT THIS MULTI-BILLION DOLLAR FILM FRANCHISE.

BY JOHANNA TEO

We're officially knee-deep in *Star Wars* madness, with the upcoming *Star Wars: The Force Awakens* film sending everyone into a full-blown intergalactic frenzy. But we understand if you're a tad confused by what's going on – *Star Wars* is into its seventh instalment after all, and a lot has happened since the first film. Ahead, we give you the TL;DR version of the entire *Star Wars* saga.

Also, we'll introduce the film series in our recommended sequence, skipping out *Star Wars Episode 1: The Phantom Menace* entirely. You can watch it if you want to, but it isn't important to the main story plot at all (in our humble opinion).

Star Wars Episode IV: A New Hope

This film follows protagonist Luke Skywalker, who unwittingly gets embroiled in a war between the Rebel Alliance and the Galactic Empire. His adventure starts after he comes into possession of droids R2-D2 and C-3PO owned by Princess Leia, leader of the Rebel Alliance, who was captured by Sith Lord Darth Vader. She hid stolen plans of Death Star, a powerful battle station within R2-D2, and a request for help from Jedi Knight Obi-Wan Kenobi. He accidentally locates Obi-Wan, who later on reveals that Luke's late father was also a Jedi, and starts training him in the Force.

The pair hire smuggler Han Solo to transport them around the galaxy via his ship, who inadvertently joins their motley crew. While following Leia's instructions to deliver the stolen plans, they are captured and brought to the Death Star, where Leia was also held captive. During their rescue-and-escape attempt, Obi-Wan was killed by Vader. They escape to the rebel base and assemble a team to destroy the Death Star after discovering its technical weakness, but was counter-attacked. At the very last moment, Luke uses the Force to help him to destroy the ship.



PHOTO: THE WALT DISNEY COMPANY

Star Wars Episode V: The Empire Strikes Back

Set three years after *A New Hope*, Darth Vader continues hunting down the Rebel Alliance. Luke is instructed by Obi-Wan Kenobi's spirit to train under Jedi Master Yoda. Meanwhile, Han, Leia and crew are attacked by the Imperial Fleet and resort to hiding in an asteroid field, unaware of bounty hunter Boba Fett tracking them down on Vader's orders. Han leads the group to Cloud City, a colony run by his friend Lando Calrissian, who betrays them to Vader. Han is taken into Boba Fett's custody to claim bounty from his enemy, Jabba the Hutt – unbeknownst to Luke, who rushes to save them after having a premonition of his injured friends. Luke and Vader engage in a lightsaber duel, and after he refuses to join the dark side, Vader reveals that he is in fact, Luke's father. Upon which Luke flings himself down an airshaft, but is saved by Leia.

Star Wars Episode II: Attack Of The Clones

Delving into Darth Vader's backstory, we watch Jedi apprentice Anakin Skywalker's slow descent into becoming Vader. An assassination attempt on Senator Padme Amidala's life has Obi-Wan Kenobi tasked to capture her would-be killer and Anakin as her bodyguard. This leads to Anakin and Padme falling in love.

The entire Star Wars saga consists three portions, the original Star Wars trilogy, a prequel, and a sequel. Released in that very order, each timeline is a trilogy in itself. It is set "a long time ago, in a galaxy far, far away", where alien creatures, droids and humans coexist.

Meanwhile, Obi-Wan discovers an army of clones produced by the Republic (the supposed good side, led by Supreme Chancellor Palpatine). The clones are based off bounty hunter Jango Fett, who was hired to kill Padme, and in cahoots with Count Dooku, leader of the Seperatists – who is building a droid army of his own. When Obi-Wan is captured by the Seperatists while trying to warn the Jedi Council, Anakin and Padme try to rescue him, but they are caught and sentenced to death. A lightsaber duel ensues between Obi-Wan and Anakin against Dooku, in which the latter severs Anakin's arm. However, Yoda saves the day and Dooku flees to his Sith master, Darth Sidious' side.
In the end, we see Anakin being fitted with a robotic arm and marrying Padme in secret.

Star Wars Episode III: Revenge of the Sith

Obi-Wan and Anakin are missioned to save Palpatine from Count Dooku, unaware of it being the former's scheme. Spoiler alert: Palpatine is actually Darth Sidious, who instigated the Clone War to gain power over the Republic. During his rescue, Palpatine persuades Anakin to murder Count Dooku. Subsequently, Anakin draws closer to Palpatine, who tempts him with knowledge on how to save Padme's life by using the dark side of the Force. Another spoiler: she's pregnant and Anakin has visions of her dying in childbirth. Desperate, he succumbs to Palpatine/ Darth Sidious, who dubs him Darth Vader. Vader then assists Sidious on a Jedi-killing spree.

By then, Obi-Wan and Padme find out, and she confronts him. During which, he Force-chokes her into unconsciousness. Obi-Wan and Vader battle, which ends with Obi-Wan severing his limbs and leaving him for death, although Sidious later 'repairs' him with cybernetic limbs and a respiratory suit. Padme ends up dying in labour after giving birth to twins (Leia and Luke!!!!), and are separated for their safety.

What is the Force?
The Force is a metaphysical power that is able to enhance abilities – both physically and mentally. Force powers also include (but not limited to) telepathy, hypnosis, precognition and enhanced reflexes.

Star Wars Episode VI: Return of the Jedi

Luke and crew endeavour to rescue Han Solo from Jabba the Hutt. Leia disguises herself as a bounty hunter, but is enslaved after releasing Han. After a long battle, they escape, but not before Leia strangles Jabba. Back in safety, Luke finds out from a dying Yoda and Obi-Wan's spirit that Vader is indeed Luke's father, and that Leia is his twin sister. Also, that Luke has to save the galaxy by defeating his own father. While the rebels try to destroy a new version of the Death Star, Luke decides to surrender, attempting to bring Vader away from the dark side. Emperor Palpatine in turn tries to lure Luke by angering him, forcing him into a battle with Vader, which ends with him severing his father's prosthetic arm. Palpatine asks Luke to replace Vader by killing him, but he refuses. The Emperor then tortures Luke with Force lightning, but is saved by Vader who had a change of heart. But Vader is mortally wounded during the fight and dies in Luke's arms.

Meanwhile, the rebels succeed in destroying the Death Star and defeating the Empire. Han and Leia get together after he finds out Luke's her brother, and they all lived happily ever after.
Or did they?

What we know about Star Wars: The Force Awakens so far:

#1 It's set 30 years after *Star Wars VI: Return of the Jedi*

#2 Luke Skywalker (Mark Hamill), Han Solo (Harrison Ford) and Princess Leia (Carrie Fisher) are reprising their roles

#3 BB-8 is the cuter version of R2-D2, and belongs to Poe

New faces



Rey (Daisy Ridley)
A desert scavenger on planet Jakku



Finn (John Boyega)
A Force user and an ex-stormtrooper



Poe Dameron (Oscar Isaac)
A Resistance X-wing fighter pilot



Maz Kanata (Lupita Nyong'o)
Pirate

Antagonist



Supreme Leader Snoke (Andy Serkis)
Kylo Ren's master and part of the Dark Side



Kylo Ren (Adam Driver)
Dark warrior and commander of the First Order



General Hux (Domhnall Gleeson)
Commander of the First Order at Starkiller Base

Our predictions

(We might be massively wrong here, but if it does then we called it!)

#1 Rey is Han Solo's daughter

#2 Kylo Ren is Rey's twin brother, and isn't totally evil after all

#3 Luke Skywalker isn't Supreme Leader Snoke, nor evil (despite what everyone thinks)

#4 Even if he is, he's probably trying to infiltrate and destroy the dark side from within

#5 There will be someone who gets dismembered

Now that you've gotten up to speed, catch the epic Star Wars: The Force Awakens on 17 December in theatres island-wide.

PHOTO: XXX

Teenage MUSIC AWARDS 2015

IT'S BEEN A YEAR OF AMAZING CONCERTS, ALBUM RELEASES AND COMEBACKS, BUT WHO MADE THE CUT TO BE AWARDED THE CROWN IN THE *TEENAGE MUSIC AWARDS 2015*?



LOCAL ACT OF THE YEAR

THE SAM WILLOWS

Never has there been a local band so commercially successful, and rightfully so. The Sam Willows has amassed an impressive string of achievements since bursting onto the music scene three years ago, having performed at big-ticket festivals like *SXSW Music Festival* in Texas, sang on the national stage for *South East Asian Games*, and opened for The Script's concert in Singapore this year. But nothing beats releasing their debut full-length album *Take Heart* after signing on with Sony Music Singapore back in January. We can't wait for the day these guys go global – any day now.



GENTLE BONES

Gentle Bones isn't your ordinary boy next door. Five years after his debut, the rising singer-songwriter became the first Singaporean artiste to land a major record deal with Universal Music Singapore. The future looks set to be even brighter for this young star, who will soon be holding his first ever ticketed concert on 10 December. All these accomplishments by the age of 21? #WeSalute

ALBUM OF THE YEAR

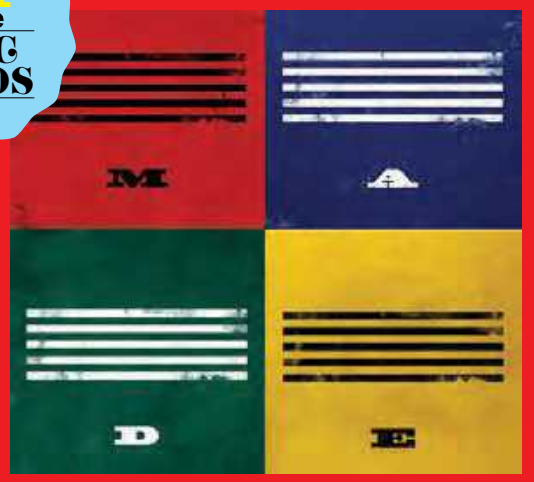
REVIVAL – SELENA GOMEZ

It's a bold move for a 23-year-old to chuck out such a broodingly titled album, but it works. And the result is a triumphant release that sees Selena completely abandoning her Disney trappings. While most of the lyrics obviously reflect the Jelena era, the biggest appeal of *Revival* is how she projects her new brand of confidence into a record full of melodic sensuality, from slamming her haters on 'Kill Em With Kindness' to the euphoric BFF anthem 'Survivors'. While it's too early to tell if *Revival* will go down in pop history, we can say for sure that it's her best album to date.

MADE – BIGBANG

BIGBANG's *MADE* series was an out-of-the-gate success: achieving a 'perfect all-kill' on domestic music charts, selling over 10 million records worldwide, and holding a total of 34 concerts for their accompanying world tour. In a splendid marketing tactic, they rolled out a four-part series *M, A, D* and *E,* which was supposed to be followed by a complete *MADE* album.

But the latter record's release was delayed in typical YG Entertainment fashion – at least we have eight glorious songs to whet our appetites for now. From the deliriously trippy 'Bae Bae' to the heart-tugging 'Let's Not Fall In Love', each track is unapologetically BIGBANG – infectious, eccentric and soulful in all the right places.









BEST BREAKOUT ACT

IKON

iKON is one of the rare power rookies who can achieve such instant stardom – nabbing wins on music shows and selling out their first concert even before their official debut. We're using the term 'rookie' rather loosely here, since the lads already have a rabid following thanks to their Team B roots on *Who is Next: Win* and *Mix & Match*. There's no doubt they'll be the next big thing in K-pop, so it's time to jump on the iKON bandwagon!

CHARLIE PUTH

Looks like we're not the only ones head-over-heels for Charlie Puth. An all-rounded artist, producer and songwriter, this 23-year-old is well on his track to becoming a musically-acclaimed force in the biz. He might've sprung out of nowhere, but it actually took him years of dedication on YouTube before he got his big break. With two Platinum-certified tracks under his belt ('Marvin Gaye' and 'See You Again'), we bet Puth's forthcoming releases will be just as brilliant. Psst, debut studio album *Nine Track Mind* is set to be released on 29 Jan 2016, so keep your ears peeled for it!



READERS' CHOICE
teenage
MUSIC AWARDS
2015



BEST MUSIC VIDEO CONCEPT

BAD BLOOD
TAYLOR SWIFT

It's official: Taylor Swift has set the new gold standard for music videos with 'Bad Blood' – with a little help from Selena Gomez, Cara Delevingne, Karlie Kloss, Gigi Hadid and the rest of her girl gang, of course. Taytay is no longer standing in a nice dress and staring at the sunset; instead, she goes full-on ginger and kicks major ass in this blockbuster-esque vid. Here's the bigger picture: After being betrayed by her comrade Arsyn (Gomez), Catastrophe (Swift) hones her skills with a group of female freedom fighters to get her revenge. The city goes down in flames, and the two opposing armies march across the ruins for the final showdown. So, how 'bout adapting this into a film, T-Swift?





TEENAGE'S CHOICE
teenage
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2015

I NEED YOU
BANGTAN BOYS

Mention BTS and one would immediately think of their boys-will-be-boys concept, but 'I Need You' sees them taking a darker route. They're still the punk misfits we're all familiar with, only it portrays them at their worst – Jimin literally drowning out his sorrows, J-Hope overdosing on pills, V stabbing a man with a broken *soju* bottle etc. Rather than ending on an ugly note, we like how it concludes with a poignant scene of the members cuddling by the fire – an indication that as long as they're together, everything will be alright. And did we mention how awestruck we were by the cinematography?



5 SECONDS OF SUMMER

It's been a tornado of a year for 5SOS, who has since skyrocketed to the top with their addictive ditties, and we doubt they're letting go of their rank anytime soon. But no, they're not just some manufactured boy band that fangirls worship for their melt-worthy looks. Instead, the pop-punk quartet is proving their worth with their do-it-all musical talent – a band that writes their own tunes and plays their own instruments while being all sexy on stage? Yep, these guys definitely have the success formula down pat.

BIGBANG

The Kings of K-pop winning this category comes as no surprise. After all, BIGBANG's reign is unshakeable, even during their three-year hiatus between albums – what more a year filled with wave after wave of comeback hits? Constantly paving the way for new standards in K-pop (loads of groups nowadays carry that BIGBANG flavour, admit it), they're pretty phenomenal. And even for a group of their status and talent, these guys never forget to give their loyal VIPs the well ... VIP treatment. Which is probably the biggest reason why they always come out top in any popularity contest they're placed in.



BEST INDIE ACT

THE 1975

Incredible tunes. Poetic lyrics. Talented Brit alt-rockers. What more could you ask for? The 1975 has been out of the spotlight for most of 2015, but judging from the endless radio airplay, it's safe to say they're keeping a stranglehold on their spot. And it seems like we can all look forward to some spanking new material soon – two years after their last album, the band will be dropping their sophomore effort *I Like It When You Sleep, For You Are So Beautiful Yet So Unaware Of It* (it's a legit title, y'all) in February 2016, followed by a UK tour. Cue the countdown!





KODALINE

An alternative band with such burgeoning popularity even if they're outside the 'Top 40' pop culture bubble? Meet Kodaline, the Dublin four-piece phenom behind 'All I Want', 'High Hopes' and every other track on their flawless discography. Their penchant for milking out radio-conquering offerings is evident in their latest album *Coming Up For Air*, which deserved every bit of their massive accompanying tour. And needless to say, Singaporeans loved 'em – with more than 4,000 turning up for Kodaline's first concert here this August. For an indie act, that's definitely saying something.

BEST COLLABORATION

BAD BLOOD
TAYLOR SWIFT (FEAT. KENDRICK LAMAR)

We thought Taylor Swift's original 'Bad Blood' was good enough, but adding Kendrick Lamar to the mix gives it a whole new flavour. They've always been mutual fans, so it was only a matter of time before these megastars team up for this badass remix. It's good ol' pop meets hip-hop in the sickest way possible, and we have a feeling that this probably won't be the last you'll see of the duo.

SEE YOU AGAIN
WIZ KHALIFA (FEAT. CHARLIE PUTH)

Wiz Khalifa and Charlie Puth are both amazing artistes in their own right, but put them together and you get a truly explosive collab like no other. The pair's smash single 'See You Again' was featured on the soundtrack of *Furious 7* as a tribute to the late Paul Walker, and it's still going strong on the charts months after the film. Not only does it hold a record of 12 non-consecutive weeks on the *Billboard*'s'Hot 100', the track also became the biggest hit of Khalifa and Puth's careers to date. That's pretty darn impressive.







KIM HYUNA

As awesome as we find 4Minute, it's undeniable that HyunA's solo career is where her true legacy lies. No twenty-something idol does the 19+ concept better than HyunA, and her bombastic comeback this August is proof of her taking over K-pop (and the world). Just this year, the provocateur ranked #2 on *Billboard*'s 'World Albums Chart', raked up 18 million views for 'Because I'm The Best (Roll Deep)' MV, and hit three million followers on Instagram. How does she do it? "Because I'm HyunA," is her answer. Need we say more?

TAYLOR SWIFT

We think everyone can agree that 2015 is Taylor Swift's best year yet. Who else has the ability to assemble an all-female army of A-list besties and stage an all-out revolt against Apple, all while selling millions for her *1989* album and world tour? Fun fact: Did you know she had 70 (!!!) concerts planned out this year? Let's not forget that she's the epitome of squad goals, relationship goals ... and life goals in general. We quote media analyst Mike Raia, "Right now, Taylor Swift is untouchable."







BEST MALE ARTISTE

READERS' CHOICE teenage MUSIC AWARDS 2015

TEENAGE'S CHOICE teenage MUSIC AWARDS 2015

G-DRAGON (BIGBANG)

With BIGBANG slaying the competition, it's pretty much a given that G-Dragon nabs the top spot – and hey, we're not complaining. The leader is not only hot in Korea, he's practically the talk of the town wherever he goes. Well, he's basically a vessel of swag onstage yet a total sweetheart off-stage. What's not to love about that? Plus, he's probably the only idol capable of pulling off brazen fashion choices and still garner buckets of praises from critics. He may be fully invested in group promotions this year, but we reckon he'll be back with a huge bang very soon.

ED SHEERAN

Here's a chap who never fails to shoot up the charts whenever he does something musically. But despite not having any new releases, the 'Photograph' singer was busy performing at sold-out shows, making music with Queen Bey and scooping up awards left, right and centre. Clearly the amount of *Grammys* ain't enough for the 24-year-old, as he recently founded his own record label, Gingerbread Man Records. Rumour has it that Mr. Nice Guy might be taking a hiatus to do volunteer work, but break or no break, we're sure you'll still be seeing Sheeran around.



READERS' CHOICE teenage MUSIC AWARDS 2015

PHOTOS: ONE PRODUCTION, LIVE NATION LUSHINGTON

BIG BANG
2015 WORLD TOUR [MADE] IN SINGAPORE

Are we supposed to be surprised that BIGBANG topped the list (again)? We were in the mosh pit and we gotta say: a BIGBANG show is hard to beat. It's tough to discern the highest point of the show – from their majestic entrances, to their spot-on performances to their individual awesomeness. Witnessing a stadium-full of people shouting fan-chants in perfect sync had us convinced that VIPs have hands down the best fan-chants ever. One of the rare acts that we'd recommend to anyone.

IMAGINE DRAGONS
SMOKE + MIRRORS TOUR

Few acts can command a whole stadium as effortlessly as Imagine Dragons. Riding high on the success of their *Smoke + Mirrors* album, these arena juggernauts brought us the complete live treatment on 25 August. It was 90 minutes of anthemic shout-alongs that surfed on a wave of trance-inducing effects, and we dare say it's one of the most rave-tastic gigs we've ever been to. They even (indirectly) staged an after-party on public transport – how often do you get to witness an MRT-carriage of fans belting out to 'Radioactive' in unrehearsed unison?

Reborn, Revived

SELENA GOMEZ'S LATEST ALBUM *REVIVAL* HAS GOTTEN US ALL WORKED UP (IN THE BEST WAY POSSIBLE). WHICH TRACKS DID WE ESPECIALLY LOVE?

BY JOHANNA TEO

Selena Gomez has gone to great lengths to ensure that her music career doesn't bear the shadows of Disney nor her ex-beau, Justin Bieber, and it shows in her latest album, *Revival*. Foraying further into the realm of EDM and having embraced her husky vocals, Gomez's efforts resulted in an interestingly layered, mid-tempo record filled with subtly sensual listens and soul-baring messages that is *Revival*. And perhaps the biggest transformation was Gomez's voice. The 'Good For You' singer has abandoned trying to reach powerhouse status, instead building into "breathy indie-pop vocals", as described by *Rolling Stone* – a wise move in our books, as it makes for an increasingly enjoyable listen. What are our favourites off this stellar album?

Good For You (feat. A$AP Rocky)

"Gonna wear that dress you like, skin-tight / Do my hair up real, real nice / And syncopate my skin to your heart beating"

One of Gomez's biggest hits to date, 'Good For You' dominated music charts and forced the world to actually take the ex-Disney star seriously, ahead of her album release. Exuding a refreshing coming-of-age maturity that plays off as personal sans the stereotypical crassness, the slow-tempo melody is addictive despite lacking the heavy bass and EDM hooks that adorned much of 2015's airwaves. Plus, rapper A$AP Rocky's participation lent 'Good For You' the street-cred that Gomez didn't necessarily need, but nonetheless didn't hurt to have.

Revival

"I feel like I've awakened lately / The chains around me are finally breaking / I've been under self-restoration / I've become my own salvation"

A hybrid mix of pop and heavy synths, Gomez eases us in with a spoken-word intro about how she is "reborn in every moment" preceding its catchy lyrics where she aptly announces her "time to butterfly". This eponymous track sets the tone for *Revival*, an album filled with personal stories of struggles, heartbreak and most importantly, taking control and coming into her own. 'Revival' is a strong word to use, especially for a 23-year-old musician, but Gomez rightfully claims it with her intentions to shed her tabloid-riddled past.

PHOTO: UNIVERSAL MUSIC SINGAPORE



Same Old Love

"Take away your things and go / You can't take back what you said, I know / I've heard it all before, at least a million times / I'm not one to forget, you know"

First listen of this song had us groovin' along to its catchy-as-hell snapping rhythm and Gomez's slightly nasal intonations (which totally works), as she wretchedly declares "I'm so sick of that same old love". Perhaps influenced by Charli XCX who lent her song-writing chops and vocals, this track is a curious fusion of hard-hitting grit, sultry jazz-elements and ever-present synths. Fun fact: 'Same Old Love' ain't a breakup sob story – according to Gomez, it's about having a healthy relationship with her parents. Does this offer more insight into the pop starlet's personal life?

win!

We have three Selena Gomez hampers comprising a poster, a balloon pack and an adidas Neo Cap up for grabs! To win, head to ***www.teenage.com.sg/win***, and enter the promo code **<DEC324SG>** to participate. Closing date: 31 Dec 2015

Me & The Rhythm

"And everybody wants to be touched / Everybody wants to get some / But don't you play a song about love / When I move my body"

A classic free-spirited song that adds to the majority of *Revival*'s dance floor-worthy spins, 'Me & The Rhythm' pulsates with touches of disco and previous pop conquests: 'Love You Like A Love Song' and 'Naturally'. Incidentally, spoken-word interludes are usually hit-and-miss (think Britney Spears' 'Oops! I Did It Again', or more recently, Taylor Swift's 'Shake It Off'). But Gomez pulls it off by injecting a tinge of seduction into her husky timbres. Bravo, pop princess.

Kill Em With Kindness

"We're running out of time / Chasing our lies / Everyday a small piece of you dies / Always somebody you're willing to fight, to be right"

Reportedly a response to naysayers, 'Kill Em With Kindness' bears a positive message that thankfully veers away from cliche, while showing off Gomez's emotional growth. Bearing a catchy whistle refrain that's a balance of intense and carefree (think Adam Lambert's 'Ghost Town' mixed with Hilary Duff's 'Sparks'), she does the music-equivalent of flipping haters the bird. In the classy manner only Sel can, of course.

Sober

"You don't know how to love me when you're sober / When the bottle's done you pull me closer / And you're saying all the things that you're supposed to / But you don't know how to love me when you're sober"

A deceptive Lana-Del-Rey-meets-electro-pop number that slow-burns its way through our headphones, 'Sober' is yet another outstanding piece, and our favourite of the two ballads on *Revival*. Its hauntingly dark message is almost too painful to listen to, especially if you're well-acquainted with Gomez's toxic relationship with Justin Bieber. Ironically, the singer claims "it isn't about one specific person" – instead it's supposedly about social awkwardness. Really?

Hands To Myself

"Can't keep my hands to myself / I mean I could, but why would I want to?"

A hidden gem in *Revival*, 'Hands To Myself' aptly shows off Gomez's efforts in vocal experimentation. She alternates between staccato whispers and breaking into a heady rhythm that builds into a flirtatious dance-pop track that lures listeners in. We kinda wish 'Hands To Myself' was chosen as a single, because this track's a perfect representation of SelGo's new style of chameleon-like confidence.



Take Heart, Take Flight

NOT MANY BANDS CAN BOAST OF MAINSTREAM SUCCESS EVEN BEFORE THEIR DEBUT FULL-LENGTH ALBUM, UNLIKE LOCAL DARLINGS THE SAM WILLOWS. AND THEY'RE POISED TO TAKE OVER THE GLOBAL MUSIC SCENE WITH THEIR SPECIAL BRAND OF INDIE-FOLK-MEETS-POP-ELECTRONIC SOUND, AND EQUALLY CHARMING PERSONAS.

We're sure you've heard of The Sam Willows by now. After all, their arrival in the local music scene in 2012 had quickly grabbed attention, and the band has amassed a strong fan base of diverse ages, performed at countless music festivals, concerts and conferences both on home soil and abroad. They've generally made their presence known everywhere, from music, to theatre to fashion – very impressive considering the market's usually (and unfortunately) more inclined to foreign artistes.

Releasing their debut album *Take Heart* – a blend of catchy tunes, head-bopping rhythms and emotion-invoking lyrics –, this record is perfect airwave fodder.

We've never had a homegrown band achieve this level of local and overseas exposure this rapidly, and this album is a strong testament to The Sam Willows' potential. It'll honestly take us forever to get their tunes out of our head, but hey, that's not so bad.

Here's why you should be excited about their release.

TEXT: HAIRIN RAHMAN ADDITIONAL TEXT: JOHANNA TEO PHOTO: SONY MUSIC SINGAPORE



For Love

We can't mention this album without talking about 'For Love'. We love how their trademark vocals shine here. But more importantly, its music had us shedding tears and running to our loved ones to express our love and gratitude. Benjamin described the song as one about "unrequited, selfless love ... [the kind that] goes against all odds". Fans would know by now that the video itself was inspired by the Kheng siblings' loss of their own mother to cancer. Also noteworthy, is the amount of control they had to give up for the video. Used to doing things on their own, Sandra described how the group had to let go of the reins during the music video's conceptualisation and production, and were very grateful to the people who made 'For Love' the magic that it is.

Stay

We really like the mellow and haunting sound of 'Stay'. The boys sound especially good in this track, while the girls' vocals take on an ethereal quality, turning the track into a time machine of the listener's own experience of lost love. While they're known for their four-part harmonies, the members' individual vocals really shine here. It is a simple and beautiful composition, and one fit for rainy days and reminiscing. We look forward to more of such tracks from them. Note: when Benjamin Kheng asks you to "stay for awhile", you stay.

Taking All His Time

This is definitely a track that sounds different from what we're used to hearing from them, a little grittier, a little more angst, a little less quiet introspection and breathy soaring vocals. It's a nice change, especially since it's the third track, and comes after 'Take Heart' and before 'Riverdance'. It's almost like they're revealing a glimpse of the direction they are capable of taking – the dubstep focus at the end kinda threw us off a little, but we like that unexpected twist.

Take Heart

The lead single to the eponymous album has had tons of airtime on local radio stations and we honestly have not gotten over it since it was released a few months back. Some might say it's a step in a slightly different direction from their previous tracks in their self-titled 2012 EP, but we like this change. The track definitely cements their sound more firmly and helps anchor the whole album around their signature sound. It is very fundamentally The Sam Willows – we personally like to sing it at top of our lungs whenever we need that boost of self-confidence to grab opportunities and seize the day.

Riverdance and Glasshouse

These two tracks are very B.TH (don't think differently of us, but we seriously think the world should be divided into Before 'Take Heart' and After 'Take Heart'.) As with most B.TH songs, these two take us far away from concrete urban jungle Singapore, and into fields of waving grass and forests of ... willows. Both tracks, with their mood-lifting strong beats and memorable guitar riffs are tracks we return to over and over again when we're in desperate need of inspiration and motivation. If you haven't checked out the live performances of these tracks, you should! We think the members jam out best to these songs with their infectious energy.

***Take Heart* is available on iTunes, Spotify, at all digital music stores and music retailers island-wide. #SupportLocalTalent**

All Laned Up

ONE OF THE BIGGEST MUSIC FESTIVALS IN SINGAPORE IS COMING BACK FOR ITS SIXTH INSTALMENT. WE SHARE THE COMPLETE GUIDE ON HOW TO PREP FOR IT, WHAT TO EXPECT AND HOW TO MAKE THE MOST OF YOUR *ST. JEROME'S LANEWAY FESTIVAL 2016* EXPERIENCE.

BY JOHANNA TEO

Start off your year with St. Jerome's Laneway Festival. Happening on 30 January 2016, at The Meadow, Gardens by the Bay. Tickets from $180, sistic.com.sg

If you've attended *St. Jerome's Laneway Festival*, you'd already know that this fest is a smorgasbord of activities – last year, we saw performers, street vendors, food stalls and even a makeshift tattoo parlour happening all at once.

How does one enjoy *Laneway* (or any other festival for that matter) to the fullest? By reading this article of course.



#1 Be Comfortable

Yes, we know you're supposed to dress to your hipster best, but you're honestly better off wearing something you'll be comfy in. Instead of cute dresses, try rompers or shorts that you can actually sit down in. Or comfortable shoes instead of slippers or brand new kicks. You get the drift yeah?

#2 Go Early

Whoever said "the early bird catches the worm" was right. By arriving early to *Laneway*, you'll not only be able to explore festival grounds to get your bearings without having to jostle through the expectedly massive crowd: you'll probably be able to snag yourself the best viewing spots in the house!

#3 Don't Litter

Last year's sold-out fest was an undeniable success, but what really sucked was the heaps of trash left behind by festival-goers. It's not too hard to throw your rubbish in the bin (where it belongs), so exercise consideration guys!

#4 It's Going To Be Hot

Don't underestimate the intensity of our tropical weather. Arm yourself with sweat-proof makeup, bring tissues... basically whatever will keep you sweat free, especially in the unrelenting sun. And put on ample sunscreen – you don't want any unsightly tan lines, do you?

#5 Get Charged Up

St. Jerome's Laneway Festival is a day-long event, where you'll be snapping pics, Instagramming, tweeting... In order to do all of that to your heart's content, prep extra batt for your phone, digital camera, and other devices.

#6 Go Ready For Anything

What'll be in our bags for *Laneway*? A picnic mat (because we don't want to sit on the grass), a poncho in case of rain, spray-on sunscreen, a fan, sunglasses, and perhaps a card game to while away the time between acts. But stick to only the necessities and don't bog yourself down with extra weight – it's gonna weigh a ton by the end of the night.

#7 Plan Ahead

There will be more than one stage at *Laneway*, where there'll be performances scheduled at the same time at different locations, thus making you have to choose between who you'd rather watch. Although the festival schedule isn't out yet (at time of print), keep a lookout for it on *St. Jerome's Laneway Festival Singapore*'s Facebook page in order to effectively plan your music itinerary.

#8 Be Prepared To Shell Out

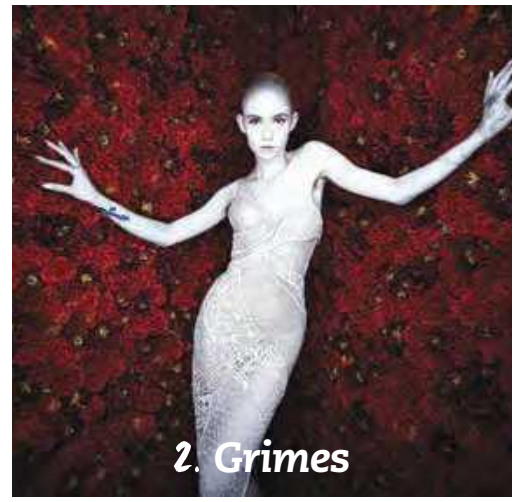
Like all other events where outside food isn't allowed, edibles sold there will definitely be pricier. Last year, we made the mistake of not bringing enough cash (and forgetting our credit card), which meant not being able to buy a gorgeous flower headband because we had to spend our limited funds on food. So unless you're willing to make the long trip out of festival grounds just to eat, make sure you have enough cash (which you'll have to change to tokens) to survive throughout the day.



PHOTOS: GRANT CORNETT, RUVAN, CYBELE MALINOWSKI, JABARI JACOBS, LANEWAY FESTIVAL SINGAPORE

Top 8 music acts on our must-watch list



















MARINA BAY SINGAPORE COUNTDOWN

31 DEC

Haven't firmed up your New Year's Eve plans? Make a date with your friends at this year's *Marina Bay Singapore Countdown! Party* from 2015 to 2016 with live outdoor musical performances, carnivals and waterfront bazaars, don't forget the amazing eight-minute long firework display at the stroke of midnight! www.marinabaycountdown.sg

PHOTOGRAPHY: ANDREW TAN

DECEMBER

Let your hair down at all these exciting extravaganzas happening this month!

4 DEC



10 DEC



Seeing our local talents soar makes us feel so proud! Gentle Bones will be performing his first ticketed concert at The Esplanade Concert Hall. Expect crowd favourites from his self-titled debut EP, as well as tracks from his upcoming second album. Tickets from $45, www.sistic.com.sg

12 DEC

BLISS-OUT 2015

It's time to roll out your yoga mats and get stretching to some indie music by The Naked and Famous and homegrown singer-songwriter Inch Chua at *Bliss-Out 2015*. Led by local yogis Lynn Yeo and Sumei Shum, and internationally renowned yoga instructor Sianna Sherman, indulge in some mindful meditation while surrounded by the flora and fauna of The Gardens by The Bay. Tickets from $80, www.blissout.com.sg



25 DEC



Bask in the spirit of Christmas with the festive decorations along Orchard Road, street performances, food and shopping with your family and friends!

30 DEC



31 DEC - 1 JAN



BUBBLE GLOW 5K + SENTOSA SILOSO BEACH PARTY

The *Sentosa Siloso Beach Party* is back again with a bang! Invigorate yourself before the party with Asia's inaugural 5km UV bubble run before the party starts. Then, welcome the New Year while dancing in a sea of glowing bubbles. How's that for starting the New Year right? Register at www.bubbleglow5k.com

Our Type Of Girl

DEMI LOVATO'S EVOLUTION FROM TROUBLED TEEN TO BONAFIDE POP STAR HAS BEEN NOTHING SHORT OF AMAZING. WE SPEAK TO THE 'CONFIDENT' SINGER, WHO TELLS US EXACTLY WHY WE SHOULD LOVE HER.

BY JOHANNA TEO

Infectious tunes? Check. Slammin' voice? Check. #BossAttitude? Check. Curves for days? Check. Demi Lovato has come a long way since Disney, and gone are the days where she tried to fit into the cookie-cutter mould. And with her latest album *Confident*, Lovato's showing the world a complex blend of her new-found confidence and vulnerability, becoming more relatable to her fans than ever.



PHOTO: UNIVERSAL MUSIC SINGAPORE

The girl gives good advice

"It's important to take notice of how you're feeling," Lovato explained, when we asked her about telltale signs of youth needing help. "From a young age, I knew I wasn't entirely happy regardless of having it all. It wasn't until I was honest about how I was feeling, that I was able to get the help I needed." Reiterating how important it is to surround yourself with good people, she added, "I'm in a great place now – mentally, emotionally and physically – and a lot of that has to do with my support system."

She helps people by sharing her pain

According to Lovato, the most memorable thing a fan has ever told her was simply: "You saved my life." She's been very open about her battle with eating disorders and mental illness, which many are secretly struggling with. The girl even launched a mental-health awareness camp 'Be Vocal: Speak Up for Mental Health', and her candour has definitely given others the courage to come forward with their struggles.

Lovato's unafraid of being herself

The easiest way to shed a good girl image is to rebel in the other direction, as many other child stars have done. But her image transition isn't intentional – she's simply showing the world her inner badass. And according to Lovato, the most wayward thing isn't her risque leather outfits but simply, "my attitude towards life. I'm so excited to see what the future has in store." Her answer's a little ... unexpected, but we'll deal with it.

She has to work hard like everyone else

Whether she's posting sweaty workout pics or going bare-faced in selfies on Instagram, Lovato never hides how hard she works to stay fit and gorgeous, unlike other #IWokeUpLikeThis celebs. Plus, like the rest of us mortals, the girl has an ironclad beauty routine (consisting her own skincare line, DEVONNE By Demi). "It's important to always remember to remove your makeup – clean your face and don't forget to moisturise!"

Her music reflects her personal journey

Lovato's songs have always told her own story, but more so now than ever. "As I've matured, so has my music. I'm in a very different place now than I was a couple of years ago, and that change has been reflected in all of my current projects," the songstress explained, "This album is definitely one of the most personal to me."

Sing It Again

WE SUSS OUT THE BEST COVERS OF 2015'S BIGGEST TRACKS.

BY JOHANNA TEO









1. 'CAN'T FEEL MY FACE' (*BEAUTY BEHIND THE MADNESS*)

The Weeknd

The Weeknd's been rolling out non-stop hits and this track's no exception. A thoroughly infectious pop number reminiscent of Michael Jackson, 'Can't Feel My Face' blew up the airwaves, subsequently becoming the singer's first *Billboard* chart-topper – drug lovin' lyrics and all.

Walk Off The Earth
www.youtube.com/WalkOffTheEarthVEVO

William Singe
www.youtube.com/stashhurrikane

Sam Tsui
www.youtube.com/TheSamTsui

Karmin
www.youtube.com/karmincovers



2. 'WILDEST DREAMS' (*1989*)

Taylor Swift

Her fifth number-one hit from *1989*, 'Wildest Dreams' is a smouldering Lana Del Rey-esque ballad that shows off Taylor's sweet albeit breathy vocals. In hindsight, although 'Wildest Dreams' initially takes a backseat to her other hits like 'Shake It Off' and 'Blank Space', we found ourselves repeating this song much more so than the others. There's just something about the way Tay sings it...

Tanner Patrick and Kris Williams
www.youtube.com/TannerPatrick

Tiffany Alvord and Tyler Ward
www.youtube.com/TiffanyAlvord

Jayesslee and Kurt Hugo Schneider
www.youtube.com/KurtHugoSchneider



3. 'SEE YOU AGAIN'

Wiz Khalifa feat. Charlie Puth

Co-written by Wiz Khalifa and Charlie Puth as a tear-jerking tribute for the late *Fast and Furious* star Paul Walker, 'See You Again' has achieved phenomenal levels of success, to nobody's surprise. The hip-hop collaboration's widespread impact led to 'See You Again' becoming the first of its genre to reach one billion views on YouTube, and put Puth's burgeoning career firmly on the map.

Against The Current
www.youtube.com/againstthecurrentNY

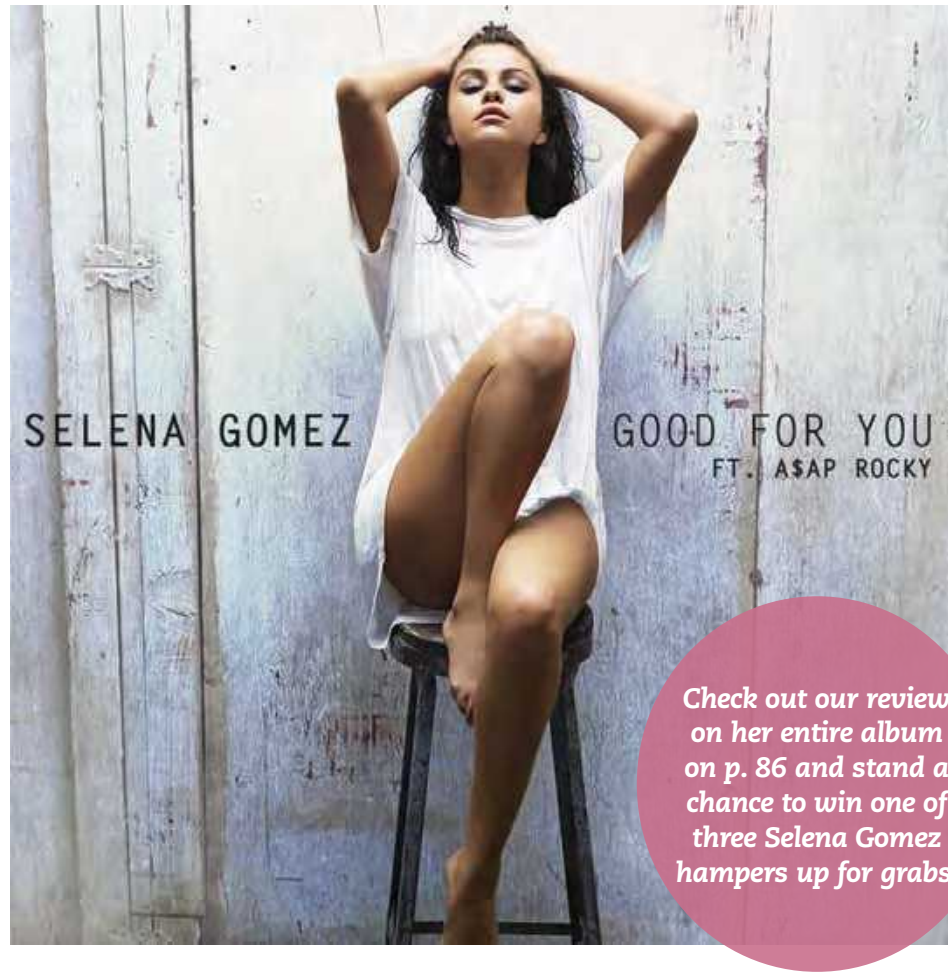
Madilyn Bailey
www.youtube.com/MadilynBailey

Cimorelli and The Johnsons
www.youtube.com/cimorellitheband

Boyce Avenue and Bea Miller
www.youtube.com/boyceavenue







Check out our review on her entire album on p. 86 and stand a chance to win one of three Selena Gomez hampers up for grabs.



'WHAT DO YOU MEAN?' (*PURPOSE*)

Justin Bieber

Basically, 'What Do You Mean' is a song questioning the mind-boggling ways of females and how "you nod your head yes, but you wanna say no". Justin Bieber's presumably singing about his ex-girlfriend Selena Gomez in a roundabout kinda way. Despite that, the catchiness of this track is undeniable. And it added to Bieber's new and improved image – one where he's all philosophical and searching his soul for his life's #purpose. Geddit?

Christina Grimmie
www.youtube.com/zeldaxlove64

Leroy Sanchaz
www.youtube.com/superleroyvv

Amanda Law
www.youtube.com/flipnchynk



'LOCKED AWAY' (*WHAT DREAMS ARE MADE OF*)

R. City feat. Adam Levine

A powerfully poignant song masked under pop/rap disguise, 'Locked Away' paints 'what if' scenarios, posing thought-provoking questions about relationships and commitment. Adam Levine's vocal contribution lends a sentimental edge to the otherwise careless reggae beats of the R. City hip-hop duo, making it an overall well-fleshed out track.

Chris Brenner and Kim Leitinger
www.youtube.com/ChrisBrennerMusic

Rajiv Dhall
www.youtube.com/TwentyForSevenTV

Maddie Wilson and Madilyn Paige
www.youtube.com/Maddiewilsonstunes



'GOOD FOR YOU' (*REVIVAL*)

Selena Gomez

Seeing as we've already gone into detail about Selena Gomez and her breakthrough album (in our opinion), we'll not go extensively into 'Good For You'. But truth be told, this track is one of our favourites off this list, if only for the fact that it showcases Gomez in her sultry goodness (no pun intended), doing wonders to prove her credibility as a true artiste.

Sofia Karlberg
www.youtube.com/sofiakarlbergs

Jason Chen
www.youtube.com/miniachilles

Bri Heart
www.youtube.com/BriHeartMusic

Macy Kate
www.youtube.com/macykatemusic

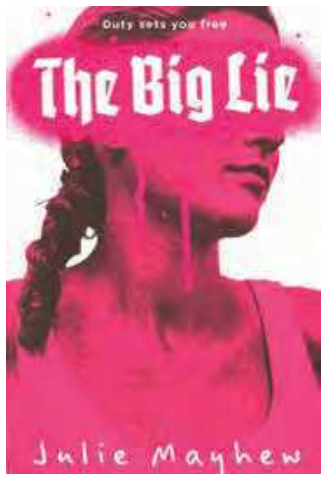
WATCH • READ • SPIN

DEC 2015



LOVE FORTUNES AND OTHER DISASTERS BY KIMBERLY KARALIUS

Having a prince charming to sweep us off our feet someday is a nice sentiment, but this dream seems excruciatingly out of reach for our protagonist Fallon Dupree. After having her fortune told (which is said to be 100 per cent accurate!) that she will never find true love, Fallon decides to take matters into her own hands and ends up enlisting the help of notorious lady-killer Sebastian to turn the tables. Despite the vengeful premise, it's a feel-good story of love, friends and family all meshed together in a unique realism concept.



THE BIG LIE BY JULIE MAYHEW

In *The Big Lie*, Jessika is given the choice to keep her persona as the 'perfect' champion ice skater/model student/dutiful daughter whom everyone adores, or to keep her dearest friend and first love Clementine by her side. Jessika's struggles reflects greatly on how society plays a part in the fight between fitting in and being who you truly are, even if it's vastly different from the norm. Best of all, it's all set within a 2014 rendition of Nazi England. Say what? Now that's definitely not a typical storyline we see every day!



EREN BY SIMON P. CLARK

Oli was brought over to the countryside by his mum to spend his summer vacation. But what seems odd is his dad's absence, and the meltdown mum would always experience. Secrets are hidden from him and it's driving him insane, until he met a mythical creature by the name of Eren. This so-called 'new friend' listened to him whenever no one understood how he feels, but little did he know that this part monster, part illusion, part fog – whatever it is – actually feeds on his darkest fears...



KRAMPUS

3 DEC

Better get jolly for Christmas, lest you unleash the wrath of Krampus. This mythical half-goat half-man demon (aka Santa's evil twin) shows up on the streets during Krampus Night to punish all the naughty kids. Unfortunately for Max's (Emjay Anthony) dysfunctional family – who comes together to celebrate Christmas despite hating each other's guts – they've become Krampus' next target following a series of ill-fated events. All hell breaks loose and the only way to survive is to fight for one another. Will it still be a wonderful time of the year for the family? We can't say for sure.



THE NIGHT BEFORE

10 DEC

Christmas is all 'bout having fun with your pals, and never more so than the three musketeers in this debauchery-fueled flick. For the past decade, best friends Ethan (Joseph Gordon-Levitt), Isaac (Seth Rogen) and Chris (Anthony Mackie) never failed to meet up in New York City every Christmas Eve for a wild night of revelry. Then came adulthood, which forces their annual tradition to an end. What could they do different this year to make their last get-together a memorable one? Going to the greatest party ever, *The Nutcracka Ball*. Or at least that's what they think it is...

The whole 'we're fated to meet each other' trope has been used a gazillion times, but hey, we're not about to complain if it's Captain America taking charge of the director's chair. Starring alongside Alice Eves, Chris Evans plays Nick, a busker who bumps into a lady stranded at the train station after missing her ride back to Boston. While helping her to find a way home, the pair spent the night wandering around town and getting to know each other. Eventually, sparks begin to fly between the two strangers. And with this being Chris Evans' directional debut, we sure have high hopes for the film!

BEFORE WE GO

17 DEC





POINT-BREAK

24 DEC

We can't emphasise enough how excited we are for the upcoming remake of the classic 1991 hit, *Point Break*. Young FBI agent Johnny Utah (Luke Bracey) goes undercover to investigate a team of extreme sports athletes who are suspected as the masterminds behind a crazily well-executed series of corporate heists – which are awesomely badass in our book. Where else can we find robbers who would literally let cash fall from the sky while conducting hair-raising antics like jumping off a plane (sans a parachute) and riding a monstrous 70-foot wave? To top it off, we have gorgeous hunk Luke Bracey as the male lead to feast our eyes on.



2002 – GARY

Running Man's Gary is back as Leesang's Gary with his much-anticipated solo comeback. Packed with 10 new tunes in his first studio album, the rapper proved his talent by playing a big part in producing, composing and vocal arrangement for all the tracks. We love how *2002* is not just dominated by hardcore rap sequences, but comprises a melting pot of elements from soothing blues all the way to addictive pop.



SUGAR – ROBIN SCHULZ

If you are into EDM, we bet you'd have at least hit the replay button on Robin Schulz's smash single 'Sugar' once (or twice). Producing yet another whooping 15-track album just a year after his debut album *Prayer*, we sure were expecting *Sugar* to be the bomb – and we're not disappointed. Although critics have pointed out that his works are pretty much similar, we still have to say it's an A for effort for Schulz. There's a reason why 'Sugar' and 'Headlights' are sure-fire hits, no?



BEAUTIFUL MELODY – MING BRIDGES

Fun fact: Did you know that Singaporean songstress Ming Bridges won our very own *Teenage Icon* singing competition back in 2006? Then only 13-year-old, she has certainly come far, with four successful releases under her belt which includes her latest and most intimate record to date – *Beautiful Melody*. The six-track album is filled with sweeping ballads that show her vulnerability through self-reflective lyrics. We got to say, this album is a collection of beautiful melodies indeed!



DADDY'S HOME

31 DEC

What do you get when you put your dad and step-father under one roof? Chaos. Good-natured radio executive Brad (Will Ferrell) strives to become the best step-dad to his wife's (Linda Cardellini) two children, but it's certainly no walk in the park. Adding on to his misery, things get tough when their biological father, Dusty (Mark Wahlberg) arrives at their doorstep. Between the protective and loving family man who floods the kids with affection, and the 'cool dad' who can do anything and everything, who will emerge victorious? Guess we'll have to catch it to find out!

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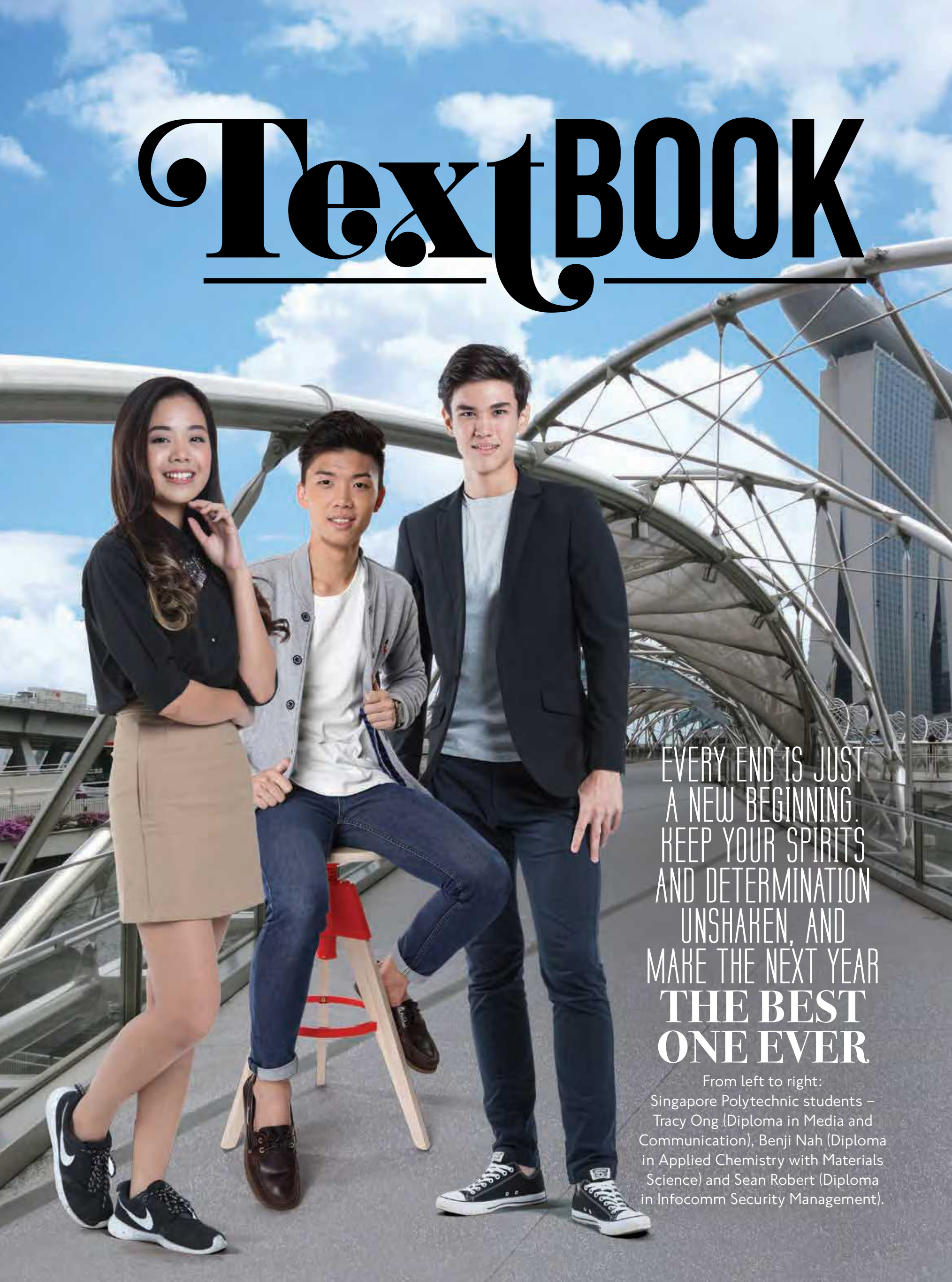
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EVERY END IS JUST A NEW BEGINNING. KEEP YOUR SPIRITS AND DETERMINATION UNSHAKEN, AND MAKE THE NEXT YEAR **THE BEST ONE EVER.**

From left to right: Singapore Polytechnic students – Tracy Ong (Diploma in Media and Communication), Benji Nah (Diploma in Applied Chemistry with Materials Science) and Sean Robert (Diploma in Infocomm Security Management).

WHAT'S YOUR DREAM CAREER?

Figuring out your ideal career path isn't a walk in the park, but this quiz will help point you in the right direction.





Intelligent and quick-witted, you have the ability to counter every move from your opponent. So it seems like you will have no problems surviving in the high pressure of the **Law** industry – put your skills to good use!



Your approachable disposition gives you a big advantage in **Hospitality & Tourism Management**. You tend to put other people's needs ahead of your own, and that's what makes you a valuable addition to the team.



You've got a heart of gold and a dedicated soul, which makes you a perfect fit in the ever-rewarding field of **Nursing & Allied Health**. With your positive attitude, you're a comforting figure whom people can always count on to get through difficult times.



Armed with a wealth of knowledge, you enjoy sharing your insights with others and serve as a great role model for your peers. For a dynamic individual like yourself, **Humanities & Social Sciences** would surely be up your alley.



If you love working with numbers, then **Accounting & Finance** might just be your true calling. As the most dependable one among your friends, they trust you with money and rely on you to make informed decisions.



Eager and committed, your go-getter spirit makes you a natural in the **Business & Management** sector. You're never afraid to grasp opportunities, so don't let go of this career goal!



You have the knack of telling stories through words, so why not make the most of your forte in **Communication & Media**? With an open and inquisitive mind, you know how to read between the lines and piece together the facts.



Highly regarded as the brain of the group, you practically live and breathe all thing technology, making you perfect for the world of **Information Technology**. You possess great passion for coding, and dream to make a revolutionary breakthrough someday.



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NANYANG POLYTECHNIC





Where: 180 Ang Mo Kio Ave 8
When: 7 to 9 Jan, 10am to 6pm, 8 Jan, 6pm to 11pm
Wander through Nanyang Polytechnic (NYP) from day to night and experience the campus in a different light. With seven different schools, 46 diploma courses and three engineering programmes, there will be much to explore at the *NYP Open House*. Don't miss the buzz on Friday night with *Choices After 'O's Parents' Seminar, NYP Jam!* singing competition finals and performance by Take Two. Watch the finalists of the *NYP Groove!* street dance competition show off heart-pumping moves on Saturday.



NGEE ANN POLYTECHNIC





Where: 535 Clementi Road
When: 7 to 9 Jan, 10am to 6pm
With 49 different courses to choose from, discover what Ngee Ann Polytechnic (NP) has to offer at the *Find Your Dream Course* workshop (11am, 12.30pm, 2.30pm and 4.30pm at Blk 58). Explore the campus facilities, speak to the lecturers, and find out about the diplomas, scholarships and other exciting programmes offered to NP students. Don't forget to collect exclusive goodie bags, good luck cookies, and try to spot roving CCA flash mobs! Just hop on to the free shuttle bus from Clementi MRT Station to visit the campus.



REPUBLIC POLYTECHNIC





Where: 9 Woodlands Ave 9
When: 7 to 9 Jan, 10am to 6pm
Hop on the free shuttle bus between Woodlands MRT (taxi stand) and Republic Polytechnic (RP) and be dazzled by the interactive exhibitions and fun campus tours. There are exclusive *Open House* goodie bags and attractive prizes to be won. Interact with the students and lecturers to find out more about the diplomas and scholarship programmes offered. Choose from 42 diplomas across seven schools, and explore the vibrant student life with the unique and wide range of CCAs offered by RP.



SINGAPORE POLYTECHNIC





Where: 500 Dover Rd
When: 7 to 9 Jan, 10am to 6pm
Conveniently located next to Dover MRT Station, visitors to the Singapore Polytechnic (SP) *Open House* are amongst the first to explore the new AeroHub and SP Business School building. Enroll in the school tours and be mesmerised by the state-of-the-art learning facilities that SP has to offer. Pair up with the right student ambassadors with a quiz on *openhouse.sp.edu.sg* and have your questions answered. Don't forget to check out the performances by various CCAs and grab a goodie bag while you're there.



TEMASEK POLYTECHNIC







Where: 21 Tampines Ave 1
When: 7 to 9 Jan, 10am to 6pm
Pursue your passion with any of the 51 courses offered by Temasek Polytechnic (TP). Check out student projects, tour facilities from aviation hubs to culinary kitchens, and speak with course counsellors to figure out which courses are perfect for you. Also, find out everything you need to know about polytechnic education at the annual *Beyond 'O' Level Seminar* on 9 January. Plus, check out live performances, enjoy free ice cream and take home a limited edition T-shirt!



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Wanna be on top?

For many, the fashion world might seem a glamorous one. We leave it to Jeremy Ng, MDIS Fashion Marketing and Branding student to tell you all the hard work that goes behind it.

As a young boy of 17, Jeremy was marveled by the allure of the fashion world – sending out emails to stylists, photographers and designers to offer assistance in exchange for learning opportunities. The work was never easy, but it was the passion that saw him through every assignment he took on.

He decided to enrol in MDIS School of Fashion and Design for the Diploma in Fashion Design and Marketing programme. He picked up knowledge in both design and marketing disciplines, and eventually progressed to the Bachelor of Arts (Hons) Fashion Marketing and Branding, awarded by Nottingham Trent University (UK).

When asked about the biggest difference between the diploma and degree courses in MDIS, Jeremy comments, "At the degree level, everyone is really competitive because of the passion they have for fashion." But one fact remains the same – the dedication that MDIS lecturers have towards their students across all levels.

"The lecturers are patient, helpful and encouraging, always guiding us when we face difficulties with our assignment," says Jeremy. "They are willing to go above and beyond to ensure that we understand the topics, even if it means taking up their free time. That was the most important factor when I was deciding on whether to continue my studies with MDIS."

And perhaps it is the passion that the lecturers have that spurred Jeremy on his learning journey – eventually scoring him an internship with an Italian luxury fashion house through the school.

His duties include dealing with product loans for magazine photo shoots, and working closely with stylists and writers from the media. As there can be multiple publications loaning different clothes and shoes each time, Jeremy has to be meticulous when it comes to tracking the items that are borrowed. He also has to bear in mind the deadlines that these magazines face, often working fast to accommodate to their schedule.

Jeremy is thankful for the opportunity to work in one of the most prestigious fashion houses thanks to MDIS School of Fashion and Design's connections within the industry. His internship has solidified his love in the field, and he hopes to pursue a career in public relations and eventually start his own fashion label – Jeremy Chase.

FASHION COURSES AT A GLANCE

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(Awarded by Nottingham Trent University, UK)
GCE 'A' Level and polytechnic diploma holders may apply

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THIRST FOR SUCCESS

Two stellar entrepreneurs in their own right, Nanyang Polytechnic (NYP) graduates Lim Chian Song and Tan Tse Yong are fast making a name for themselves in the industry. But what's the secret to their start-up success?



As an aspiring game programmer, NYP's Diploma in Digital Entertainment Technology was a perfect match for Lim Chian Song. "There was no other polytechnic offering game development courses, so we were the first batch for our generation," he states. "We were able to learn from lecturers who were from the game industry as they imparted their experiences to us."

Most graduates would solely focus on their studies, but Chian Song had a bigger dream ahead: starting a game development company. The idea was sparked by partners Chin Yong Kian and Jonathan Ong during their time in NYP, and they were later joined by Chian Song to make their dream into a reality.

The trio formed Rotten Mage after completing their undergraduate studies in 2013, but running a business wasn't as easy as they thought. "We had no real vision on what we wanted to do. We just knew we wanted to create fun, entertaining games," says Chian Song, "We started out with tiny web-based games before working on a bigger project titled *Blue Giant*, which had to be scraped as it was too massive for us. But it led to the birth of *Spacejacked* and that's when we truly found Rotten Mage's identity."

Spacejacked bagged the 'Best Linux Game' award in the *2015 Intel Level Up Contest* recently. Meanwhile, the team is planning to launch the game in early 2016 and will be looking into improving the features and graphics. Also, they hope to make the game available on game console systems in the future.



From a star student to the boss of three lucrative ventures, Tan Tse Yong built a multi-million health and wellness empire after graduating from NYP in 2004. But what's unexpected was that this former Junior College student once struggled with his grades. "I failed the General Paper at the GCE 'A' Level," Tse Yong confesses, but it proved to be a good wake-up call. "This setback taught me that my worth in life was not to be determined by a piece of paper."

After completing National Service, Tse Yong went to pursue Diploma in Sport and Wellness Management in NYP. It was there that he met his business partner, Steve Chan. With the encouragement from their lecturers, the duo went into gym management business and in 2010, they launched FitLion, a sports nutrition superstore to promote healthy living. Their decision to enter e-commerce paid off, with the brand emerging as the top sports nutrition online retailer in Singapore and is expecting a projected sales of $10 million this year. They also own seven gym outlets and recently started their food business arm, The Protein Cafe.

Crediting his achievements to his alma mater, he recalls how NYP had "prepared me to handle the different aspects of business like human resource, finance and logistics". He also picked up networking and analytical skills, which provided a strong foundation for his businesses. Tse Yong is enjoying a tidal wave of success and it's poised to grow even bigger. "We hope to go beyond the borders to establish ourselves in the region, such as Malaysia, Taiwan and China."

NEW GENERATION ENTREPRENEURS

LIM CHIAN SONG

ALUMNUS, DIPLOMA IN DIGITAL ENTERTAINMENT TECHNOLOGY

SCHOOL OF INTERACTIVE & DIGITAL MEDIA



TAN TSE YONG

ALUMNUS, DIPLOMA IN SPORT & WELLNESS MANAGEMENT

SCHOOL OF BUSINESS MANAGEMENT



Inspired by Chian Song and Tse Yong's entrepreneurial adventures? Be innovative and enterprising, choose your own adventure at *NYP Open House* from 7 to 9 Jan 2016!

SCORE A KILLER INTERNSHIP

REAL WORLD EXPERIENCE

Just how far can an internship take you? Hear it from Nanyang Polytechnic (NYP) students Rachel Tan and Kush Yogesh Kumar Madia, who had a valuable and dynamite internship.

RACHEL TAN YAN ZI

YEAR 3, DIPLOMA IN HOSPITALITY & TOURISM MANAGEMENT

SCHOOL OF BUSINESS MANAGEMENT





Phuket, Kyoto, Osaka, Athens – these are the places Rachel Tan travelled the world for after snagging a sweet six-month gig at Spinergy Inc. As a Diploma in Hospitality & Tourism Management student, Rachel not only gets to indulge her wanderlust, but also broaden her horizons and gain cultural exposure in different countries. "It was a totally new experience for me!" she chirps. "I've definitely acquired invaluable experiences about the industry and grew as a person."

While you might think Rachel landed a pretty awesome internship, it's not all just globetrotting and glamour. Work still had to be done – her role overseas included setting up of the hospitality desk, on-site registration, secretarial and logistics support. Initially, she had some difficulties adapting to the working culture, but she managed to overcome the barrier and soon became part of the big family. To further sweeten the deal, she was offered a two-month contract at the end of her internship.

When asked about how her classroom knowledge came in handy during her internship, she explains: "In class, I learnt a lot of theories. But I never knew how to put them into practice until I started my internship. From there, I was able to apply what I learnt and even picked up new skills."

It was an eye-opening experience for her – she's now more passionate than ever about the industry, and is excited to explore the other aspects of MICE. Upon graduating, she hopes to pursue a Bachelor Degree in Hospitality Business.

KUSH YOGESH KUMAR MADIA

ALUMNUS, DIPLOMA IN AEROSPACE SYSTEMS & MANAGEMENT

SCHOOL OF ENGINEERING





Getting an internship opportunity in an airline is no easy feat, but NYP's Diploma in Aerospace Systems & Management alumnus Kush Yogesh Kumar Madia was privileged to land into a 24-week internship at Jetstar Asia Airways Pte Ltd.

Armed with "an all-rounded education" from NYP, Kush was ready to become an integral part of the crew. Being a member of the Materials team and the Fleet Planning team from the Engineering and Maintenance Department helped him immerse in the workings of the industry and allowed him to gain an in-depth understanding of the airline operations.

The communication skills, multi-tasking and time management capabilities, and technical knowledge that he picked up in NYP came in handy at work. "Internship was an eye-opener for me. It brought my lessons to life." says Kush. "I had opportunities to observe the aircraft as well as its systems and components upclose. I also get to go on workshop visits, Maintenance Repair & Overhaul conferences and exhibitions, hangar visits and occasional rounds to the ramp area with the engineers to inspect the aircraft."

It's a whole new ballgame for Kush now that he signed on as an Air Force Engineer, but we've got to say that his journey thus far has been incredible.

Ready for a fun and rewarding internship? Be innovative and enterprising, choose your own adventure at *NYP Open House* from 7 to 9 Jan 2016!

TRAVEL IS KNOWLEDGE

It's a dream come true for Leow Min Chon and Teo Yi Xuan, who discovered the world through the variety of overseas opportunities Nanyang Polytechnic (NYP) has to offer.

ADVENTURES ABROAD



Fancy roaming through sacred grounds of a royal palace, revelling in the natural beauty of the wilderness, and skipping stones along the river? It's not every day that you get to experience this, but those were what Leow Min Chon, NYP's Diploma in Engineering with Business student, experienced during his recent expedition to Thailand.

Been nominated by his lecturer for the overseas programme, Min Chon jumped at the opportunity to take part in the *Asean Youth Camp 2015*, in which he reveals to be his most memorable trip thus far. Despite the myriad of culturally diverse personalities, everyone interacted well with each other. Travelling from Salaya to Huahin and lastly Petch Rim Tarn, the group enjoyed immersion trips to major landmarks, museums, temples and floating markets. Min Chon went on his second 'excursion' to Thailand in September for the Temasek Foundation Specialists' Community Action and Leadership Exchange Programme. For his next trip, he will be going to Japan for the Japan-EAST Asia Network of Exchange for Students and Youths Programme.

For a young chap like Min Chon, it came to us as a surprise that the most important life lesson he learnt abroad was actually about our homeland. "When I was overseas, I experienced and saw the difference in society and the level of development as compared to Singapore. It dawned on me how privileged we are and it really took down the walls of prejudice that Singaporeans would normally have." Wise words indeed!

LEOW MIN CHON

YEAR 2, DIPLOMA IN ENGINEERING WITH BUSINESS

SCHOOL OF ENGINEERING





Who says you can't have the best of both worlds? For Teo Yi Xuan, a student pursuing the Diploma in Social Sciences (Social Work) at NYP, she sees the world and experiences another culture, all while making a difference in other people's lives. Earlier this year, she went on a three-week overseas exchange programme to Hong Kong's Caritas Institute of Highter Education, where she attended social work lectures, visited social service agencies, and participated in various outreach and volunteering projects.

However, the most rewarding part of the journey is the friendships forged between Yi Xuan and the social work students in Hong Kong. "They're extremely welcoming," she shares. "We've grown really close over the three weeks, sharing everything from our passion for social work to our troubles in life." She took home more than just memories – through the various field trips, she gained a better idea of the different approaches used in managing social service agencies: "The knowledge I gained on the trip helped to widen my perspective on social services. It made me ponder about our current systems and how we can improve them."

Besides Hong Kong, she also went to Shanghai for a social work exchange programme and Malaysia for a Polytechnic forum. Yi Xuan looks forward to adding the "more developed" Western countries into her bucket, and plans to further her studies in social work at National University of Singapore.

TEO YI XUAN

YEAR 3, DIPLOMA IN SOCIAL SCIENCES (SOCIAL WORK)

SCHOOL OF HEALTH SCIENCES



Make the world your classroom. Be innovative and enterprising, choose your own adventure at *NYP Open House* from 7 to 9 Jan 2016!

UNLEASH YOUR CREATIVITY

Check out how Nanyang Polytechnic (NYP) students transformed small ideas into big results with their ingenious innovations.

AN EYE FOR INNOVATION

FIONA TAN WEI TING

ALUMNA, DIPLOMA IN FOOD SCIENCE & NUTRITION

SCHOOL OF CHEMICAL & LIFE SCIENCES

TONG LIN

YEAR 3, DIPLOMA IN VISUAL COMMUNICATION

SCHOOL OF DESIGN



A guilt-free sweet treat? Sounds like a recipe for success. Having previously won the 'Best New Ice Cream Award' in 2010 and 2011, NYP continued its winning streak with Mangolina, a dessert that comprises three layers – fresh mango puree, skimmed milk pudding and spirulina bits. Created by four students from NYP's School of Chemical & Life Sciences and packaged by three students from the School of Design, Mangolina clinched the 'Best Dairy Dessert Award' at the *2015 Word Dairy Innovation Awards Competition*, beating industry bigwigs like Unilever Pte Ltd.

"Our vision is to provide a nutritious treat for the young at heart," explains Fiona Tan, NYP's Diploma in Food Science & Nutrition alumna. "The unique selling point of our dessert is that we make use of modern molecular gastronomy art to create the spirulina bits. It's a whole new experience for the palate." The baton was then passed to the students from the Diploma in Visual Communication, who came up with a packaging that epitomises the healthy ingredients in Mangolina. "We embarked on this without any expectations and giving nothing but our very best," states Tong Lin, a member of the team. "NYP provided us a platform to express our talent and flair in design, as well as the support we needed for constant improvement."

Elated about the win, Fiona expresses gratitude to her lecturers in NYP. "This was not the result of a single person's idea or effort, but the result of everyone's creativity. Without the guidance from our lecturers, we may not have come up with such a great product." The team now hopes to introduce Mangolina into the market and share this healthy dessert with everyone.

VICKI NG MEI QI

ALUMNA, DIPLOMA IN VISUAL COMMUNICATION

SCHOOL OF DESIGN





If you're a regular patron of UNIQLO, you might have seen Vicki Ng's brilliant SG50 T-shirt designs. A recent graduate from NYP's Diploma in Visual Communication, the 22-year-old is the brainchild behind '50 Types of Singaporeans', which was originally part of her final year project. Her idiosyncratic designs revolve around tongue-in-cheek Singaporean sayings that run the gamut from '*chop chop kali pok*' to '*ya ya papaya*'.

Vicki's work caught the eye of UNIQLO Singapore, who decided to debut her collection via the brand's UTme! app under the UNIQLO Street Tales initiative. To celebrate the golden jubilee, shoppers at UNIQLO's Bugis+ outlet were able to print their favourite catchphrases onto UNIQLO T-shirts. Speaking about her thoughts on the unexpected collaboration, Vicki exclaims: "I am truly humbled to be given such an incredible opportunity. It strengthened my faith in not only my craft and designs, but also Singapore's local design scene as a whole."

Inspired by Singaporeans from all walks of life, '50 Types of Singaporeans' was born with the intention to strengthen our national identity and reignite the spirit of community. "Singapore may be a melting pot of cultures, but there are still many elements that are uniquely Singaporean. I am extremely grateful that a huge brand like UNIQLO recognises the applicability of the designs. I hope they become a cool conversation topic among youths, now that they have a much wider audience."

Have the desire to change the world with your invention? Be innovative and enterprising, choose your own adventure at *NYP Open House* from 7 to 9 Jan 2016!

WHO SAID WHAT?

We wrap 2015 up with the most epic (and occasionally hilarious) celeb quotes of the year.

BY JOHANNA TEO



It's one thing to be *inspired by people*, it's another to rip people off. Whatever bad things you have done will eventually come back around and *bite you in the a**. Patiently waiting.*

BUT IT'S TRUE! WE'RE ALL GOING TO DIE, AND WE'RE NOT GOING TO HAVE FACES ANYMORE. SO DO WHAT YOU WANT WITH YOUR FACE, BECAUSE IT WILL BE A SKULL PRETTY SOON.

Emma Stone

This b**ch that had a lot to say about me the other day in the press.

Miley, what's good?



I sent him [Nick Offerman] a picture of a giant TURD on his birthday, and I said, 'You guys have the SAME BIRTHDAY.'



LIVING WITH A GIRL, IT WAS JUST TOO MUCH AT THAT AGE. BUT WE WERE SO *IN LOVE* NOTHING ELSE MATTERED. WE WERE ALL ABOUT EACH OTHER.

Justin Bieber

I ALREADY TRIED TO WORK WITH THE HEMSWORTHS. THEY'RE REALLY BUSY. I'M LIKE, "GUYS, WE'RE ALL AUSTRALIANS. CAN'T YOU JUST NOT DO THE OTHER *HUNGER GAMES* AND DO A MOVIE WITH ME?"

Rebel Wilson



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WHAT'S YOUR BEST MEMORY OF 2015?

As the year draws to a close, we asked Singapore Polytechnic students what made 2015 a memorable one.



Rena Shafiqah Bte Rosmadi

Diploma in Tourism and Resort Management

It was a memorable time for me to represent Singapore Polytechnic in *Got To Move 2015*, Singapore's first nationwide platform to celebrate dance, organised by National Arts Council.



Victoria Tan

Diploma in Architecture

Mountain climbing, trekking, stargazing and staying in the high altitudes of Shangri-La in Yunnan, China for two weeks. I was there with fellow members from the *SP Outstanding Talent* programme. 2015 was a year where I found clarity of mind and thus was able to balance schoolwork with other personal commitments.



Gan Zhi Jian

Diploma in Banking and Finance

One was winning *Hey Gorgeous*. The other is defending our dragon boat championship title for the second year running.



Kosin Ta

Diploma in Mechanical Engineering

Getting a perfect score for my last semester! I'm proud that I managed to achieve that.



Pavan Singh

Diploma in Electrical and Electronic Engineering

Going to Outward Bound Singapore was the best thing because it gave me time to reflect. I was able to find out more about myself, and the life I wanted to live.



Loh Jia Jun

Diploma in Chemical Engineering

I got the chance to meet my favourite *DOTA 2* professional players that came all the way from Europe to play in an invited competition in Singapore.



Chong Xuuen

Diploma in Nautical Studies

Receiving a scholarship to pursue my diploma course in Singapore Polytechnic! It gave me a sense of fulfilment.

SHARP GIRL, SMART CHOICE

GROWING UP IN THE DIGITAL AGE MADE SINGAPORE POLYTECHNIC (SP) STUDENT GOH JIA YI EXCEPTIONALLY DRAWN TO TECHNOLOGY AS A SOURCE OF INSPIRATION. WE FIND OUT WHY TAKING UP THE DIPLOMA IN FINANCIAL INFORMATICS WAS A CLEVER CHOICE FOR THIS BRAINY GIRL.

While most 'O' Level students may be undecided on their future career paths, Jia Yi has it all figured out. The former Temasek Secondary School student did well in her 'O' Levels – she achieved an aggregate score of six points – and wanted to join SP to pursue a business course with an IT focus.

With her excellent results, her parents preferred that she join a junior college, but she was adamant on her choice. "When I told my parents that I chose SP, they tried to convince me to go to a junior college as they wanted me to secure a spot for myself in a local university. But I told them I should do something that I am interested in, because I would perform better. In the end, I convinced them of my choice, and they were fully supportive of my decision," says the first-year **Diploma in Financial Informatics (DFI)** student.

Smartphones and other cool gadgets fascinated Jia Yi and first inspired her to learn more about information technology. In 2014, she listened intently to Prime Minister Lee Hsien Loong who spoke about making Singapore a 'Smart Nation' in his *National Day Rally* speech. "I was really interested, and I wanted to contribute and play a part in that," says Jia Yi, who was then in secondary four.

A recipient of the Infocomm Development Authority's iPoly Scholarship, she first came into contact with SP when she visited its *Open House* this year, and was impressed by the friendly seniors and vibrant campus environment. Having studied accounting as an 'O' Level subject, Jia Yi chose SP's DFI course as it taught a combination of business, finance and IT modules.

She is now in her second semester of her first year and counts IT for Business her favourite module as it trains her in using data management tools like Microsoft Access and Excel to simplify business processes. Such skills can help her pursue her dream job of becoming a system analyst, who solves business problems by designing new IT solutions to improve business efficiency.

The amiable and cheery Jia Yi puts her people skills to good use by joining the SP Community Service and Culture Club. The club organises annual activities such as the *Freshmen Orientation Camp*, charity concerts and visits to homes for the elderly. Jia Yi is also a member of DFI's student chapter, which plans activities to help students from the course bond.

If you're looking to join SP after your 'O's, Jia Yi recommends that you try the *yong tau foo* in Food Court 6. The queue may be long sometimes, but she swears it's value-for-money. Plus, the spanking new SP Business School building, which is just right next to the Dover MRT, will be open in 2016.

"We were told that the building will have really awesome learning and chilling spaces, and there's even a food court next door!" shares Jia Yi enthusiastically.



Jia Yi (bottom row, third from left) and her friends from SP's Community Service & Culture Club.



A hardworking and studious 17-year-old, Jia Yi achieved an aggregate score of 6 points for her 'O' Levels and chose to join SP's Diploma in Financial Informatics (DFI) course.

SP+U OPEN HOUSE 7, 8, 9 JAN 2016

SINGAPORE POLYTECHNIC SP

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GET DOWN TO BUSINESS WITH SP

FROM BEING THE FIRST POLYTECHNIC IN SINGAPORE TO OFFER AN ACCOUNTANCY COURSE IN THE '50S, TO THE NEW BUSINESS SCHOOL BUILDING IN 2016. WE'LL LET SINGAPORE POLYTECHNIC (SP) STUDENTS GAN ZHI JIAN, RENA SHAFIQAH BTE ROSMADI AND PHANG HUI LI TELL YOU EVERYTHING AWESOME ABOUT IT.

Come 2016, SP Business School will get a new building equipped with its own food court located right next to the Dover MRT. This new building will be in addition to the oh-so-cool facilities that the school already offers such as the UOB Kay Hian-SP Dealing Centre and the SPELL Living Lab, a fashion retail outlet at Changi Airport.

Hear it from SP Business School seniors Gan Zhi Jian, Rena Shafiqah Bte Rosmadi and Phang Hui Li as they share their personal take on how it's like to be a student in SP Business School.

Let's start from the beginning – what inspired you to choose SP Business School?

Hui Li: I chose SP Business School for their good reputation. I believe that graduating from a reputable school will provide me with better international recognition. I've always wanted to be a businesswoman since young, and am very curious about how businesses work. During a visit to *SP Open House,* I was told by a lecturer that my course, **Diploma in Business Administration (DBA)** will give me a strong foundation in the key competencies of business.

Zhi Jian: Since young, I've always been amazed with numbers and have wanted to be an investment banker or stock broker. My dad and I often chat about topics relating to the economy and investment. I chose SP's **Diploma in Banking and Finance (DBKF)** course as it will give me a very strong foundation in this field. It's also quite broad-based as we also learn other business fundamentals such as accounting, investing and credit analysis skills. For my course, we also have a deep emphasis on customer relationship for banking as well as trading various stocks and indices for finance.

Rena: I wanted to study in SP as it's known for its academic excellence, and I like it that travelling to school is super convenient since it's located near Dover MRT station. I chose SP's **Diploma in Tourism and Resort Management (DTRM)** course as it offers wide job prospects with opportunities to diversify into different business sectors and travel around in my three years in SP.

What is your favourite thing about SP Business School?

Zhi Jian: I'm in love with the new SB building! The place is really clean and beautiful, and the classrooms are well designed. There are also new Harvard-style seminar rooms and multi-purpose studios for us to sit comfortably while we concentrate and study.

Rena: I really like how SP prepares us to be work-ready and life-ready! The DTRM course gives us opportunities to intern at leading international hotels and resorts, attractions, travel agencies, airlines as well as events management companies. There are even opportunities for overseas internship programmes! I'm currently doing my internship at the Singapore Zoo, which gives me a fun and valuable work experience.

Which module do you like best?

Rena: My favourite module is Service Quality Management which equips us with the skills in providing excellent service in the tourism industry. We get to learn service management concepts covering hospitality and tourism service operations, and from this I learned how to exceed customer expectations through personal relationships and experience. We are also exposed to quality management tools and techniques which are applicable in everyday situations.

Hui Li: I like Fundamentals of Marketing most because it encompasses all aspects of owning and operating a business. It includes everything from conceptualising an idea to realising the final product and finally marketing it to the public. The process of doing this project is extremely complex, fun and requires a lot of creative thinking. My groupmates and I spent many hours doing prototypes for our new product. It is by far the most exciting and memorable project I've done.



SP+U OPEN HOUSE 7, 8, 9 JAN 2016



How's life outside of your studies? Did you join any CCAs?

Zhi Jian: I am an active member of the SP Dragon Boat team. We are a very strong team and we have been the champion team among the polys – both the guys and girls teams – for two years running. We even won regional races and were the overall champions at the *Marina Regatta* this year! It's an elite sports club that strives for excellence – both physically and mentally. I love being with my team because we learn many life lessons such as better time-management skills when we have to cope with our training and studies.

Hui Li: I am a member of SB Ambassadors (SBA), where I help out at school events like the annual *SP Open House* by sharing my own experience to potential students. I like how the club is event-based and has flexible timing for the members. Being in SBA also allows me to meet people from different courses in SB, with whom I've forged strong friendships.

What else is good in SP?

Zhi Jian: There are so many things we can do in SP besides studying. I study hard during classes and when I play, I play hard too! I like how SP has given me a lot of opportunities. Just last December, I was selected to go on a fully-paid trip to Japan, where I learned more about Japanese business management practices. My favourite part of SP is the convenience of travelling to school, since Dover MRT is just at our doorstep!

Hui Li: Definitely the food in SP! SP has all my favourite food such as Llaollao, Subway, KFC, Starbucks and McDonalds! The food here is also cheaper within campus. I always look forward to Wednesdays, when Starbucks has a 1-for-1 promotion for SP students. My favourite food stall in SP has got to be the *yong tau foo* stall located at Food Court 6.

What's next for you?

Zhi Jian: I was fortunate to win Channel 8's *Hey Gorgeous* title recently. I certainly didn't expect it. Prior to this my mind was set on getting a business degree but I now have an option to enter showbiz. I will consider it carefully if I'm offered a contract. But it's thanks to SP that I have a chance to be talent-scouted.

Rena: I'm looking to pursue a degree in Tourism and Hospitality in Nanyang Technology University. The DTRM course has given me plenty of knowledge as well as work experience in the tourism field, which can give me an advantage in university.

Hui Li: I aspire to continue my education after SP. During breaks in between semesters, I would like to intern at a local start-up to expose myself to the mechanism of a company. This is to prepare myself in the long run so when I join the working force, I can apply what I've picked up during my internships along with my knowledge from school.

SP BUSINESS SCHOOL

SP Business School offers eight full-time diploma courses:

- Diploma in Accountancy
- Diploma in Banking and Finance
- Diploma in Business Administration
- Diploma in Business Innovation and Design
- Diploma in Financial Informatics
- Diploma in Human Resource Management with Psychology
- Diploma in International Business
- Diploma in Tourism and Resort Management

SINGAPORE POLYTECHNIC SP

THE DESIGN WHIZ

AS A STUDENT IN SINGAPORE POLYTECHNIC'S (SP) DIPLOMA IN VISUAL COMMUNICATION AND MEDIA DESIGN (DVMD), JOANNA YEONG IS A MULTI-TALENTED DESIGNER WHO CAN CREATE BEAUTIFUL GRAPHICS, WEAVE WITTY TAGLINES AND CRAFT ATTENTION-GRABBING ARTWORK. HERE'S HOW SHE DOES IT ALL.

Budding designer and SP student Joanna Yeong is a jack-of-all-trades – she can create mesmerising original designs, shoot and edit videos, write a professional copy to sell products, and even develop interactive 3D artwork. It's hard to imagine then, that she didn't possess any of these skills three years ago when she first stepped into SP. In fact, the 20-year-old had a tough time deciding where she wanted to go after her 'O' Levels.

"Back when I was taking my 'O' Levels, I wasn't sure of what I wanted to do in the future. I'm not very good in subjects like math and science," says Joanna, who was from Xinmin Secondary School. Her older sister, an SP alumna, then introduced her to the **Diploma in Visual Communication and Media Design (DVMD)** course. DVMD, which teaches students how to design beautiful graphics and create eye-catching branding advertisements for products, was something new and interesting to Joanna. While she initially had her doubts about joining the course as she didn't have any background in design, Joanna decided to put her worries aside and go for it.

Now in her final year, Joanna is well-equipped to join the creative industry, having gone through foundation modules that impart design, illustration and writing skills to students. Describing how DVMD provides her with a "whole package" of skills useful to a professional in the creative industry, she says:



Joanna and her friends from SP's Current Affairs and Debating Club. Joining different clubs in SP helps Joanna make new friends.



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"We go through a variety of modules which cover fields like branding and advertising. For instance, you get to learn how to manage a company's brand image, design logos, and come up with advertisements that connect with the target audience."

For Joanna, the best and most fulfilling part of being in DVMD – besides having no exams – is being able to bring her ideas into life in the form of artworks or projects. For instance, she recently created a 3D art installation titled 'Urban Gods' with fellow classmate Janice as part of the New Media Design elective module. Joanna explains: "The concept behind the project is that in our daily life, people can easily find information online using Google and other phone applications but we don't really appreciate what we have right now. We just take our ease of information for granted. Thus, we created a cloud-shaped installation hanging high above which requires people to look up and pull a string down in order to read the messages. In getting people to look up at the cloud and receive messages, it symbolises people actively asking for the information instead of it being handed to them." Their completed installation was recently showcased at the *Urban [Underscore] Exhibition* at the National Design Centre.



Joanna (left) with her classmate Janice, with whom she created the 'Urban Gods' 3D art installation. It was recently showcased at the *Urban [Underscore]* exhibition at the National Design Centre.

It's not always a bed of roses however, as design students like Joanna have their own share of challenges. For instance, while they don't have exams, DVMD students have to do several projects and assignments each semester. "My friends who went to other poly courses tell me that it's good to be in my course, as there are no exams. However, we have plenty of projects and sometimes face sleepless nights when we have to rush them out, so it can be rather stressful," she says. To cope with multiple project deadlines, Joanna learned to prioritise projects that are more urgent and work on each assignment one at a time.

While school assignments can keep Joanna busy, the active student manages to find time for pursuits outside of classes. Before starting her final year at SP, Joanna put her design skills to use during a seven-week internship at brand consultancy company Toolbox Design, where she assisted in designing the company's projects. She is also a member of The Student Agency, a student-run integrated design and branding agency in SP which provides opportunities for students to work on real clients' projects. For instance, Joanna is currently in a team of students developing the creative campaign for *SP Open House 2016.*

Joanna is also a member of the Current Affairs and Debating Club, which organises inter-school debating competitions and freshmen orientation camps for SP students. "I think I'm just very *kaypoh*, I like to explore different clubs and make new friends," she adds with a laugh.

If you're looking to join SP's Design School, Joanna recommends checking out the school's sleek new building with plenty of greenery, recreational spaces and overlapping classrooms where students can hang out after class. The school building isn't just beautiful, it was awarded the Building and Construction Authority's *Green Mark Platinum Award* for being an environmentally friendly space for students!

SP DESIGN SCHOOL

The SP Design School offers four full-time diploma courses:

- Diploma in Experience and Product Design
- Diploma in Games Design and Development
- Diploma in Interior Design
- Diploma in Visual Communication and Media Design

SINGAPORE POLYTECHNIC SP

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7 Misconceptions About ACCOUNTING

We clear up the common myths revolving around accounting, and why we think accountants are unsung heroes.

1 Accountants have to be really good at math

You would've thought that having to deal with numbers often means that accountants are great at math, but that's actually far from the truth.

At SAA-GE, students from different academic disciplines go on to become qualified accountants all without being math prodigies!

SAA-GE's team of dedicated and qualified lecturers are armed with a wealth of industrial and academic knowledge to help students unlock their potential and excel in the world of accountancy.

2 Accounting is boring

There are many aspects to accounting and crunching numbers is just one part of it.

Besides, studying accountancy doesn't have to be boring. With interactive sessions, lecturers and students often study real-life cases and role-play to make learning a fun experience at SAA-GE.

Lecturers also help students analyse balance sheets, teaching them to review a company's financial situation and provide relevant proposals to key decision makers in the company through these figures.

3 Accountants work alone

Most accountants work in teams, and being able to contribute as a member is vital to the company.

At SAA-GE, they understand the importance of cultivating a team-based working attitude in their students. They learn how to interact and work with each other, tapping on the knowledge from their classmates through group projects and team presentations. Hardly anyone operates alone in the accountancy industry, and there are definitely no lone rangers in the SAA-GE learning environment!



4 You don't need people skills to be an accountant

Accountants are often thought of as introverts, but the fact is they interact with people on a daily basis.

To develop essential communication skills in their students, SAA-GE lecturers strongly encourage classroom interactions where students participate in group discussions and projects. They also have students from all nationalities, allowing everyone to understand the intricacies of working with people from different cultures.

5 Accountants have poor job prospects

Accounting plays a huge role in every company, big or small and every one of them requires some form of accounting services.

At SAA-GE, they have a network of partners within the industry to ensure that students are able to transition from school to the workforce with ease.

Moreover, SAA-GE graduates are armed with the knowledge to be outstanding professionals in the field, making them highly sought-after by companies.

6 Accountants are dull people

Most people think that all accountants do is stress over spreadsheets and make sure that numbers balance out, but just look at the amount of activities SAA-GE's student council organises and you might just take back your words. From basketball matches to prawning to BBQ sessions, it's hard to imagine accounting students as dull people.

Moreover, some of the most notable celebrities have a background in accounting – standup comedian Bob Newhart, jazz musician Kenny G, best-selling author John Grisham and The Rolling Stone's vocalist Mick Jagger have all studied accountancy.

7 You're stuck being an accountant after graduation

While accounting is a very specific field of study, graduates learn how to allocate resources on personal and corporate levels, with transferable skills that make them a valuable asset to companies. In fact, these competencies are so versatile, they can be applied across many disciplines and industries.

Alumni of SAA-GE hold jobs spanning across all functions and industries, including auditing, tax advisory, trading services, consultancy, human resource, business analysis, operations and quality assurance.

SAA Global Education offers the following courses with its educational partners:

Macquarie University
- Master of Applied Finance

Singapore Qualification Programme
- Preparatory Course for Professional Programme
- Foundation Programme for Singapore QP

Association of Chartered Certified Accountants (ACCA)
- Preparatory Course for Association of Chartered Certified Accounting Technician of Singapore (ACCA)
- Preparatory Course for Certified Accounting Technician (CAT) / Foundations in Accountancy (FIA)

Association of Taxation Technicians Singapore (ATTS)
- Preparatory Course for Association of Taxation Technicians Singapore (ATTS) Specialist Certification in Taxation

Plymouth University
- BA (Hons) Accounting & Finance (Top-Up)

University of London International Programmes
- BSc (Hons) in Accounting & Finance
- BSc (Hons) in Banking & Finance
- BSc (Hons) in Business & Management
- BSc (Hons) in Accounting with Law
- Bachelor of Laws (LLB) Hons
- Diploma for Graduates in Accounting
- Diploma for Graduates in Banking
- Diploma for Graduates in Finance
- Diploma for Graduates in Management
- Diploma in Economics

SAA Global Education
- Advance Diploma in Accounting & Finance
- Advance Diploma in Business Management
- Diploma in Business Management
- Certificate in English Proficiency Programme

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Let Your Aspirations Take Flight

Have a career path in mind but no idea if it's right for you? We sussed out seven common professions and their corresponding personality types.

Marketer

Creative and resourceful, marketers are an endless well of ideas, and are able to articulate them effectively in presentations. They work in a fast-paced environment, with responsibilities spanning from advertising to product development.

You know your calling is in MARKETING if...

- You have a flair for writing
- You appreciate the witty taglines on an ad
- You pay attention to the ads around you
- You have the gift of gab and you are unafraid of presenting ideas

Travel Consultant

Travel consultants are a godsend for busy millenials when it comes to planning for their holiday. We often turn to them for advice on flight bookings, travel itinerary and visa applications. Detail-oriented, they help travellers make the most out of their vacations.

You know your calling is in TOURISM & HOSPITALITY if...

- You love helping people plan their travel itinerary
- You often dream about what you would do at your favourite holiday destination
- You go into intricate details about how you'd get from point A to point B
- Friends come to you for travel advice

NOW BOARDING

PSB Academy offers full-time diploma programmes in the following fields to help you realise your dreams:

- Business Administration
- Business Administration (Accounting and Finance)
- Tourism and Hospitality Management
- Electrical Engineering Technology
- Mechanical Engineering Technology
- InfoComm Technology
- Life Sciences (Foundation Diploma)

Electrical Engineer

Electrical Engineers are vital for the design, development and manufacturing of electrical systems in power plants and factories. They make improvements to existing machineries and are able to interpret specifications and drawings for electric equipment.

You know your calling is in ELECTRICAL ENGINEERING if...

- You know the difference between a transformer and circuit breaker
- You find circuit boards fascinating
- You grew up playing with Lego Technic
- Seeing perfectly wired electronics soothe you

Automotive Electrician

Automotive Electricians are involved with the installation, maintenance and repair of electrical wirings within motor vehicles. Besides cars, they are also vital to industries like agriculture, mining and construction.

You know your calling is in MECHANICAL ENGINEERING if...

- You love dismantling your gadgets and finding out how they work
- You know what a Rube Goldberg machine is and how to construct one
- You're the go-to person whenever something is broken
- *Fast & Furious* is your fave movie franchise

Website Developer

Working closely with a designer, website developers are able to understand the design concept and execute it based on a client's needs. Developers can end up working on software and databases, or interface and visual design, based on their strengths and interests.

You know your calling is in INFOCOMM TECHNOLOGY if...

- HTML, C++ and PHP are the languages you speak with ease
- You find yourself viewing a website in HTML to find out how it's built
- You often think of ideas for new apps that would be useful
- Badly designed websites irk you

Financial Trader

Financial traders deal with both individuals and banks to buy and sell financial assets. Experienced traders are able to predict market movements and plan their buying and selling decisions accordingly.

You know your calling is in FINANCE if...

- You are decisive and pride yourself in calling the shots
- You are independent and self-motivated
- Risk-taking is not difficult for you
- You have a keen eye for predicting trends

Researcher

Researchers often work in groups to share their findings after conducting experiments. Your main role would be to plan and conduct experiments, where results would be analysed and applied to develop products.

You know your calling is in LIFE SCIENCES if...

- You are interested in biology
- You are a fountain of obscure scientific facts
- Your favourite toy was a microscope
- You are known for being meticulous

Your future is accessable™

For more information:
Visit **psb-academy.edu.sg/FTDipAspireTeen** or **SMS PSB**<Space>**FTDipT12**<Space>**Name to 9010 2322**

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— DEATH — TAKES A HOLIDAY

It might be tempting to break some rules when you're overseas, especially without your parents around. But you might get more than what you bargained for.

No matter if you're on an education overseas exchange or a fun holiday with your mates – the lack of parental supervision tends to tempt one into trying out things you're not supposed to. More often leading to dire, if not deadly consequences.

In October this year, a tertiary student was sentenced to six months in prison for the consumption of drugs in Amsterdam, The Netherlands, as well as the possession of cannabis, while on an seemingly innocent trip there with friends.

Four years ago, an Australian teenager was arrested for buying marijuana from a street dealer in Bali, which led to a 61-day detention. After his release, he warned others not to commit the same mistakes he did, and described the two-month long ordeal as "a nightmare".

The lesson here? With the availability of drugs, your environment and even peer pressure, it's easy to fall prey to the temptation of substance abuse. And even though you may be physically overseas, the laws against drug abuse come with an extra-territorial effect. Which means that you can still be convicted even if you consumed illegal substances outside of Singapore. You can be imprisoned for up to 10 years, fined for up to $20,000, or both.

Law-breaking aside, these drugs can end up causing irreversible and permanent damage to the body. Some even contain toxic substances like battery acid, drain cleaner and antifreeze during the manufacturing process, which cause skin irritation, damage to internal organs when ingested, and even death. Even though 'plant-based' drugs like heroin and cannabis are thought to be less harmful, the truth is heroin consists an ingredient used in the manufacturing of rat poison, while cannabis contains up to 70 per cent more cancer-causing agents than tobacco.

The next time someone suggests taking drugs while overseas, remember the legal and health consequences that follows.

Say no to drugs. If you have been approached to buy drugs or wish to report information regarding the sale of drugs, contact the Central Narcotics Bureau (CNB) at 1800 325 6666.

HARMFUL EFFECTS OF DRUGS

CANNABIS

CAUSES

- Panic attacks
- Anxiety
- Lower immunity
- Growth disorders
- Chest pain

contains **50% to 70%** more cancer-causing substances than tobacco

HEROIN

CAUSES

- Nausea
- Joint problems
- Emotional instability
- Slowed breathing

MIGHT CONTAIN

- Soil which might be contaminated with Clostridium botulinum
- Ground paper fiber soaked in black shoe polish

FROM THE PRODUCERS WHO BROUGHT YOU NAUSEA, PARANOIA AND INSOMNIA

WHEN SALLY MET HEROIN

IT STARTED AS A LOVE STORY | IT ENDED IN NIGHTMARE

"A REAL TEAR-JERKER, MY EYES WATERED AND MY NOSE WAS RUNNING UNCONTROLLABLY."

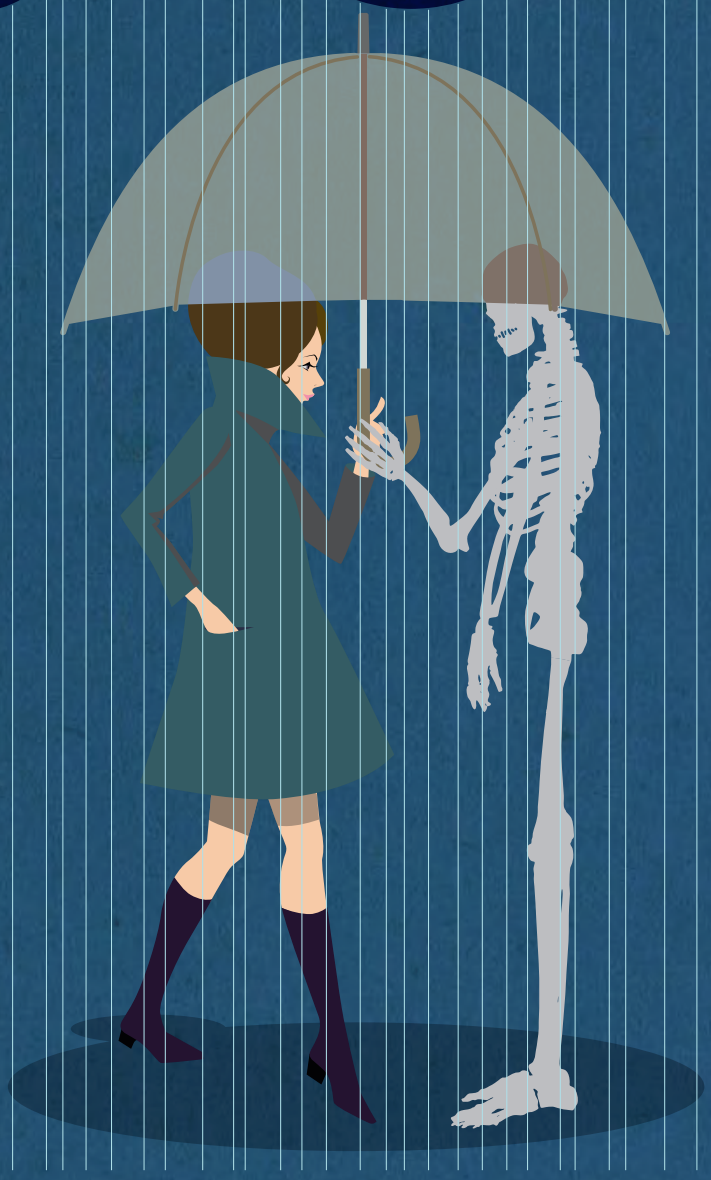
★★★★★

"I WAS ITCHING FOR MORE!"

"IT'LL LEAVE YOU UTTERLY HOOKED!"
-FILM FESTIVAL

"I COULDN'T EAT OR SLEEP FOR DAYS!"

"A ROLLER-COASTER RIDE OF WILD EMOTIONS!"
-FILM CRITIC



PENALTIES

POSSESSION OR CONSUMPTION OF HEROIN:
UP TO **10 YEARS** OF IMPRISONMENT OR
S$20,000 FINE OR BOTH

ILLEGAL TRAFFIC, IMPORT OR EXPORT OF HEROIN OF MORE THAN 15 GRAMS:
DEATH

THERE'S NO HAPPY ENDING WITH HEROIN

A STORY ABOUT A POWERFUL, ADDICTIVE DRUG WHICH COMES IN VARIOUS FORMS. GOING BY NAMES LIKE WHITE, SMACK, JUNK AND POWDER, HEROIN DESTROYS LIVES THROUGHOUT THE WORLD, CAUSING SUFFERING THROUGH INSOMNIA, TREMORS, CRAMPS, IRRITABILITY, DIARRHOEA AND ORGAN DAMAGE.

Visit these links for more information on drug abuse:

- Life Does Not Rewind Facebook page: www.facebook.com/lifedoesnotrewind
- CNB website: www.cnb.gov.sg
- National Addictions Management Service website: www.nams.sg

References: 1.http://www.drugs.ie/drugs_info/for_parents_carers/signs_symptoms/
2.http://www.drugabuse.gov/publications/researchreports/heroin/what-are-long-term-effects-heroin-use
3.http://addictions.about.com/od/dailylifewithaddiction/a/What-To-Expect-From-Heroin-Withdrawal.htm
4.http://www.drugfreeworld.org/drugfacts/heroin/the-destructive-effects-of-heroin.html



Dear KELLY

Dear readers,

Most of you have spent the year studying hard. Many have devoted time to CCA, which is often time-consuming.

} *You deserve a fun-filled year-end vacation. Enjoy!*

Here are some suggestions of how you can make the most of your time:

1 *Meeting friends* and engaging in fun activities like picnics, walks, visits to places of interest and meeting at each other's homes, with your parents' permission. Not to put pressure on parents, but everyone should bring something to eat; have a *potluck party*. But – avoid BG encounters at home if there is no adult supervision.

2 You could *check out museums and art centres*. A random visit could develop into a passion for the arts. There are many interesting things on display.

3 Spend a day at the *Botanic Gardens*. Attend outdoor concerts if they are scheduled. They are free. *Gardens by the Bay* is a veritable wonderland during the Christmas season. It won't be a disappointment if last year's spectacular visual spectacle is anything to go by.

4 If you are musically inclined, get together with similarly talented friends and form a musical group so you can sing a variety of songs that suit your singing style. *Jamming sessions* can be so interesting and could develop into a life-long passion.

5 Check out the *newspapers for what's happening in town*.

6 A walk down *Orchard Road* when the streets are lit for the Christmas season is always exciting. Check out dates, times and what activities are scheduled.

7 If you are going on a *family vacation*, remember to *photograph interesting sights* to share with family and friends. Please look around you, *enjoy the experience and soak up the atmosphere*. Send comments and photos when you return to the hotel.

8 *Make your own greeting cards*. Today, everyone with the aid of the computer, can be a design whiz. *Teamwork* – if you are good at art, team up with someone good with words. Innovative greeting cards can be created this way.

9 *Do a good deed* – if you have elderly relatives or neighbours *offer to help them spruce up their house*.

10 *Do research on the dangers of drugs, smoking and underage drinking.*

Here's what you should say NO to during the holidays:

1 *Say NO to underage drinking* – teenagers who attend activities without adult supervision must exercise self-control. *Do not be led astray by those who promote underage drinking.* Girls have been molested or raped when under the influence of alcohol. No drunk driving ever!

2 *Say NO to drugs* – no one should have the power to encourage you to take drugs. You just say no! *If you are at a party, never leave your drink unattended.* Someone from your group must see that nothing is slipped into the drinks of friends.

3 *Say NO to taking that first cigarette* – no matter how many people tempt you. Frankly, with all the medical research available and the graphic warnings on cigarette packets, it is foolish to smoke.

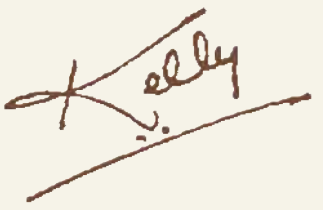
Smoking is not cool!

4 *Say NO to sex!* Many teenage girls have had their first sexual encounter at unsupervised year-end parties and have lived to regret it. Some had first been plied with liquor or had a drug slipped into their drink.

} *Don't accept any invitations from guys you recently met.* If invited, say you'd like to bring a friend along. Double dating is safer.

Here's wishing all Teenage readers a happy holiday and blessings to you and your family.

Always here for you.



DO YOU HAVE A PROBLEM YOU WISH TO SHARE? SOMETHING TO GET OFF YOUR CHEST?



Kelly's responses take into account age, experience and needs of writers. Those writing in know and seek her tough love, no-nonsense approach. Readers wanting a different type of response should seek advice elsewhere. Older and more experienced readers knowing the answers to questions need to exercise patience. Not everyone knows what you know.

After qualifying as a teacher, Kelly Chopard went on to attend several counselling courses. Over the past 30 years, she has been invited to sit on panels and discussion groups, give talks and has taught modules dealing with youth issues. She counsels primary and secondary school pupils. She also engages in parent-pupil counselling sessions. In the 1970s, she was a member of a People's Association Team counselling young adults in areas like drugs, smoking and other health and social issues. From 1979 to 1983 she had a counselling column in a local woman's magazine. Since 1996 she has been responding to *Teenage* readers in her *Dear Kelly* column.

IMPORTANT

When writing to me through mail, state your Full Name, Age, I.C. No.,Telephone No., Gender and Pseudonym. There is no length restriction. Send your letters to:
Dear Kelly, Teenage Magazine, 20 Bedok South Road, Singapore 469277
or via email at:
dearkelly@key-editions.com

Letters will be treated with the strictest confidence. I cannot respond to requests for personal responses.

WE HAVE NO MONEY!

Dear Aunty Kelly,

I can't afford to buy *Teenage*. I am lucky my friend lent me her copy. She said I should tell you about my problem because you will give me good advice. I feel embarrassed but she said, "Nobody will know who you are." Okay, this is my problem.



My father lost his job because the company closed down.

It is hard for him to find another job because he is over 40 years of age. We are very worried as the savings father has is becoming very low. Mother is a housewife. I find part-time work during the holidays and give what I earn to mother for food.

I find part-time work during the holidays and give what I earn to mother for food.

Grandmother stays with us. Luckily, the government helps to pay for her medicine.

I am very worried because our happy home is now quiet and everyone looks worried.

No one is laughing and joking anymore. What do you think we can do?

Thank you very much & God bless.

From: Afraid

Kelly: I am very glad your friend convinced you to write to me. I promise no one will know your identity except me. You have nothing to be "embarrassed" about. **You are lucky to have a loyal friend. Make her a little card to thank her for sharing *Teenage* with you.**

Your parents should approach the principal so you can get pocket money, and there are provisions for books, uniforms, transport etc for students just like you. I recently helped a single mother fill in forms requesting financial assistance for her two teenagers. She said the vice-principal was helpful.

Based on your name, I am pleased to inform you that your community has a support system to help children like you, including free tuition.

Also, please tell your parents to go to the 'Meet-the-People Session' in your area and speak to your grassroots leaders.

Help is at hand.

Say hello to your friend for me.

God bless you too.

WOOED... HAD SEX... THEN HE LEFT S'PORE



Dear Kelly, I am a fan of your column and have read your advice since I was 13. I am such a fool. Why didn't I listen to your advice? Why did I listen to a sweet-talker who promised to love me and marry me? I am 18 and he claimed to be 22.

I feel so hurt and used. This is what happened to me. I had just started working when I met this guy who also worked at the same shop. As there was just the three of us in the shop, **A** and I became friends. We would go to lunch together and the boss didn't mind us chatting when there were no customers.

After about three weeks, **A** suggested we go steady. **He is a clever talker and wooed me daily with little gifts.** He made me feel special. I ignored the voice in my head that told me to be careful.

Soon, we were going to the movies and having dinner together daily.

> ***As the days passed we started to get intimate and I must say he took it slow, kissing and hugging me at the beginning, and telling me I was beautiful and to engage in sexual intercourse because he was in love with me.***

Within a month, he managed to persuade me to have sex. I was reluctant at first, but he convinced me that he wanted to marry me and kept repeating that he loved me more than any one else before.

Soon I was hooked and gave him my all – including my virginity.

We would spend a lot of time in his rented room. We even spent several Saturdays, up to 3 or 4 am, in his room. **After six weeks of our hot and heavy affair, he did not turn up for work one Monday.** As we were together all day and most of the night on Sunday, I asked the boss if he was ill. The boss, who knew nothing about our relationship said: "He has returned to Malaysia. He is not working here anymore."

I burst into tears. I told my boss everything. Being a kind man, he was shocked that this had happened to me. **He told me that the guy was married and he has two children.** I sobbed even louder. My boss tried to console me but I was totally devastated and couldn't stop crying. He was very worried and called my parents. I told them everything that happened. They were understanding and took me home.

I am so upset. I am afraid I might be pregnant, as he sometimes did not use a condom. I was convinced he planned to marry me so I let my guard down. I know I should be slapped for being so dumb. But I trusted and believed him, Kelly. It has been three days and I am still sobbing. I can't go back to work in this state. My kind boss said it is alright. He has employed a part-timer.

My parents are making arrangements for me to see a psychiatrist. Is this a good idea Kelly? **I cry all day, won't eat, can't sleep and refuse to get out of bed.** Write to me ASAP. God bless us.

From: Tricked & fooled

Kelly: This is a sad and shocking tale of an innocent girl being the victim of an unscrupulous guy. I feel very sorry for you, my dear. You were led to believe all the sweet talk he dished out but you admit you "ignored the voice in my head that told me to be careful".

You trusted a stranger and believed what you now call a "sweet-talker", without really knowing the guy, his background, meeting his family or asking why he lived in a rented room. But then he could have lied about all these things so the truth would not have come out.

> ***You are the victim of a guy who just wanted sex from a naive girl – unfortunately he found you.***

I have received letters from young innocent girls who were lured into sleazy relationships. One guy had the cheek to tell a teenager that he had been sexually involved with her because she "was cheaper than a prostitute". He cruelly added, "I just have to give you some food at a hawker centre and say some sweet words to you and I get sex." He said this when he dumped her.

In your case, the guy didn't even tell you he was dumping you. He just went off. You are lucky your parents are so supportive and loving. I think it is an excellent idea that you visit a psychiatrist. **You have had a terrible shock. You need to unburden yourself and receive advice of how to deal with this horrendous experience. You are in shock and are probably depressed – you can't carry "on crying, not eating, not sleeping and refusing to leave your bed".**

I sincerely hope in future you will not be gullible. Everyone pay attention – if a guy is setting you up for a sexual encounter, he is going to woo you and flatter you. Promising marriage is an often-used ploy that seems to be believed by naive girls.

At *Teenage* we do not condone pre-marital sex.

Having stated this, I have to be pragmatic and sadly acknowledge that many young girls today engage in pre-marital sex. If you are one of them, this is an order:

never agree to sex without protection. It is very foolish.

My dear, you need to visit a doctor immediately; beside the possibility of an unplanned pregnancy, you could have contracted a sexually transmitted disease (STD).

No more sexual relationships until you are older and wiser about the world and guys. How come your parents never asked where you were till three or four o'clock in the morning? **Anything could have happened to you. You do realise this. You know nothing about the background of this guy.**

A total change of behaviour is called for. Any guy you meet and want to date should meet your parents. You should be invited to meet his parents as well. No quickie romances. Friendship first and group dating is recommended.

No more agreeing to sex.

Understand you are young and inexperienced – that is why it was easy for this guy to take advantage of you. You might be one of several naive girls he sweet-talked into his bed.

You might feel less pressured if you showed this column to the psychiatrist to set the stage for your session. I hope you will be more careful in future. God bless.

YUCKS — MUM TAGS ALONG

I have big problems, Kelly. You must help me. I don't know what to do!

Whenever my friends invite me out, my mother comes too. Yucks! I am not allowed to go out without her.

Whenever my friends invite me out, my mother comes too. Yucks! I am not allowed to go out without her.

This irritates my friends and now they don't tell me when they are going out anymore. I know they are meeting each other when they lower their voices when they see me coming. I pretend I don't suspect anything.

Besides, my phone is a very old model so I cannot get what they are sending to each other. I feel like an outcast.

My friends and I have different interests but I dare not talk about what interests me in case they think I'm weird. Now you know my problems. Help!

From: Not happy

Kelly: If your friends mean something to you, do speak to them candidly. Ask them if there's a problem. Then share what they say with mum.

You should confide in mum and tell her that your friends feel awkward when she accompanies you kids on their outings.

Suggest that maybe she should invite someone her age along and they can sit at another table and do their thing while you kids do your thing.

Mum must love you very much to sacrifice her time to be with you.

I am sure she must be very bored. I think speaking to all those concerned might be the best solution. Start with your friends and tell mum what they say if it is not hurtful. Give her my suggestion.

About your phone – there must be at least one girl in the group who will share what is sent with you.

If you don't ask, you will not get help.

But then again, I note you write that you have different interests from your friends. If this is the case, be on the **look out for someone who shares your interests during CCA and class projects.** Pity you didn't state what your interests are, so I could have made concrete suggestions.

Hope all turns out well.

HE WANTS TO GO STEADY AT 14



Hello Kelly, I started reading *Teenage* last year. I like your straightforward advice. It makes it easy for me to understand what is right and what is wrong. I like that you are strict. I re-read your advice often and I trust you. This is why I want to share with you what is happening to me.

I was in an all-girls' primary school but now, I am in a co-ed secondary school. It is the first time I am with boys and it gets confusing at times. I don't know when they are serious and when they might be teasing me.

Anyway, over the last six months there is this guy who sits beside me in class and he is forever pestering me to go steady with him. He even sent me a Valentine's Day card and gave me a gift.

> ***His invitation to go steady is repeated several times a day and I smile and fumble with my bag because I don't know what to say.***

I was touched and a little embarrassed, as I had never received this before.

For my birthday, he gave me a pretty shawl and a lovely card. **He handed the present over and gave me a quick kiss on the cheek.** Of course, I blushed and mumbled my thanks.

His invitation to go steady is repeated several times a day and I smile and fumble with my bag because I don't know what to say. I am too young to go steady. You tell us not to go steady when we are young as teen relationships "fizzle out". I believe you. This happens in class with those who go steady. They keep changing partners. I don't want this to happen to me! I want to concentrate on my studies. I want to "cultivate a reading habit" as you mentioned. I want to be a lawyer when I grow up. I keep *Teenage* on my study table and refer to the *Dear Kelly* column as my guide as I have no one to turn to for advice.

I am from a single parent family. My father often travels on business so I am alone at home with the maid. I don't mind as I can concentrate on my work and the maid is like a friend. We go out on weekends but she is quiet and not very experienced about teenage problems. I have no one to discuss teenage problems with but you.

So Kelly, tell me how to handle this guy. Thank you in advance.

From: Confused

Kelly: I note that you approve of what you call my "straightforward advice" and my "strict" approach to solving problems. You are mature for your age. This is an advantage.

Let me say I am most impressed that you are single-minded in your desire to concentrate on your studies. This is a wise decision especially since you notice your classmates "keep changing partners". You don't need the distraction as you have a goal – to become a lawyer. Good for you, my dear.

Here's what to do about your suitor. **The next time he proposes you go steady, smile and politely say, "Thank you for asking, but my father is very strict and he said no going steady till I finish my schooling. I agree with him so I have to concentrate on my lessons".**

Then watch what happens – he will hit on another girl and if he goes steady, it won't last and you'll see him changing partners like in a game. You don't need this. When you are older, there is no harm in going on group dates, as you need to interact with guys on a platonic level. CCA is a good place to meet guys and engage in meaningful activities without the pressure of a relationship.

I am here for you my dear. I wish you much success as you proceed on your learning journey.

A THIEF & A LIAR

I am wondering if I should continue being friends with **A**.
[From: Confused]

Q Lying to parents

In order to get what she wants, **A** tells her parents lies. For example, she would tell them that she is coming to my house to do a project or to study to get out of the house. If her parents call after she has left, I tell the truth and tell them what time she left. I don't believe in lying.

> ***She scolds me: "You should lie for a friend". But I don't want to get into trouble.***

She ignores me when I say that her family worries about her. **A**'s grandmother hits her when friends tell her grandmother that **A** is lying.

Kelly: I am delighted you have a strict moral code. Regardless of what she says, never lie for her. Imagine the trouble you'd be in if something bad was to happen. Tell her the next time she says you should lie for her:

"Honesty is the best policy."

Also tell her she has no right to ask a friend to lie for her.

I can understand why her "grandma hits her". Old-fashioned people put a high premium on honesty, as should everyone.

If I were you I would stop inviting her to your house. Say your parents want you to study on your own.

Q Shoplifting

Sad to say, **A** is a shoplifter. Recently, at a bookshop, she removed the security tag from a book – indicating by actions that she wanted to see if the security scanner would go off as she passed through. I went to the furthest scanner from her.

She wanted me to walk with her and if the scanner went off she would say, she was "talking and so was distracted". **I don't want to get involved in this kind of theft.** She was irritated with me for not helping her.

Kelly: My! My! Lying and shoplifting are such unattractive traits. **You are a wise girl not to get involved. Good that you went as far away from her as possible.** Thieves should not expect their friends to implicate themselves by breaking the law. **You do not want to have a record that will follow you through life and prevent you from reaching your potential.**

My goodness, a tricky little thief isn't she, what with an alibi all ready should she get caught. Good you didn't agree to help her commit a crime.

Q Impersonating my voice

Her grandmother recently called me to ask about her whereabouts and I discovered she had got someone to impersonate me to prove to her family that she "was doing a project at my house".

It was a lie!

Other than these bad habits, she is a fun person to be with. But I'm not sure if I should be her friend anymore.

I think she is getting worse.

Kelly: **Impersonating someone is against the law.** If she gets into trouble, you will be implicated since she has got someone to impersonate you and her family is under the mistaken impression that she is at your home. This is a dangerous situation for you.

Now I have to get tough with you. From the moment you read this, you are to cut this girl off your list of friends. Immediately tell this girl you no longer wish to be her friend. If she asks why, say honestly you don't want to be involved in her schemes. No need to explain further. You owe her nothing. You cannot expose yourself to this deceitful girl and her bag of tricks. You do not need a 'friend' like her. She is a disaster waiting to happen.

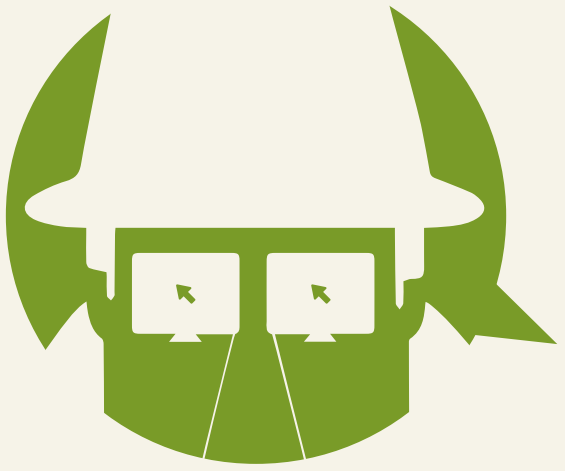
I don't care if you stated, "… other than these bad habits, she is a fun person to be with". What fun person?

> ***She has no respect for you at all.***

She thinks you are obliged to lie for her when she claims to be at your house doing a project. She then brazenly expects you to help her steal a book. And to top it all, she boldly gets someone to impersonate you. All very dangerous activities!

> ***This girl is a real bad hat like a devious character out of a novel; quite the criminal even at such a young age isn't she?***

You keep away from her from now on. This is not negotiable! You asked for advice. Now act on my no-nonsense advice immediately!



MY CHARMING CYBER IDENTITY

Dear Kelly,

I am the loneliest person in the world. I have never had friends. I am the one always left out of any group. I am the one the teacher had to assign to a group. I didn't go to the prom, as I was sure no girl would want to go with me even if I had been brave enough to ask a girl out.

I am ugly and have no charm, so when my schoolmates were making friends and enjoying themselves, I just read. I go to museums, art galleries, antique shops and concerts – unfortunately alone.
I do not make eye contact with anyone. I imagine they are thinking about how ugly I am. As a result of my interests,

I am ugly and have no charm, so when my schoolmates were making friends and enjoying themselves, I just read.

I am very knowledgeable so I am able to connect successfully with mature people online.

This is my safe secret world.

I have created a charming cyber identity. I found a-turn-of-the-century-photo of a good-looking guy in an antique shop and I made this person me. I touched it up and this photo has won me many online friends. I have been invited out many times, but always make an excuse as to why I can't meet anyone.

I now seem to enjoy this invented life. I am the master of my fate. I am praised and courted. I use my formidable knowledge to impress people. But I know this cannot go on forever.

I need advice. Thank you. God bless you.

From: Ugly

Kelly: I know someone very much like you. He refused for a long time to connect with people because he is convinced he is unattractive. I don't like the word "ugly".

Stop referring to yourself as "ugly". It does nothing for your self-esteem.

You are well read and cultured – good for you. You should attend talks and seminars where you will come in contact with people who are your mental equals. **People who are intelligent and world-wise usually look beyond mere looks.**

1 Sign up for a Toastmasters course. You will learn the importance of making eye contact and how to do it naturally.

2 Attend a grooming course. You will learn to identify your assets and make the best of them.

3 View television programmes that feature intelligent, successful members of society. Their confidence and air of authority wins them admirers, regardless of their looks.

Stop fixating on your looks. For your role models, choose people from the intellectual community. Don't compare yourself with actors or singers.

Even among this crowd, there are those who are not conventionally handsome but they dared to let their talent speak for them. You can too. I wish you a new way of looking at yourself and life.

And the guy I mentioned that is very much like you, well, he met a lady who looked beyond looks and said she saw a **"handsome heart"**. She described her guy as **"kind, caring, loving and dependable"**. "Kelly," she said, **"This is what a husband should be."**

How encouraging this beautiful comment is. Now they have two children and are happy because the wife looked at her husband's heart and did not focus on physical looks, which will ultimately fade. I wish you what this guy has.

God bless you too.

QUICK REPLIES

To: Silly

Stop calling yourself "silly". Negative names can affect how you see yourself. This is not good. You are in the habit of giggling all the time even if something sad is said.

I suggest a chat with the school counsellor. You could show the counsellor the letter you sent me with all the details. You are an intelligent girl, evident from the clear way you write. I feel that you are shy and nervous and you giggle even at inappropriate times because you don't know how to react when something is said. The counsellor will give helpful advice based on specific examples, which you did not provide me with. Love to you too.

To: Afraid

If you did not steal the boy's book, then say so. Keeping quiet and walking away might make him think you are indeed guilty. Walking away is not a sign of innocence. I suggest you get your best friend to be the mediator since she is a prefect. I am sure she will be fair to the both of you.

Tell your best friend to ask the guy why he thinks you stole his book. Make it clear you didn't steal the book. The prefect should put up a sign stating that a book is missing. The title of the book must be displayed with the name of the owner. Anyone who finds the book should be asked to return it to the rightful owner.

To: Foolish

I agree ***you were foolish to star in a naughty video for your girlfriend.*** Now she is "borrowing" money from you "because she knows you are rich". She mentions the "naughty video" in a sly way and you feel threatened. She refuses to delete it. She did not use the word ***blackmail*** but this is what it's about. Of course you should not continue to see her even though you "are crazy about her". She'll probably be able to make you do other things you'll regret.

To: Hungry

I know how awful it must be to always be hungry. The good news is that schools are able to help students like you. Read the response titled, "We have no money". Do exactly what I advised this person to do.

Do not be embarrassed. Others share the same problem as you. You can't concentrate in class if you are perpetually hungry, and naturally you feel faint when engaging in sports. Get help as soon as you read this response. Best wishes.

To: Fred

Please do not follow "the cute girl home". How can you walk behind her then "hide behind a pillar when she turns around?" I am sure she turns around because she has the feeling of being followed.

Since she is in the same CCA as you, please ask someone to introduce her to you. Strike up a friendship. Invite her on a group outing one Saturday with your CCA friends. This is the proper way to meet and get to know the girl you like.

Group dates are the best at your age. You are too young to go steady. God bless you too.

To: Sobbing

I understand your feelings. It must be hurtful to be ignored by your "special group". You say the group suddenly ignores you "completely" when you hang out with them.

Here's what to do – approach the kindest person in the "special group" when the others are not around. Ask this person politely what the matter is. Listen carefully and don't be on the defensive. If you argue, the person may stop talking and you will not discover the reason you are being ostracised.

If you are guilty of some wrongdoing, send an apology note to all members of the group explaining why you acted the way you did and ask to be forgiven. Make sure you don't repeat your error(s). Crying won't solve anything. Good luck.

Teenage DOES NOT condone pre-marital sex

Helplines: Feeling blue, confused, upset or depressed? Or perhaps there's an issue you simply wish to discuss. Call the friendly counsellors at:

Teen Challenge Streetwise:
6793 7933 Mon-Fri: 9am-6pm

Student Advisory Centre
6777 0041 Mon-Fri: 10am-6pm

Youth Lifeline
6336 3434

SOS
1800 221 4444 (24 hours)

Care Corner Counselling Centre
1800 666 8668

Questions regarding AIDS
Action For Aids
6254 0212 Mon-Fri: 9am-5pm

Questions regarding mental health and youth services
National Council Of Social Service
6210 2500 Mon-Fri: 9am-6pm

YOU'RE SINGLE AND PREGNANT and you need help desperately
Rose Villa
6253 6556 (24 hours)

Pregnancy Crisis Service
6339 9770 (24 hours)

Problems with drugs
Singapore Anti-narcotics Association (SANA)
6732 1122 Mon-Fri: 8.30am-6.30pm

Other help agencies
Child Protection & Child Welfare Section, Ministry of Community Development
1800 777 0000
Mon-Sat: 8.30am-5pm

National Family Service Centre
1800 222 0000 (24 hours)

Shan You Counselling Centre
6741 9293 Mon-Fri: 9am-6pm

Online counselling
Project 180 (Youth Services)
www.ec2.org.sg

Participate in Youth Research
Survey
LYRIKS Hotline: 9234 1641

teenage

GIVEAWAY GALORE

We love ending the year off on a high note, which is why we have put together OVER

$25,000

worth of freebies to thank you for your support over the past months. Here's to an even better year ahead!

Each giveaway will be posted on teenage.com.sg starting from 1 December 2015. Enter the promo code to win your preferred gift. Closing date is 12 February 2016.



Promo Code
DEC324LO

10 sets of L'Oréal Paris UV Mist & Hydrafresh Mask in Water Gel Moisturizer (worth $52.80 each)



Protect yourself from UV rays with the non-sticky and sweat-proof L'Oréal Paris UV Mist. Not only does it have a 12-hour long-lasting UV shield, you can even spray it over makeup.

Keep your skin feeling smooth with the L'Oréal Paris UV Hydrafresh Mask in Water Gel Moisturizer. It contains French Grape Seed extract that has 50 times more antioxidants than vitamin E, ensuring that your skin's protected at all times.

5 sets of MAKE UP FOR EVER Step 1 Skin Equalizer & Artist Plexi-Gloss (worth $104 each)

Promo Code
DEC324MF



Whether it's dryness, redness or dullness you'd like to combat, the MAKE UP FOR EVER Step 1 Skin Equalizer has a variation that is suitable for you. With six colour correcting primers and four texture correcting primers that prep the skin for the application of foundation, your complexion will appear radiant for longer.

Complete the look with long-lasting and highly pigmented lips with the Artist Plexi-Gloss.

25 sets of $20 Jack's Cola Café's cash vouchers

Promo Code
DEC324JC

A nostalgic reminiscence of founder Mr Say Lip Hai's first restaurant in Sembawang, Jack's Cola Café offers a delectable menu comprising cakes, pastries, ice cream and coffee.

Thinking of bringing home an indulgent treat or two for Christmas? You'd be pleased to know that there's a variety of festive delights on offer at Jack's Cola Cafe, including the decadent Yuan Yang Logcake, Fondant Fruits Cake, along with mini cupcakes and macarons.





Promo Code
DEC324HP

A set of Happy Plugs Sound Piece Mini + Sound Piece Mini Metallic Grille (Deluxe) (worth $158) and a set of Happy Plugs Sound Piece + Sound Piece Metallic Grille (Deluxe) (worth $368)

Lightweight and compact, the Happy Plugs Sound Piece Mini is the perfect portable speaker for travelling, boasting a 15-hour battery life and the sweet feature of an emergency power bank so your phone never runs out of juice.

Set to be the focal point in any room, the Happy Plugs Sound Piece and Sound Piece Mini combine state-of-the-art audio technology with minimalist Swedish design. The speaker grilles are interchangeable, with multiple designs that will suit your personality.

Teenage Giveaway Galore



Promo Code
DEC324BL

18 sets of b.liv Deep Impact (worth $29 each)

Prevent dead skin cells from clogging your pores with the b.liv Deep Impact Deep Pores Cleansing & Massage Emulsion. Formulated with kaolin, jojoba massage beads, witch hazel, aloe vera and tea tree oil, this potent mix of active ingredients deep-cleanses pores effectively, giving you clear skin that's smooth to the touch.



Promo Code
DEC324ES

10 sets of essence beauty hampers (worth $51.30 each)

Makeup products that are affordable and easy to use? That's what makes essence one of the best-selling makeup brands in Europe! Transform your look with a makeup hamper from essence which consists 11 items including powder foundation, eyeshadow, lipstick, blush, mascara, eyeliner, lipgloss, eye pencil and nail polish.



Promo Code
DEC324LT

9 sets of Logitech M337 Bluetooth Mouse (worth $49 each) & K380 Multi-Device Bluetooth Keyboard (worth $54 each)

Free your desk of wires with the Logitech M337 Bluetooth Mouse and K380 Multi-Device Bluetooth Keyboard. The keyboard connects up to three devices, allowing you to shuffle between them with the Easy-Switch buttons. Plus, with the M337 Bluetooth Mouse, you can now enjoy an easy drag-and-drop function and three-finger swipe gestures that'll make writing assignments that much easier.





Promo Code
DEC324DS

14 sets of d'skin Hydra-Protective Calming Cleanser, & Anti-Oxidant Hydra Youth Toner (worth *$188* each)

d'skin's Hydra-Protective Calming Cleanser is formulated for those with sensitive, delicate and reactive skin. Rich in antioxidants and blended with vitamins and plant extracts, d'skin's Hydra-Protective Calming Cleanser simultaneously cleanses while providing excellent hydration – refreshing your skin while removing makeup, excess sebum and impurities.

Reveal moisturised, luminous and healthy-looking skin with the Anti-oxidant Hydra Youth Toner. This ultra-light facial spritz refreshes, soothes, calms and intensely hydrates the skin while improving skin's texture. Collagen and botanical actives present not only helps to tighten and moisturise the complexion, it also strengthens skin structure, clarifies complexion and reduces redness.

Teenage Giveaway Galore









Promo Code
DEC324FBP

11 pairs of Flossy shoes (worth *$59* each), 5 sets of Poler Rolltop Pack (worth *$139* each), 9 pairs of Faux Pas Opera Flats (worth *$59* each), and 13 sets of Brixton caps (worth *$49* each)

Flossy
Hailing from Ibiza and one of the most sought-after footwear labels in Europe, Flossy shoes are becoming the staple footwear for those who love functional and comfortable shoes. Consisting four designs in different styles, choose from classic colours, quirky prints or luxurious fabrics to suit your everyday style.

Poler
Bridging the gap between action sports and traditional outdoor activities, Poler designs functional gear for globe trotters and thrill seekers. The newly improved Rolltop bag now has a padded laptop compartment that allows you to access it easily without having to unroll the top. The larger and more functional accessory pocket and loops connects to the Goal Zero solar panel on the outside, making it the perfect bag for school or your next trip out into the wilderness.

Faux Pas
Quintessentially French, Faux Pas is the epitome of French quirkiness mixed with effortless chic. Made with eco-friendly PVC, these jelly shoes will take you from day to night, rain or shine. Its interchangeable embellishments allows you to customise your shoes however you please.

Brixton
Inspired by music, culture and people, Brixton snapbacks come in a variety of styles that appeal to modern fashionistas. Produced in limited quantity, these high-quality caps ensure that you wouldn't be caught wearing the same gear as someone else on the streets.



Promo Code
DEC324H3



2 sets of H3 Concept Staple Series (worth *$88* each), 2 sets of Lust Series (worth *$108* each), 5 sets of Tactical Series (worth *$128* each)

Simple, minimalistic and stylish, H3 Concept timepieces are staple watches that will suit everyone. Each set comes with two additional straps so you can change things up to complement your outfit. H3 Concept watches are made from 316 Stainless Steel with IPS/IPRS/IPB coating, built with the Japanese Miyota 2035 Movement and 3 ATM waterproofing – a perfect balance of substance and style.





Promo Code
DEC324IN

30 sets of innisfree Super Volcanic Pore Clay Mask & It's Real Squeeze Masks (worth *$35* each)

Pamper your skin with the innisfree Super Volcanic Pore Clay Mask or the It's Real Squeeze mask. Containing ingredients sourced from the Jeju volcanic cluster, the innisfree Super Volcanic Pore Clay Mask cleans pores, rids skin of excess sebum and tightens pores without drying skin out. For an extra boost of moisture, try the innisfree It's Real Skin Mask – with four different variations, Aloe Vera, Cucumber, Green Tea and Rose – it'll be hard choosing which to indulge in first.

Teenage Giveaway Galore



Promo Code
DEC324NM

6 sets of Nakamichi NEP-MV12 Dual Driver Studio Earphones (worth *$89.90*)

Immerse yourself in the crisp clarity of the Nakamichi NEP-MV12 Dual Driver Studio Earphones. Designed for secure wearing comfort with tangle-free flat wires, the NEP-MV12 cancels out all external disruptions while being sweat-proof so you can use them while you work-out.

Promo Code
DEC324VDL

15 sets of VDL Lumilayer Primer (worth *$37*)

Get radiant looking skin with the VDL Lumilayer Primer. Combining red and blue pigments, the unique Violet Lightflects technology evens out skin tone, eliminates dullness, and creates the perfect canvas for foundation to go on. Suitable for all skin types, you can even mix it with your favourite foundation for a natural subtle glow.





Promo Code
DEC324SC

15 sets of Skullcandy Uproar headphones in 3 designs: Animal, Glow in the Dark, or Stripes (worth *$69.90* each)

Introducing the new lightweight Skullcandy Uproar with TapTech mic and remote function, so listening to your jams and answering calls can be done with just a simple button. Capturing powerful bass, natural vocals and precision highs for every genre of music, the Skullcandy Uproar delivers sound quality that allows you to immerse in your choice of tunes no matter where you are.



Promo Code
DEC324LP

40 sets of PEPERO Happiness Packs. Each pack consists of 5 x Double Dip Strawberry, 5 x Double Dip Chocolate and 2 x PEPERO full range (worth a total of *$50*)

Why settle for a single chocolate layer when you can have two? With the new PEPERO Double Dip – which comes in 2 variations – Double Dip Chocolate & White and Double Dip Strawberry & White, you can expect Double Happiness during snack time!

Also in the Happiness Pack is everyone's all-time favourite PEPERO (Almond, Nude, Choco, Peanut and White Cookie)!



Teenage Giveaway Galore

20 sets of Himalaya hampers (worth *$53.80* each). Each hamper consists Acne Pimple Cream, Purifying Neem Face Wash, Purifying Neem Scrub, Purifying Neem Face Pack, Nourishing Face Moisturizing Lotion, Protein Shampoo Extra Moisturizing.

Raise your hand if you've ever dreamt of tagging your selfies with #IWokeUpLikeThis on Instagram. Get clear skin with products from Himalaya – formulated with ingredients like aloe vera, neem and turmeric, tackling stubborn pimples, removing excess oil and preventing recurrence of acne has never been easier. Then, ensure that you have perfect, manageable hair with the Himalaya Protein Shampoo Extra Moisturizing.





25 sets of *$20* Swensen's cash vouchers

Indulge in mouthwatering treats from Swensen's revamped menu. Try out the Milo Dinosaur Sundae Dirt Pot, a delectable twist on your favourite comfort drink, or the Tom Yam Popcorn Squid Salad for an East-meets-West medley of lettuce, carrots, cherry tomatoes, and squid heads topped with Thai Tom Yam dressing.

9 sets of Benefit Operation PORE-Proof kit (worth *$60* each)

Get rid of your oil-blotting paper for good with the Benefit Operation PORE-Proof kit. Minimize your pores and eliminate shine with the POREfessional Face Primer, POREfessional: Agent Zero Shine Powder, Dr. Feel Good and POREfessional: License To Bolt Oil Blotting Stick. They've even thrown in the new Shy Beam – a subtle highlighter for that natural radiance – for good measure. No need for filters to hide your flaws!





20 sets of Murad hampers (worth *$99* each). Each hamper consists T-Zone Pore Refining Serum, Murad Daily Cleansing Foam, Balancing Moisturizer & Hydro-Dynamic Ultimate Moisture For Eyes.

Look beautiful with the Murad Pore Reformer Starter Kit. Cleanse and exfoliate skin with the Murad Daily Cleansing Foam to remove impurities without drying out your skin. Then, treat it with the T-Zone Pore Refining Serum and Balancing Moisturizer to normalise your skin's sebum production, keep your pores clear, and protect your skin against UVA and UVB rays. Lastly, protect the delicate skin around your eye with the anti-aging Hydro-Dynamic Ultimate Moisture For Eyes.

Teenage Giveaway Galore



Promo Code
DEC324SF

15 sets of SKINFOOD hampers (worth *$77.70*)

Inspired by the nutritional value of food, SKINFOOD believes in harnessing its power for healthy, beautiful skin. Sourcing only the best ingredients from sustainable sources, SKINFOOD's signature products include the Black Sugar Perfect First Serum, Citron Scalp Care Conditioner and Premium Tomato Whitening Mist.



10 pairs of tickets to the Trick Eye Museum (worth *$50*)



Promo Code
DEC324TE

There's even more reason to visit the Trick Eye Museum Singapore at Resorts World Sentosa as they've included six new themed zones! Each setting is designed by Trick Eye Museum's design team from Korea and painstakingly hand-painted by experienced Korean artists. With more than half of the museum updated with new exhibits, visitors can expect a mind-boggling, interactive four-dimensional experience suitable for everyone young and old. *Trick Eye Museum is open daily from 10am to 9pm.*

7 sets of Handmade Heroes hampers (worth *$76.50*)

Handmade Heroes is a homegrown beauty brand, which features all natural, paraben-free skincare. Treat your skin with a selection of scrubs, masks and lip balms that'll have your skin feeling pampered.

Get that instant afterglow with the Beauty Warrior Hibiscus Vitamin C Boost face mask, gently exfoliate and revitalise your skin with the Super Duper Nourishing Christmas Mint Rice Scrub or put on the Coco-Friggin' Fantastic French Rose Lip Tint to dress up those kissable lips!

Promo Code
DEC324HH



Promo Code
DEC324HS

18 sets of The Hair Shop cash vouchers (worth $30) & REDKEN Frizz Dismiss Fly Away Fix (worth $32)

Treat yourself to a hair makeover with hairstylists from The Hair Shop. Located in the heart of Orchard Road, the newly renovated salon at The Paragon is led by Creative Director Gina Lau and Sam Koh and a team of dedicated hairstylists. Whether it's haircuts, colouring or haircare, The Hair Shop is there to ensure the best for your tresses.







Promo Code
DEC324M1

34 M1 Super Data Top-ups with $100 value (worth $30)

Enjoy great mobile coverage without the hassle of monthly bills with M1's prepaid cards. For just $30, the new Super Data top-up allows you to enjoy 2GB of local data and $100 worth of local calls/SMS for 30 days. There's no need to tie yourself down with mobile plans with these prepaid card offerings.



10 sets of Freshkon Hampers, consisting 2x boxes of FreshKon Alluring Eyes 1-Month (worth *$76*), FreshKon CLEAR i Multi-purpose Solution Twin Pack (worth *$15.50*) and a FreshKon Vanity Bag.

Create the illusion of mesmerising eyes with the FreshKon Alluring Eyes. Its natural and captivating palette comes in five shades – Mystical Black, Mesmeric Black, Magnetic Grey, Winsome Brown and a new shade, the Majestic Brown.

With a unique pattern that enhances the iris, these lenses make the wearer's eyes appear larger and more youthful– suitable for those who would like to accentuate their look, even if they have perfect eyesight. With 55 per cent water and a hydrophilic surface that ensures optimal oxygen flow, these lenses extremely comfortable to wear, even for long hours.

26 sets of T3 hampers (worth *$19.30* each). Each hamper consists T3 Pimple Gel Plus & T3 Acne Body Spray.

Plagued by body acne? Try the T3 Acne Body Spray. Containing anti-bacterial formula that prevents acne inflammation, the T3 Acne Body Spray gets rid of pimple-causing microbes. Its specially designed pump allows product application on hard-to-reach places for acne-free skin from top to toe. Once you're gotten rid of the pimples, use the T3 Pimple Gel Plus to remove unsightly scars and prevent future breakouts.





24 sets of BIC stationery hampers (worth *$21.40* each)

Get ready for the new school year with BIC Marking Fine Point Permanent Markers and 4C Mega Tub. With 12 bright pastel colour fine tip permanent markers, you can decorate on materials like plastic, metal, glass, cardboard, wood, photos and oily and damp surfaces with ease. The 4-Colour Grip Ball Pen and 4-Colour Fashion Ball Pen from the 4C Mega Tub allows you to mark and differentiate your notes using different coloured inks with a simple click.







Best teenage Moments







As 2015 draws to a close, we look back on the activities this year with fond memories of our time with supporters, participants and sponsors. Thank you for an awesome year, and we hope to see you soon!

Teenage CAMPUS RUN!

Teenage FAVOURITE Teacher AWARD

Teenage Gorgeous You! Social Challenge

Teenage DANCE CHALLENGE

teenage CAMPUS RUN!

JAN · 4 POLYS · 100% FUN





We started the year off with *Campus Run 2015*! Armed with exclusive goodie bags for giveaway, *Teenage* invaded Nanyang Polytechnic, Republic Polytechnic, Singapore Polytechnic and Temasek Polytechnic for three fun-filled days with our readers.

Students were treated to makeovers by ETUDE HOUSE makeup artists, and left our booths looking like princesses. Our readers walked away with products from Hoyu, b.liv, Curél, Freshkon and Nexcare to start them off the school year on a good note – let's not forget the chance to score some awesome school bags from Bratpack. There were also refreshments from Marigold and some lucky ones got to rub shoulders with the 7-Eleven mascots.

In case you missed out on the action this year, catch us at next year's *Campus Run*. Check out p. 104 for the deets.









Special thanks to:

NANYANG THE INNOVATIVE POLYTECHNIC · REPUBLIC POLYTECHNIC DISCOVER. TRANSFORM. ACHIEVE · SINGAPORE POLYTECHNIC SP · Temasek POLYTECHNIC

Organiser

teenage

Sponsors

b·līv · ETUDE HOUSE · FreshKon COLORS FUSION Cosmetic Contact Lenses · hoyu COLOR YOUR HEART

Supporting Partners

Curél · Bratpack bp · MARIGOLD For health. For life. · 3M Nexcare · BIG GULP · SLURPEE



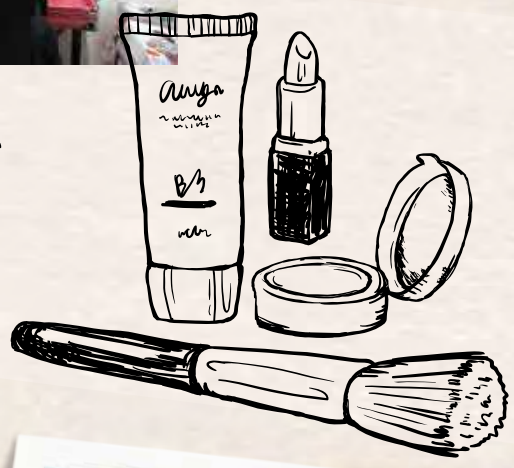






Feeling like a princess

Enjoying the freebies in our goodie bags









#WeLoveTeenage







BEST Teenage Moments



















Teenage Favourite Teacher Award

SEP | 4 SCHOOLS | 4 TEACHERS

Teachers play a very important role in educating future generations and we couldn't thank them enough for imparting their wisdom and knowledge. We paid tribute to four inspiring role models for this year's *Teenage Favourite Teacher Award* by surprising them in school. We're honoured to have presented them with the award, and goodie bags for the entire class.

Remember to nominate your teachers in next year's *Teenage Favourite Teacher Award*!

Junyuan Secondary School
- Madam Iffah

Damai Secondary School
- Ms Josephine Lim

River Valley High School
- Mr Shane Koh Han Yeow

Yuying Secondary School
- Ms Yee Sze Jia















Organiser

Teenage

Sponsor

Pastamania Casual Dining

Supporting Partners

B&O PLAY | BIC | Curél | FreshKon Colors Fusion Cosmetic Contact Lenses | Laurier | Lotte Pepero | Big Gulp | Slurpee

Teenage Gorgeous You! Social Challenge



AUG-SEP | 9 FINALISTS | 4 TASKS

Our signature event, *Teenage Gorgeous You!* underwent a facelift this year to search for the next social media star.

After rounds of grueling auditions, we narrowed down nine finalists who had to go through intensive challenges. Whether it's showing off their food photography skills at Jack's Cola Café, testing out Nexcare Acne Patches, telling everyone why they love *Teenage* magazine, or coming up with ways to spend their weekend at 313@somerset, the contestants of the *Teenage Gorgeous You! The Social Challenge* had to exercise their creativity in order to stand out from the rest.





The First Impression Challenge at Jack's Cola Café



Testing out Nexcare Acne Patches











Organiser teenage

Official Mall 313 @somerset

Sponsors Big Gulp, Slurpee, Jack's Place, LG Life's Good, 3M Nexcare

Supporting partner Laurier





Retail therapy is the best!



A shopping paradise

Our 313@somerset weekend list!





Good food at Chir Chir



Subway treats



Telling everyone why they love Teenage magazine



the best companion guide for teenagers.



How pretty is this #flatlay featuring our Sep issue?





BEST Teenage Moments

The crowning of the T*eenage Gorgeous You! The Social Challenge* winner was held at Cocoa Colony, 313@somerset where host Charles Benedict of the clicknetwork.tv series, *Wonder Boys* grilled the finalists and entertained the crowd. In the end, it was Goh Liang Yu who took home the crown, walking away with $1,500 worth of cash and prizes from our kind sponsors.





Can you spot Lee Min Ho?





Photobooth time!





Let's take a selfie!







Our host, Charles



We played some games with the contestants!





Get this right...



Playing games



The top spots for *Teenage Gorgeous Skin* goes to Regine and Gerald respectively!



First and second runner up goes to Regine and Gerald. And our winner is Liang Yu!

Congratulations to all our winners!



Our Gorgeous contestants!

Hiruscar® POST ACNE
PRESENTS

Teenage DANCE CHALLENGE

AUG–OCT

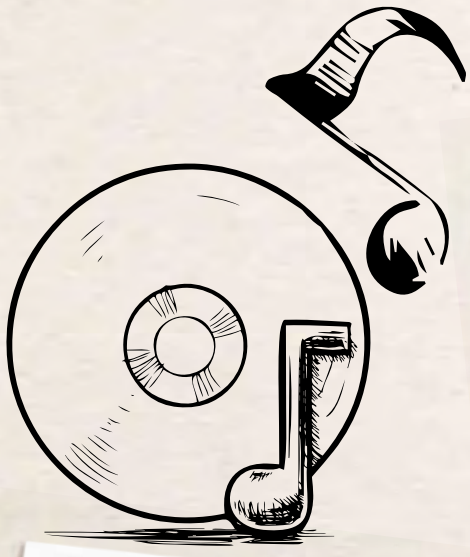
13 to 25

>40 GROUPS

We conclude 2015 with our signature dance competition – the *Teenage Dance Challenge*. With two different categories, the Rookie (13 to 16 years old) and the Open category (13 to 25 years old), teams pit themselves against each other at the auditions held at SAA Global Education located at Triple One Somerset.











Just do your best!



Peek-a-boo!





Presenter

Hiruscar® POST ACNE

Organiser

Teenage

Official Mall

JCube

Sponsors

BIG GULP SLURPEE LG Life's Good SAA GLOBAL EDUCATION

Supporting partners

B&B PLAY Curél FreshKon COLORS FUSION Cosmetic Contact Lenses Laurier LOTTE PEPERO

Everyone ready to dance it all out!



Pretty in pink!













Golden Ticket!







We got the ticket!

Hiruscar® POST ACNE
PRESENTS

teenage DANCE CHALLENGE

After a full day of auditions, 17 teams made it to the semi-finals where they worked hard to show off their moves to an enthusiastic crowd at JCube's rooftop plaza. It was a tough decision for the judges to make, but 13 teams made it through to the finals, which will be held on 15 Nov.





The enthusiastic crowd.





Trying out the LG Pocket Photo Printer!



Congratulations to all the finalists!



Battling it out.




Swag? Check!


Our lovely judges







Shaking their way to an LG Pocket Photo Printer.



Look at those smiles!



Results of the Semi-Finals

Presenting the finalists of *Teenage Dance Challenge 2015*:

ROOKIE Category		OPEN Category			
1st	Spades	1st	Maniac	6th	H:BRID
2nd	euphoriX IV	2nd	J2BIT	7th	CL1MAX
3rd	Black Illusion	3rd	ÉvoQue	8th	HTL – Hate To Love
4th	LumineuX	4th	CYPHER		
5th	Unique Elements	5th	KONQUE$T		

Groups are ranked according to the scores given during the semi-finals.



HAPPY BIRTHDAY SAGITTARIUS

(22 NOV – 21 DEC)

SAGITTARIUS
(22 NOV – 21 DEC)

This holiday season, get ready to pack your bags 'cause a family vacation or staycation is in the works. There will be plenty of opportunities for family bonding (not to mention delicious food), so take the chance to reach out to a distant cousin or even your sibling – you may be surprised to find out that you have much more in common than you think.

CAPRICORN
(22 DEC – 19 JAN)

Don't worry about what others may think of you – it's completely fine to be serious about where you're advancing in terms of education or career. Know that you are doing the right thing for yourself, and that the people who mock you would end up being envious of you in time to come. You've got this.

AQUARIUS
(20 JAN – 18 FEB)

Being the sensitive soul, your passion for humanitarian causes and helping out others makes you stand out from the rest, and a special someone has been taking notice. Don't resist if he or she makes the first move. Keep an open mind about it and you might just find love blossoming. Plus it doesn't hurt to have a friend with common interests even if things don't work out.

PISCES
(19 FEB – 20 MAR)

No one likes being caught in a sticky situation, but escaping from reality isn't really the right way to handle it either. Face your problems head on by assessing what you can, or cannot do – there are always friends and family you can count on when it comes to obstacles that you can't overcome alone.

ARIES
(21 MAR – 19 APR)

The major assignment deadlines may be over, but the real work is only beginning. Avoid being complacent and start setting the foundation for next year by planning ahead. You already know what's expected of you in 2016, so commencing on it will give you a headstart over your peers.

TAURUS
(20 APR – 20 MAY)

You may be the stubborn one in your group of friends, but it actually works in your favour this month. Your mates would applaud you for sticking to your guns, even if they don't agree with you at first. Ultimately, your pertinaciousness will show itself as the dependability and reliability that everyone counts on.

GEMINI
(21 MAY – 20 JUN)

Being quick-witted and versatile is a virtue, but that doesn't mean you can slack off on time management and actual hard work. Avoid involving yourself in too many tasks at one time. And allow yourself the time to concentrate on one, working to the best of your ability. Sometimes, quality matters more than quantity.

CANCER
(21 JUN – 22 JUL)

Something's been weighing on your mind for a few weeks now and you're eager to take the load off your shoulders. Speak to someone close for some advice and words of wisdom. Sometimes, all you need is a different perspective on the problem, and you will soon find that the solution has been in front of you all along.



LEO
(23 JUL – 22 AUG)

With your natural charm, it's no wonder you're always the centre of attention – but beware of the trouble that comes with being an easy target, especially in the weeks to come. Keep a low profile if you can, but count on trustworthy friends to watch your back and you will be alright.

VIRGO
(23 AUG – 22 SEP)

Due to your gentle personality, you allow the problems of others to get to you too easily. Steer clear of toxic people and surround yourself with positivity in order to make sound decisions this month. Sometimes, you need to take a step back and observe if others are influencing your choices with your well-being in mind, or for their own selfish reasons.



LIBRA
(23 SEP – 22 OCT)

2015 hasn't exactly been smooth-sailing for you, but as the end of the year approaches, you'd be happy to know that your woes will soon come to an end. An important change will be happening in your life, and even though it will be challenging at times, it's well worth the effort that you put in. Hang in there!

SCORPIO
(23 OCT – 21 NOV)

Never mind if you haven't completed anything on your 2015 New Year resolutions, the important thing is to take the first step. Round up your year with plans to make 2016 the best one yet, and work on finding your passion and true calling in life. Success will come to you if you work hard for it.

PICTURE PERFECT MEMORIES

Our 2015 was full of fun memories (plus hard work) – check out our best moments!



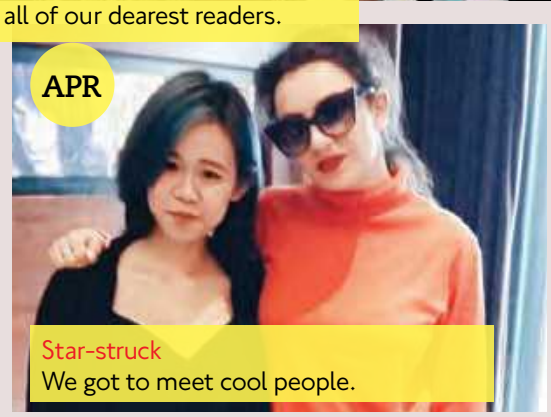
Teenage Campus Run 2015
We ran around polytechnics trying to meet all of our dearest readers.



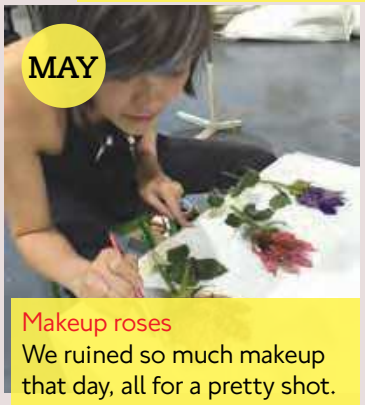
Juice cleanse
Proof of how we try stuff out so that you guys don't have to.



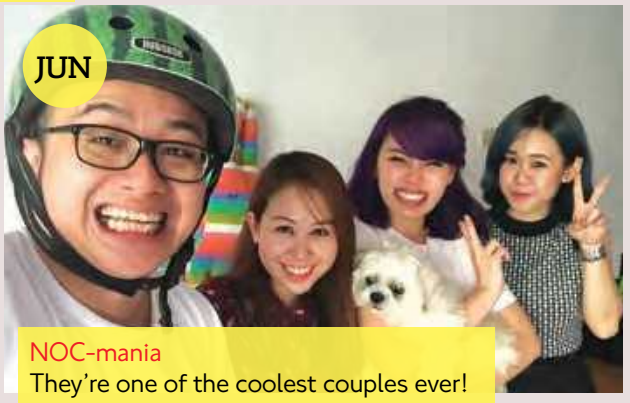
Our new revamp issue!
You don't know it, but we worked our asses off to bring you our current look. #ItsWorthIt



Star-struck
We got to meet cool people.



Makeup roses
We ruined so much makeup that day, all for a pretty shot.



NOC-mania
They're one of the coolest couples ever!



We are VIPs!
If you didn't already know, we're huge BIGBANG fans...



Shooting Sonia Chew
Our August issue was made more memorable 'cause of this babe!



Teenage Gorgeous You! The Social Challenge
Mandatory after-event shot.



Haze-go-away
This was not the mask party we intended for...



Put your best pose forward
It's always fun with the *Teenage* crew!

Stockist

• ***adidas Originals***, 313@somerset, #B1-33/34 • ***Charles & Keith***, 313@somerset, #02-46/47/48/49 • ***colette by colette hayman***, 313@somerset, #B1-23 • ***Cotton On***, 313@somerset, #01-06/07, #B1-06/11 • ***Forever 21***, 313@somerset, #01-10/11/12/13, #02-16/17/18/19/20/21, #03-16/17/18/19/20/21 • ***GG<5***, 313@somerset, #B2-12/13 • ***Limited Edt Vault***, 313@somerset, #04-13/14 • ***Mango***, 313@somerset, #02-23/24 • ***Manhattan Portage***, 313@somerset, #04-12 • ***Mitju***, 313@somerset, #03-11/12/13 • ***Muji***, 313@somerset, #B2-38 • ***New Era***, 313@somerset, #04-07/08 • ***Promod***, 313@somerset, #B1-20/21/22 • ***Pull & Bear***, ION Orchard, #B2-08 • ***Royal Sporting House***, 313@somerset, #05-05 • ***Rip Curl***, 313@somerset, #04-18 • ***Spectacle Hut***, 313@somerset, #B1-17/18 • ***Sunglass hut***, 313@somerset, #02-50 • ***Typo***, 313@somerset, #01-18 • ***Topman***, ION Orchard, #B3-02 • ***TEMT***, 313@somerset, #B1-24/29 • ***Timberland***, 313@somerset, #02-10 • ***The Editor's Market***, 313@somerset, #03-01/06 • ***UNIQLO***, 313@somerset, #03-27 • ***Vintage: FB***, 313@somerset, #03-37/38 • ***W.E. Workshop Element***, 313@somerset, #02-27 • ***Wooden Boards***, 313@somerset, #04-11 • ***WSI***, 313@somerset, #02-22 • ***Zara***, ION Orchard, #B3-05

Mega-metre

Top up **50c**

$1.60 **Large** 16oz

$2 **Giant** 22oz

#MegasaurusX

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Megasaurus X is not for sale as a standalone item. Limited to one unit per Large or Giant Slurpee purchased. Only valid for use on the day of purchase. While stocks last.

Promotion is valid till 26 January 2016. Availability of products may vary from store to store. Check in-store for more details.

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- Smart Editing & Sharing
- Inkless Printing for Cartridge-free Prints at Great Value

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